

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * June 10th, 2020
Sanford BH Center 1st Floor- Education Room & Skype

Attended: Karla Langaas, Kathy Johnson, Chris Kujava, Julie Sjostrand, Kristi Nelson, Jan Carr, Miranda Solem, Shannon Rud, Leon Flack, Gary Sprynczynatyk, Steve Summers & Shauna Reitmeier (9:30-11:00)

Absent: Dawn Baumgartner, Julie Hanson, Larry Laudon, Ashley Warling-Spiegel & Carrie Serna

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:05	<ul style="list-style-type: none"> Introductions 		Chris K.
Agenda	9:05-9:10	<ul style="list-style-type: none"> Review Agenda for Additions or Changes 	Shannon- add reform discussion after the budget. (Aug Meeting) Kathy made motion, Julie seconded- all aye. Motion carries	Chris K.
Minutes	9:10-9:20	<ul style="list-style-type: none"> Review and Approve 6.10.2020 minutes 	Julie made motion, Kristi seconded- all aye motion carries	Chris K.
BH Training	9:20-10:00	Review Proposal from Solutions <ul style="list-style-type: none"> Training specialized to each population (schools, social services, group homes & nursing homes) Length, # of sessions & frequency for each training (virtual & in person options) Support/Consultation services proposal Cost of each individual training 	Steve- Teacher training curriculum- Incredible years teacher training (evidence based training) Steve and staff were trained through incredible years this training is 40 hours (\$150/hour) All trainings are a flat rate of \$150/hour + travel (\$150/our) They can adapt the number of hours of training depending on the needs of each facility or time. If they need to get a hotel room we would also need to cover that cost. MN 24/7 DD Crisis Grant- Keep this in mind (They can use this grant as well if there is a difficult client in a group home, etc.) If it is client specific we can tap into the Crisis Grant that Solutions has with the State. Kristi- are these trainings covered through the waiver program- yes- there are some scenarios that the waiver will cover. Most schools will do 5- 6 hour days for 30 hours of training. They typically do this training before school starts so the teachers can focus on their students from day 1 of school. Can have up to 30 teachers/session. The biggest cost for the schools would be to cover the cost of substitute teachers while the teachers are attending the training. There are two trainers for the incredible years training so the cost would be \$300/hour. First two days are	Steve Summers

			<p>before the school year. The next 3 days are 1 month apart each (4 months total) They will train up to 6th grader teachers- they are finding that the younger child the most effective. It's a lot about reinforcing good behavior so this training does not work for older children.</p> <p>Kittson county schools would like a hotline available- Consultation – Steve said that is an option to look at. Kathy would you consider Consultation for Nursing homes.</p> <p>They are still sending out all of their BCBA's for face to face services during this time- so there is always that opportunity.</p> <p>Chris- Can you touch more on the Adult training and services- Can we have one training for all populations (Marshall county set up 3 Day training and invite group homes, nursing homes & social services?) Steve- yes- whatever you want set up we will do and we just need to know the population present. We prefer two trainers to do breakout sessions especially if it is a larger group. If it is a smaller group they can get away with one trainer.</p> <p>Steve recommends keeping school training separate from the other population groups.</p> <p>\$104,600 to spend by Dec 31st 2020.</p> <p>Shannon will set up subcommittee meeting to come up with proposal and will set AMHI meeting in August to review proposal.</p>	
Gaps & Barriers	10:00-10:15	<ul style="list-style-type: none"> Identify top 7 gaps & 7 barriers in region 	Everyone needs to send their top 7 barriers and 7 gaps to Shannon by Friday July 10 th .	All
AMHI Application	10:15-10:45	<ul style="list-style-type: none"> Review & Vote on Final AMHI Application for 2021-2022 Grant Cycle 	<p>NWMHC increased the Psychiatry line item for her RN services.</p> <p>Increased a small amount to Crisis transportation \$1000</p> <p>Peers- they increased by \$5000</p> <p>Kept funding in their Crisis line item</p> <p>Decreased the basic living skills \$280,000 and disbursed to general case management code and the RN funding. Small increase to Coordinator line item for salary increases over the next couple of years.</p> <p>No changes for Sanford.</p>	All

			<p>Vote on Final AMHI Application for submission to the State- Kathy made motion, Julie seconded, all aye-motion passed. Shannon will submit application to the State.</p> <p>Shannon will create new spreadsheet for 2021-2022 cycle.</p>	
Budget	10:45-11:00	<ul style="list-style-type: none"> Review 2020 YTD Budgets <ul style="list-style-type: none"> Review Crisis Stats (Billboards) 	<p>Shannon will look into How much a Tri valley Bus Wrap is & will look into the billboard cost and let the group know if we have enough funding left over to add another billboard.</p>	Chris K.
Updates	11:00-11:50	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford NWMHC Life Care MCO-Ucare MCO-BCBS DHS LAC County Social Services 	<p>Reform- We are currently having open meetings, but we need to be sure we are posting it to the website and let Dawn know to let the LAC know they are welcome to attend, Shannon will update Website with meeting info.</p> <p>Grant monitoring- All sub contracts within the AMHI Contract (discuss further at August meeting) Shannon will look into the statutes and monitoring process and send back info to the group.</p> <p>Shauna will send the history accomplishment document to Shannon and group will update.</p> <p>Sanford- is allowing 1 visitor at a time in NL- they are very slow- send your people our way. 5 total clients as of today.</p> <p>Patient access has taken over the screening of all visitors</p> <p>County board approved a letter of need. Julie typed it up and will send it to the directors to sign.</p> <p>Rescheduling patients has been a big issue.</p> <p>Lifecare- opened doors in BH again. They are also still doing telehealth and telephonic. People are glad to be coming back in and their access staff is doing all screening and are asking everyone to wear a mask. Facial expressions are hard to read with the patient wearing a mask, but it is better than webex visits.</p> <p>Plenty of room for referrals- they have openings.</p> <p>Ucare- They are noticing a decrease in outpatient claims that are coming through. Leon is hearing this</p>	<p>Larry L</p> <p>Miranda S</p> <p>Shauna R</p> <p>Jan C</p> <p>Leon F</p> <p>Gary S.</p> <p>Ashley S</p> <p>Dawn B</p> <p>County Directors</p>

			<p>from all providers. No significant changes. They continue to support Telehealth and Telephonic services and doesn't see that to change in the foreseeable future. They are beginning to collaborate with their disease management program- If someone with a MH dx might also have a chronic disease they connect them with that team for support. Health Coach.</p> <p>BCBS- Continue to support Telehealth- Are you seeing more improved outcomes with Telehealth? Jan said it has opened up opportunities, but I don't think there has been enough time to answer. Huge advantage is where there is transportation issues so they are still able to see their client via telehealth or telephonic.</p>	
Adjourn	11:50-12:00	<ul style="list-style-type: none"> • 2020 Meeting Dates <ul style="list-style-type: none"> ○ Subcommittee Meeting July 15th 2020 1:9:00-11:00 Zoom ○ AMHI Board Meeting August 12th 2020 9:00-12:00 Sanford & Skype 	Add open forum after minutes to August agenda & moving forward	