

# NW8 Adult Mental Health Initiative Board Meeting

## Minutes

9:00 am – 12 pm \* January 8th, 2020

1<sup>st</sup> Floor Education Room-Behavioral Health, Sanford – TRF

**Attendees:** Karla Langaas, Kathy Johnson, Chris Kujava, Jan Carr, Miranda Solem, Ashley Warling-Spiegel, Shannon Rud, Larry Laudon, Leon Flack, Gary Sprynczynatyk & Shauna Reitmeier called in for Subcommittee updates, Budget, HOPE coalition

**Absent:** Julie Sjostrand, Kristi Nelson, Julie Hanson, Carrie Serna & Dawn Baumgartner

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:10	<ul style="list-style-type: none"> <li>Round Table Introductions</li> </ul>		Chris K.
Agenda	9:10-9:20	<ul style="list-style-type: none"> <li>Review Agenda for Additions or Changes</li> </ul>	Kathy made motion, Karla seconded, all aye- motion carried	Chris K.
Minutes	9:20-9:30	<ul style="list-style-type: none"> <li>Review and Approve attached minutes from 11.13.2019 meeting</li> </ul>	Karen made motion, Karla seconded, all aye- motion carried	Chris K.
Updates	9:30-9:45	<ul style="list-style-type: none"> <li>Update from Larry- CBHH</li> </ul>	Fully staffed and carrying census- YTD 15.2/day. All 6 CBHH's have had some turn over and not running at full capacity- running around 12-14/day. Hoping to increase capacity by mid-January throughout all 6 CBHH's. He sees a need is the Crisis level or 72 our holds for stays.	Larry L
Subcommittee Updates	9:45-10:15	<ul style="list-style-type: none"> <li>Discuss replacement for Kristi Behavioral Training:</li> <li>Hire BCBA (Board Certified Behavior Analyst) or utilize DHS to develop trainings <ul style="list-style-type: none"> <li>Verify credentials and expertise (references, education etc...)</li> <li>Expert to Train Staff for the Region</li> <li>Develop Curriculum <ul style="list-style-type: none"> <li>Across lifespan preferable</li> </ul> </li> </ul> </li> <li>Provide ongoing Consultation (Case by Case)</li> <li>BCBA will train staff in the Region <ul style="list-style-type: none"> <li>Develop training schedule, location, logistics etc...</li> <li>Residential Providers</li> <li>MH practitioners/rehab workers</li> <li>Nursing homes (LPN/RN/CNA)</li> </ul> </li> <li>Identify how many dollars available from AMHI</li> <li>Sole Source: Procurement (due to difficulty finding content experts)</li> <li>Establish model contract (Polk county) <ul style="list-style-type: none"> <li>Scope of service</li> <li>Rate</li> <li>Not to exceed amount</li> </ul> </li> <li>Identify Current Staff within the Region that would be interested in becoming a BCBA for the Region</li> <li>Existing Residential Provider Core Competencies: <ul style="list-style-type: none"> <li>Establish a core set of criteria/standards to be used across all Counties</li> <li>Embedded in any county contract, outlines expectations <ul style="list-style-type: none"> <li>Person centered</li> <li>Recovery focused</li> <li>Specialized behavior training (offered by AMHI through above training)</li> <li>Coordinated care with all other providers/services</li> </ul> </li> </ul> </li> </ul>	<p>Kathy agreed to take Kristi's place on the subcommittee. Shannon will add her to the group and meetings.</p> <p>Ashley said Disability group is very interested in assisting us with this training. There are currently 250 BCBA's in the State. They go through the waiver program. The majority you see work with Children &amp; Adults with Disabilities.</p> <p>Jan explained that we are over utilizing the ED, IP, Crisis Services, etc. as a lot of these cases are truly Behavioral and not Mental Health.</p> <p>DHS will assist in the training free of charge and would like to Pilot this project with the NW8. We will start with training crisis &amp; residential staff, nursing homes &amp; schools. Ashley will send Shannon a list of resources to assist with project. Subcommittee will partner with DHS to create a training program for positive behavior support strategies. As we move forward with project we can tap into Dept. of Education as they have BCBA's to assist with schools.</p> <p>If the setting is 245D then they can provide consultation. This could be possibly happening?</p> <p>Larry offered to have staff come to the CBHH and spend a day and work with their staff. They implement a lot of this on a daily basis- they may not have BCBA'S or BA's, but daily experience might be helpful?!</p>	Subcommittee Ashley S.

		Future: Determine Housing Needs		
Budget	10:15-10:45	<ul style="list-style-type: none"> <li>Review Q4 Budget Modifications &amp; Vote to Submit updated application to State</li> <li>Review Final Budget from Randy with Carryover amounts to 2020</li> </ul>	<p>2019 AMHI Budget Carry over amounts:</p> <p><b>Polk County</b></p> <p>418x- Flex Funds \$5914</p> <p>443x- Flex Funds Housing \$3847</p> <p>403x- Website, LAC, etc \$2960</p> <p>403x- BH Training support project \$52339</p> <p><b>Sanford</b></p> <p>474x IRTS- \$1319</p> <ul style="list-style-type: none"> <li>Shannon will move the 443x Housing project to 403x Outreach- BH training support project before submitting modifications to the State.</li> <li>Crisis Contract- NWMHC will carry over \$6752 and County Transportation has \$16135.64 to carry over.</li> <li>Shannon will send out an email vote to have Randy move \$8000 to Sanford line item 27 and \$8000 to NWMHC line from the Transportation line item 12 to increase Crisis Services for each provider in 2020.</li> <li>Randy will start showing total dollars billed in Crisis and AMHI budgets even when money runs out to reflect actual services being provided in our region.</li> <li>CSP NWMHC is billing Polk County directly. Randy is suggesting that NWMHC go back to billing each county directly. Shauna is adding this to the NW6 agenda on the 28<sup>th</sup> to discuss this further and will get back to Randy.</li> <li>Shannon will send out the Budget modification for Q4 to the Directors and request an email vote to submit to the State.</li> <li>Shannon will update 2020 AMHI budget with Carryover amounts from 2019 to reflect new 2020 dollars.</li> <li>Shannon will need to reflect the \$22727 in training dollars and will forward the email from Imad to the Directors.</li> <li>Shauna is doing more training with their Crisis team as far as Safe, Calm and Assist with their staff from these additional funds being received.</li> </ul>	Chris K.
HOPE Coalition	10:45-11:00	<ul style="list-style-type: none"> <li>Discuss adding HOPE Logo to Crisis Outreach Material</li> <li>Shannon's involvement in Forums?</li> </ul>	Coffee Chats went well- HOPE Coalition and NWMHC partnered to put on and connect with the farmers after the Ag Crisis this year. They had about 20 people that showed up in Crookston and 15 people showed up in EGF. No formal presentation. Had resources available- how to access services, magnets, etc.	Shauna R.

			<p>Shauna is not sold on the coffee chat idea- Are there existing meetings where farmers are getting together and get on the agenda instead since there are more people at those events? Shauna is willing to utilize Michelle to help market these chats for Sanford.</p> <p>The group filled Garry in on the high suicide rates we have in our region and a little background about the HOPE coalition.</p>	
Updates	11:00-11:30	<ul style="list-style-type: none"> <li>Round Robin Update from Attending Agencies               <ul style="list-style-type: none"> <li>Sanford</li> <li>NWMHC</li> <li>Life Care</li> <li>MCO-Ucare</li> <li>MCO-BCBS</li> <li>DHS</li> <li>LAC</li> <li>County Social Services</li> </ul> </li> </ul>	<p>Sanford is not making any changes to contracts this year and will have them all out before next month's meeting. The new IRTS facility is up and running, everything has been going well, but not able to bill yet as they are waiting on Provider enrollment. NL went nonsmoking which only clients that have free time to smoke off premises. If clients do not have free time they do not have the ability to smoke. Sarah asked if the Crisis emails are helpful- group said yes, continue sending.</p> <p>Life Care- Jan is really happy to be replacing a therapist and is super excited as she has her LADC. Jan is keeping an open mind as far as possibly utilizing her to assist the suboxone clinic that was opened up in Warroad.</p> <p>Ucare- Triage line is open up to all of their product lines now and things seem to be going well. Providers, counties &amp; members are all able to utilize the line for assistance.</p> <p>BCBS- They are in the process as hiring new County Liaison's. Garry is the new Beth Nelson- . He is learning and acclimating. They are rolling out a voucher system that is available to members- if members follow up with their primary care provider after a MH inpatient stay they will receive a \$25 voucher. He is hopeful this will give members incentive to follow up with their primary care provider. Learn to Live- mobile application- people can call into a virtual clinic and talk to a therapist until they are able to get into their regular therapist.</p> <p>DHS- Ashley brought LAC guidebooks for the group. There is currently one open position in the AMHI liaison- Ashley is still covering the north half of the State. Pushing their supervisor to fill as quickly as possible to help cover the southern State. They are working on building an entire new platform for all their technology within DHS. They are behind the times.</p> <p>Chris- GSSC is going to transport medically stable folks to Prairie, Fargo Sanford, etc... Piloting in Marshall.</p> <p>Kathy voiced she is willing to have Sanford call GSSC for Kittson County patients as well as she also holds a contract with them.</p>	<p>Miranda S Shauna R Jan C Leon F Gary S. Ashley S Dawn B County Directors</p>

Q3 Outcome Reporting	11:30-11:50	<ul style="list-style-type: none"> <li>Review Q3 Outcome Reporting</li> </ul>	Chris provided a high level overview of the Outcome reports.	Shannon R
Adjourn	11:50-12:00	<ul style="list-style-type: none"> <li>2020 Meeting Dates <ul style="list-style-type: none"> <li>Subcommittee Meeting February 12<sup>th</sup> 2020 1:30-3:30</li> <li>AMHI Board Meeting March 11<sup>th</sup> 2020 9:00-12:00</li> </ul> </li> </ul>	<p>Gary would like to be a regular attendee moving forward.</p> <p>Shannon will attempt to schedule a subcommittee call before the next meeting in February</p>	Chris K.