

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* January 8<sup>th</sup>, 2025**  
**Sanford BH Education Room & Zoom**

**Meeting Facilitator:** Julie Hanson, Chair

**Attended:** Chris Kujava, Julie Sjostrand, Shannon Abrahamson, Karla Langaas, Shauna Reitmeier, Monica Yeadon, Danielle Alida, Kathy Johnson, Miranda Solem, Karen Warmack, Jan Carr Herseth, Tim M- WITW, Nancy Rhen, Brenda Pauley Colter, and Brittany Swenson (Kittson County Director)

**Absent:** Leon Flack, Molly Paulsrud, Sheila Fontaine, Racheal Kangesier, Paula Hedlund, Renee Sadvick, Dawn Baumgartner, Kristi Nelson, Connie Spisak Brenna Olson, Denise Gudvangen, Tracy Hamson, Jode Freyholtz London, and Sarah Lefebvre

**Guests:** Ashley Ladbury Hrichena, Firstlink- Operations Director

| Agenda Topic  | Time        | Discussion Points   | Actions/Discussion  | Whom              |
|---------------|-------------|---|---|-------------------|
| Introductions | 9:00-9:05   | <ul style="list-style-type: none"> <li>Round table introductions</li> </ul>                       |   | All               |
| Agenda        | 9:05-9:10   | <ul style="list-style-type: none"> <li>Review 1.8.2025 agenda for additions or changes</li> </ul> | Julie made a motion to approve the agenda as presented, Chris seconded, all aye motion carries  | All               |
| Minutes       | 9:10-9:15   | <ul style="list-style-type: none"> <li>Review and approve 11.13.2024 meeting minutes</li> </ul>   | Nancy made a motion to approve the minutes as presented, Kathy seconded, all aye- motion carries.   | All               |
| Firstlink     | 9:15-10:00  | <ul style="list-style-type: none"> <li>988 discussions</li> </ul>                                 | <p>First link started answering calls in 2019 for the State of MN. Ashley shared the stats on calls, texts, chats, connections to mobile crisis and connections to 911 in 2023 and 2024. The SAMSHA grant was designed for 988 to collaborate and connect with partners. Firstlinks goal is to build relationships with partners.</p> <p>Miranda requested a meeting with Brenna, Sanford, Alluma, and Firstlink. Brenda PC will set up a meeting with the group.</p> <p>Tim reported that both him and Brenna attended the 988 Statewide meeting, and they are hopeful that the implementation of geo locator will help with more accurate data.</p> | Ashley L          |
| LAC           | 10:00-10:30 | <ul style="list-style-type: none"> <li>Review &amp; approve LAC 2025 Workplan</li> </ul>          | Karen is meeting with Mareen Hams next week and will discuss with her about the Children' LAC. Discussion about looking at school groups to start a children's LAC.   | Connie Tracy Dawn |

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| Budgets        | 10:30-11:15 | <ul style="list-style-type: none"> <li>• 2025 AMHI budget</li> <li>• 2025 Crisis budget</li> <li>• 2025 CSP budget</li> <li>• Contract update</li> </ul> | <p>Karen went through the budgets.</p> <p>Brenda will send an email to the group about Ipad funds that are left after she meets with her team. The Directors need to decide if they will move forward with the Ipad if they will sustain them or if they will let them go. Each director is hoping to see the usage in each county.</p> <p>Brenda will bring to the next board meeting for Ipad usage by county to see if it can assist with that decision. Karen will update Denise that she is able to move forward with bridges billing.</p>   | All      |
| Strategic Plan | 11:15-11:30 | <ul style="list-style-type: none"> <li>• Review Strategic Plan &amp; Goals</li> <li>• January meeting date</li> </ul>                                    | <p>Julie's group met prior to the Holiday's and will plan on re convening now the holiday's are done. Chris's group met last week and are working on death by suicide, attempts, events, and hoping to look at more data. Discussed discontinuing the Outcome reports until we finalize useful data. Shannon will send email to Case managers.</p> <p>Shannon will invite Jan to Monday.com We may need a small pot of money to help with the data piece. We will also need to look at what we need from the case managers.</p> <p>Add mission, vision and goals to the AMHI agenda.</p> <p>We should speak about the AMHI at events and trainings.</p> <p>Goal#2 Workgroup<br/>Shannon<br/>LifeCare (Jan)<br/>Norman Public Health (Kim)<br/>Sanford (Sarah L)<br/>Suicide Regional Coordinator (Brenna)<br/>Alluma (Michelle V)</p> <p>We will keep the Strategic plan on the AMHI agenda rather than start another separate meeting.</p> | Julie H. |

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|         |             |  | <p>#2 Goal- should we look at inviting media. Miranda will look into connecting with media. Media press needs to be positive press.</p> <p>Forensic Navigators: Karli Wilson covers our region. We will invite her to speak at our next meeting.</p> <p>John Burkel is going to speak in Roseau County today about gaps in MH services.</p> <p>Shannon to add Brittany to Monday.com, AMHI board group and Director group.</p> <p>Presented Plaque to Kathy Johnson on her retirement.</p> |     |
| Adjourn | 11:45-12:00 | <ul style="list-style-type: none"> <li>• AMHI Board Meeting: March 12<sup>th</sup>, 2025, 9:00-12:00 @ Sanford Behavioral Health &amp; Via Zoom</li> <li>• Strategic Plan Review Meeting: TBD- January 2025</li> </ul> |  | All |