

NW8 Adult Mental Health Initiative Board Meeting
MINUTES
9:00 am – 12:00 pm * January 13th, 2021
Zoom

Attended: Karla Langaas, Kathy Johnson, Chris Kujava, Kristi Nelson, Shauna Reitmeier, Miranda Solem, Shannon Abrahamson, Leon Flack, Tracy Carlton (LAC), Foua-Choua Khang (BCBS), Heather Bregier, Molly Paulsrud, Jan Carr & Denise Gudvangen

Absent: Julie Sjostrand, Julie Hanson, Karen Warmack, Carrie Serna, Larry Laudon, Beth Nelson, & Gary Sprynczynatyk & Dawn Baumgartner

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Agenda	9:00-9:05	<ul style="list-style-type: none"> Review and Approve 1.13.2021 Agenda 	If time allows review Crisis stats and final 2020 budgets. Kathy made motion, Kristi seconded, all aye- motion carries	Chris K.
Minutes	9:05-9:10	<ul style="list-style-type: none"> Review and Approve 12.9.2020 Minutes 	Karla made motion, Kathy seconded, all aye- motion carries	Chris K.
Reform	9:10-9:40	<ul style="list-style-type: none"> Open discussion on 12.9.2020 Statewide meeting & Reform <ul style="list-style-type: none"> 2005 NW8 & DHS Community Services Network Agreement Letter of Understanding 	<p>Kathy had her county attorney review the compact agreement and since the contract states that either party can end agreement at any time with a 3 month notice, there is no breach of contract if DHS reduces our funding. Shauna- If we can emphasize how ill our patients are, that could help us. We need to focus on data and look at the area. Shannon will reach out to Ashley to see if DHS plans on reaching out to us for additional data to assist in the reform before we start gathering data. Travel- how do we capture dollars on travel. Travel is captured in the rate. Leon will go back to his group to see if they can pull some data to help support us.</p> <p>Chris will reach out to Paul F. at DHS to see why they are not asking for more funding from legislators rather than dismantling the current funding AMHI's receive. We need to look at Health disparity... Social connection is a big focus right now. Public Health will have data in their Community needs assessments that we can pull. Shannon and Chris will meet to start looking at where we need to go to gather data. Shauna will help with the outline. Chris- Do we need to start inviting Public Health to our meetings? Kathy would love to get the Director of Quinn County at the table.</p>	All
Testimonial	9:40-10:00	<ul style="list-style-type: none"> Letter of Support for Health plans- Review & Vote 	Leon appreciates the letter. Kathy wants to make some tweaks before sending out. Kristi made motion to approve with updates, Karla seconded- all aye motion carries. FC will let Beth know about the letter.	Chris K.

Open Forum	10:00-10:15	<ul style="list-style-type: none"> Public Open Forum 	Tracy C from the LAC shared her Testimony with the group and touched on barriers in transportation and distance in our region. She also gave permission to share her testimony with whoever we feel is appropriate.	All
Budget	10:15-10:30	<ul style="list-style-type: none"> Review 2021-2022 Budget 	Shannon to send out Evaluation from the trainings to the group. Set up Subcommittee to start talking about where we want to put the additional dollars in the 2021-2022 grant for projects.	Shannon
Updates	10:30-11:00	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford NWMHC Life Care MCO-Ucare MCO-BCBS LAC- Social Services 	<p>Sanford- Very little has changed. NL had a COVID outbreak on New Year's Eve. Hold on admissions. They are waiting on their second round of negative test results to come back and if all is good they should be able to start accepting patients on Monday. Vaccinating Staff- over half in Miranda's dept chose to get vaccinated- very little side effects have been reported. Crisis team is going back into the communities.</p> <p>NWMHC- Crisis unit is open again as of this week. They have let community partners know. Employees are just starting to get vaccinated. They still have openings at NW Apartments. Continuing to operate and evaluate what the ongoing telemed approach is going to be. They are close to hiring a CCTO. (Chief Clinical Transformation Officer)</p> <p>LifeCare- went through a huge COVID surge- pretty scary for everyone. BH Dept- telehealth has been interesting and Jan does not see it going away. They lost another therapist so they have been trying to pull in other therapists to assist through telehealth. Jan's entire department has been vaccinated. Side effects- mainly sore arm, but some have had body aches & rashes.</p> <p>Ucare- They continue to support telehealth. Calls are increasing on their community support line they created a few months back. Case management & Utilization review teams have been very busy. Hopefully will be implementing a line that specializes in COVID questions/concerns for members soon.</p> <p>BCBS- Beth's team has grown to 7 people.</p> <p>Chris- he has been working on pushing out education to staff about the vaccination as he a lot of reluctant staff about getting vaccinated. He has had 8 staff with COVID.</p> <p>Kittson staff is all back in the office. Only 30% were initially signed up to get vaccinated and that continues to increase as education is pushed out.</p>	<p>Larry L</p> <p>Miranda S</p> <p>Shauna R</p> <p>Jan C</p> <p>Leon F</p> <p>Beth N.</p> <p>Dawn B</p> <p>County Directors</p>

Bridges	11:00-11:30	<ul style="list-style-type: none"> Discuss Bridges Cap for 2021-2022 grant Cycle 	There is a huge housing crisis. Group agreed to have Denise use her best judgement and flexibility when deciding if she needs to increase the cap to \$1000. Group asked her to tap into case managers as needed. Kathy made motion to approve, Kristi seconded. All aye- motion carries.	Denise G
AMHI History	11:30-11:55	<ul style="list-style-type: none"> Review & Update History Document 	Set up subcommittee to update history document	All
Adjourn	11:55-12:00	<ul style="list-style-type: none"> 2021 Meeting Dates <ul style="list-style-type: none"> AMHI Board Meeting- March 10th 2021 via Zoom/Sanford BH AMHI Subcommittee- TBD (Grant monitoring process & History Document & Special Project \$\$) 	Kathy is gone on February 10 th . Shauna can possibly move things around on the 17 th . Shannon will send out an email to the Subcommittee to set up a date and time to meet.	All