

NW8 Adult Mental Health Initiative Board Meeting
MINUTES
9:00 am – 12:00 pm * August 12th 2020
Sanford BH Center 1st Floor- Education Room & Skype

Attendees: Karla Langaas, Kathy Johnson, Chris Kujava, Jan Carr, Shauna Reitmeier (9:00-11:00) Miranda Solem, Ashley Warling-Spiegel, Shannon Rud, Leon Flack, Molly Paulsrud, Beth Nelson, Karen Warmack, Heather Bregier & Denise Gudvangen (10:45-11:00)

Absent: Julie Hanson, Gary Sprynczynatyk, Julie Sjostrand, Carrie Serna, Larry Laudon, Dawn Baumgartner & Kristi Nelson

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:05	<ul style="list-style-type: none"> Introductions 		Chris K.
Agenda	9:05-9:10	<ul style="list-style-type: none"> Review Agenda for Additions or Changes 	Kathy made motion to approve, Karen second, all aye- motion carries	Chris K.
Minutes	9:10-9:20	<ul style="list-style-type: none"> Review and Approve 7.8.2020 minutes 	Change Crohns to Chronic in the minutes under Ucare update- Kathy made motion to approve minutes with updates, Karen second, all aye- motion carries	Chris K.
Open Forum	9:20-9:30	<ul style="list-style-type: none"> Open Forum for Public 	No one from the Public present at today's board meeting	
BH Training	9:30-10:00	<ul style="list-style-type: none"> Review BH Training Proposal & options <ul style="list-style-type: none"> Contract w/Solutions Proposal to State for Carry over not Contract 	Ashley does not think there is an option to carry over any funds, but thinks there is a possibility to Contract with Solutions and pay them in advance for services for the following year. Ashley will follow up with her group and report back to the group with the State's decision. Shannon will look at more trainings in smaller capacity and discuss options with Steve. Add One or two more spaces and cut classroom capacity in half. The group will reach out to their corporate providers to assist Shannon in getting this completed. Motion to allow Shannon to move forward with booking spaces & communicate plan with Steve. Karen made a motion, Karla second, all aye- motion carries.	All
Statewide Meeting	10:00-10:30	<ul style="list-style-type: none"> Reform <ul style="list-style-type: none"> Meetings posted to Website Post Minutes Invite LAC Review Bylaws for updates Budget Modifications (new form) Grant Monitoring (Implement Plan Jan 1,2021) <ul style="list-style-type: none"> Grants \$250,000+ (annual visit) Financial reconciliation (once per grant cycle) 	One monitoring visit for any grants over \$50,000 & financial reconciliation for grants over \$250,000- must look at all subcontracts and create a process for grant monitoring. This also includes CSP. The State is planning on implementing Grant monitoring in Jan 2021. Guidance on guidelines should come MN Dept of Administration Policy on Grant Monitoring 08-10. Pick a time period of payments and reconcile the financials. Use your contracts as a guide when conducting a site	All

		<ul style="list-style-type: none"> ○ Create Standardized form & Procedures for monitoring 	<p>visit. Subcommittee will work on Grant monitoring process and procedures.</p> <p>Shannon will edit Bylaws to meet the new reform requirements and present the edits at the next board meeting for a vote.</p>	
Budget	10:30-10:45	<ul style="list-style-type: none"> • Review 2020 YTD Budgets • Review 2021-2022 Budget 		Chris K.
AMHI Bridges	10:45-11:00	<ul style="list-style-type: none"> • Bridges Update 	<p>Denise- 2019 Bridges report is included in the meeting, but she would like to focus on how to move forward with the 2020 budget. They served 6 of the 8 counties in 2019. Since the funding was moving so quickly they moved to \$500 cap on individual or couple and \$800/family. Previously the cap was a straight \$800/incident. They are not spending as much funding as they have in the past due to the pandemic and the eviction statute in place. There is concerns once the moratorium lifts there will be a lot of clients in an eviction situation. She suggests increasing the cap, but is looking to the board for suggestions. Kathy made a motion to give Denise authority to use her discretion and best judgment during these uncertain times on how much funding will be used for each case. Any decisions of changes Denise makes, she will report back to the board. Karen second, all aye- motion carries.</p>	Denise G.
Billboards	11:00-11:25	<ul style="list-style-type: none"> • Billboard Decision- Vote <ul style="list-style-type: none"> ○ Hallock \$6600- Premier (expires 9.12.2020) ○ Winger \$5100- Premier (expires 9.12.2020) ○ Roseau \$1500- Kofstad (expires 9.30.2020) ○ TRF \$2400- Midwest (expires 10.4.2020) • Open Billboards <ul style="list-style-type: none"> ○ US 2, 5 miles east of Fosston 10'x24' east facing sign that is a left-hand read to westbound traffic heading from Bemidji to Fosston: \$5100 ○ US 2 on the west edge of Fosston city limits, east facing, lighted 12'x24' billboard that is a left-hand read to westbound traffic in a 30 mph speed zone: \$6900 ○ South of Karlstad available for \$1500 ○ Hwy 11 readable driving east towards Roseau at Badger, 10x20 board & would run \$1800 • Bus Wraps 	<p>Additional \$2100 will come from the Outreach line item allocated to Shannon's outreach projects.</p> <p>Remove: (\$11,700)</p> <ul style="list-style-type: none"> • Hallock \$6600- Premier (expires 9.12.2020) • Winger \$5100- Premier (expires 9.12.2020) <p>Add: (\$13,800)</p> <ul style="list-style-type: none"> • US 2 on the west edge of Fosston city limits, east facing, lighted 12'x24' billboard that is a left-hand read to westbound traffic in a 30 mph speed zone: \$6900 • US 59 in Mahnomen MN, 12'x24' lighted billboard, north facing and a left-hand read to southbound traffic in a 45 mph speed zone: \$6900 	All

			<p>Shannon will look at changing the design for Roseau and check on the cost difference. If cost is too high we will look at a new design next year. Karla made a motion, Kathy second, all aye- motion carries.</p> <p>We will table the bus wraps until September meeting & will look at the budget to see if we can add a couple of bus wraps this grant cycle.</p>	
Updates	11:25-11:55	<ul style="list-style-type: none"> • Round Robin Update from Attending Agencies <ul style="list-style-type: none"> ○ CBHH ○ Sanford ○ NWMHC ○ Life Care ○ MCO-Ucare ○ MCO-BCBS ○ DHS ○ LAC ○ County Social Services 	<p>Chris will reach out to Larry for an email update.</p> <p>NWMHC- NWMHC Board of Directors after reviewing projections and the impact of COVID. NWMHC has seen a 12% reduction in services since COVID. After reviewing overall financial health- the board decided to move forward with a reduction in staff. 17% reduction in clinical staff & 13% reduction in Administration staff. A total of 15 FTE's were impacted, 11 retired or resigned within the 15 FTE reduction. Total of 4 employees had to be let go. Their last day will be the 22nd of August. The board also authorized the elimination of neuropsychology program immediately. In addition to that they are moving a lot of admin and finance staff home and have eliminated Bremer office & Novel Cup spaces. They are moving back to seeing more clients in the community. All services will still be available, just will be provided by another provider within the organization. Second phase will be looking at organization restructuring. Janet Denison has also decided to step down from CCO.</p> <p>Sanford- ARHMS and Crisis Site Visit recertification process both went very well. Very minimal feedback or suggestion. They are very pleased on how the programs are going. Their expectation has always been to provide face to face as they are able to. Imad is willing to help Sanford and NWMHC collaborate to figure out a process. IP- They are down two beds, max 14 beds. They are still recruiting outpatient therapists. 3 ½ additional therapist in the near future. Residential Substance use application has been submitted. NL- they have seen an increase in Crisis beds in the last 4 weeks. They are close to full at NL due to this increase.</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Gary S. Ashley S Dawn B County Directors</p>

			<p>They can have up to 6 Crisis beds, but have 2 allotted for Crisis at all times.</p> <p>Ucare- Continue to support telehealth and telephonic services. Effective August 1st- requiring notification within 24 hours for Armhs services. Authorization process for substance use- up to 3 months at a time. With their expanded Care management staff to help support services. Why are rates going up if they are seeing less hospital visits? Leon has not heard anything to that. Beth- on the Commercial side- drugs are increasing, so they are having to offset the costs. Beth has not heard 40% increase, but will look into and get back to the group.</p> <p>BCBS- If you are still experiencing claims payment issues, please reach out to them so they can get it corrected. (Shannon will email Shauna.)</p> <p>Beth receives a COVID report daily for Blue Plus members. They currently have 2600 out of 333,000 members that have tested positive. Relatively low numbers. If she sees a spike in a county or region she will reach out to the county director. BCBS launched a new program- "Learn to Live" Virtual support program- mild to moderate mental health issues 13-64 Pmap or MN care can access the program. County staff if you have Case Managers they can set up a test site. Providers could also have a test site set up. This is available for any type of device- mobile or computer. Send Beth name and email address and she will get a test site set up for you.</p> <p>Lifecare- Their numbers have really taken a nose dive, little bit of an uptick in July so anticipating more normal numbers in August. It is very interesting to see during the biggest crisis in the world to see that MH services are decreasing.</p> <p>DHS-Sent an email with some general updates last week. Commissioner stated they will be teleworking through December.</p>	
Adjourn	11:55-12:00	<ul style="list-style-type: none"> • 2020 Meeting Dates <ul style="list-style-type: none"> ○ Subcommittee Meeting October 14th 2020 1:30-3:30 Sanford/Zoom ○ AMHI Board Meeting September 9th 2020 9:00-12:00 Sanford & Skype 	Next on the agenda for Subcommittee- Grant Monitoring Process.	

