

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * January 11th, 2023
Sanford BH Education Room & Zoom

Attendees: Kathy Johnson, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Nancy Rhen, Beth Nelson, Jane Wilka-Pauly, Randy Beggs, Karla Langaas, Dawn Baumgartner, Julie Sjostrand, Karen Warmack, Julie Hanson, , Lynell Popowski, Brenda Dale & Elizabeth Brainerd
Absent: Shauna Reitmeier, Jason Russell, Victor Danielle, Jode Freyholtz-London, Molly Paulsrud, Renee Sandvick, Larry Laudon, Heather Bregier, Chris Kujava, Steffane Prestidge & Gary Sprynczynatyk

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Welcome	<ul style="list-style-type: none"> Review and Approve 11.9.2022 minutes & 1.11.2023 agenda Welcome Brenda 		All
Budget	<ul style="list-style-type: none"> Final 2021/2022 budget <ul style="list-style-type: none"> AMHI \$158,000 left on the table <ul style="list-style-type: none"> \$36,000 Flex \$39,000 Housing \$82,000 Alluma Crisis \$45,852 left on the table <ul style="list-style-type: none"> Transportation \$16,000 Alluma \$29,000 Review comparison budget & discuss moving \$\$ in 2023/2024 budget <ul style="list-style-type: none"> Set up budget meeting in June Q4 Budget modification submitted to State <ul style="list-style-type: none"> Increase 446x \$30,000 Sanford Comp re-entry program project Increase 434x \$11,915.51 Polk Admin Fee Contract updates (See attached letter) <ul style="list-style-type: none"> Crisis State Contracts January 30, 2023 Crisis FMAP SFY23 Funding contracts February 28, 2023 Crisis FMAP SFY 22 & 24 HCBS/FMAP contract amendment March 31, 2023 AMHI FMAP Contract- February 2023 AMHI/CSP contracts- Signature in process 	<p>The SAMSHA grant covered uninsured and underinsured which affected the AMHI funding. Open position they have not been able to fill and then also looking ahead to the reform. Red Lake County was able to move about \$7700 for flex funding- which reduced that category down to \$29,000. The group agreed that we need to start having conversations earlier in the year.</p> <p>Look at reducing \$15,000 in Crisis Transportation and move to infrastructure?! Directors will look further into and bring back to the group.</p> <p>Do we need to take a better look at our Housing funding and see if there is something we need to be doing to spend the funding? Should we include intercounty on these meetings to see if they can utilize some of these funds? Look at inviting intercounty nursing to board meetings- Kathy- contact? Kristi will extend an invite to intercounty. Karla Langaas will extend invite to NW Community action.</p> <p>State AMHI Contract is signed- Alluma and Sanford AMHI contracts have been approved.</p>	
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one from the public has attended.	Public
Crisis	<ul style="list-style-type: none"> Monthly Crisis data Leadership updates Crisis Survey- Provider meetings Star Tribune Interview 	<p>Monthly Crisis data- Alluma has added additional questions to survey.</p> <p>Trending- Calls and activations per county-</p>	.

		Cheri and Brenda visited with the 988 First link call center which has opened up more conversations about Alluma's call center. Sanford is fully staffed.	
Coordinator Updates	<ul style="list-style-type: none"> • Digi key partnership • Statewide meeting <ul style="list-style-type: none"> ○ MHIS & SSIS numbers are low- big piece in the contract- need to make sure numbers being submitted are accurate ○ DHS will start performing site visits in the near future-more to come on expectations, checklist & financial reconciliation 	Community Strong is taking over BE THE VOICE event in TRF. The State will be releasing more information about site visits	Shannon
LAC	<ul style="list-style-type: none"> • Review and vote on Flipbook • Review and vote on 2023 LAC workplan • Holiday/winter outreach project • Updates on Children's LAC contact? 	Kathy entertained a motion to Accept the flipbook- Julie S moved, Kristi seconded, all aye- motion carries Kathy entertained a motion to accept the 2023 LAC workplan, Karla, moved, Julie seconded, all aye- motion carries. Nancy Ramone used to lead the children's LAC but has since passed. Karen is going to reach out to Tri Valley to see if there is an established LAC. Brittany Bimler oversees children's services and also does their children collaborative.	Dawn
Updates	<ul style="list-style-type: none"> • Round Robin Update from Attending Agencies <ul style="list-style-type: none"> ○ CBHH ○ Sanford ○ Alluma ○ Life Care ○ Ucare ○ BCBS ○ LAC ○ NWRTPCC ○ WITW ○ Medica BH ○ Social Services 	<p>LAC- Commissioners report was submitted to the State and presented it to the Norman County board.</p> <p>Sanford- Spending a lot of time on outreach and community stuff. Sarah L is chairing at this time. They are having a Mental Health awareness basketball event. They got shirts for the players and will have a resource table event prior to the game. Goodridge school had 20 people attend safe TALK training. TRF school also had a safe talk training and then has also held several trainings in Roseau County. They are looking at piloting an ongoing training or support for the trainees moving forward. New providers coming on board at Sanford.</p> <p>Alluma- SAMSHA grant will be done October 1st. They are having biweekly meetings-</p> <p>They have hired a care coordinator at corrections- Crisis screenings in the jails.</p> <p>Med management program is strong. They continue to have their community response meetings with Polk County and Norman County is next on their list to start the conversations.</p> <p>LifeCare- no one present</p> <p>Ucare- They have hired a significant number of care coordinators in the last year- they want to make sure their</p>	All

		<p>clients are getting the care they need. Are they getting the services they need in the right place at the right time. Working not only internally, but with external teams as well.</p> <p>BCBS- Beth will be bringing electronic pets next time she attends in person. Available to MSHO to reduce socialization. They have a dog, bird and cat.</p> <p>NWTRCC- Emphasize the need for transportation dollars in our region.</p> <p>WITW- They have a virtual WRAP class coming up in January. Dawn sent Shannon the flyer to send out to the group. They opened up to other regions. This class is open to all ages up to 15 people per class. WITW offers a warmline from 5pm-9am.</p> <p>Medica- With their expansions this year- they will be expanding their community-based program and will have a list of the providers they will be working with in our area when she comes in March. This is a 6-month program. Case managers can meet with your patients weekly, biweekly, etc. Whatever is needed. This is meant to be help support, not duplicate.</p> <p>Social Services:</p> <p>Norman County Law enforcement may need some extra support if Alluma or Sanford could reach out to help support them during this time- as they just lost their sheriff. Just had a disability worker retire and are working on filling that position. They have an adult Social work position posted- lack of CCBHC beds available has been a struggle.</p> <p>Red Lake County- They are struggling getting their clients Mental Health Services which causes them to struggle at the county level.</p> <p>Polk County- Nothing</p> <p>Roseau- Busy- Child protection has skyrocketed since Jan 2nd. Regionally they see low numbers- so this increase is seeming more significant.</p> <p>Pennington- Construction project has been bid out- possibly this summer they should be in the new building. She as retirements and openings mainly in adult services.</p> <p>Kittson- no new updates</p>	
Adjourn	<ul style="list-style-type: none"> Next AMHI Board Meeting: 3.8.2023, 9:00-12:00 Sanford Behavioral Health & Via Zoom Next Subcommittee Meeting: TBD 		All