

NW8 Adult Mental Health Initiative Board Meeting
MINUTES
9:00 am – 12:00 pm * July 14th, 2021
Sanford BH 1st Floor & Zoom

Attended: Kathy Johnson, Chris Kujava, Julie Sjostrand, Shauna Reitmeier, Shannon Abrahamson, Leon Flack, Dawn Baumgartner, Beth Nelson, Jason Russel, Randy Beggs, Jan Carr, Karen Warmack, Molly Paulsrud, Karla Langaas, & Brenda Pauley-Colter

Absent: Kristi Nelson, Larry Laudon, Heather Bregier, Gary Sprynczynatyk, Kim Strand, Julie Hanson & Miranda Solem

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 7.14.2021 Agenda 	Kathy made a motion to approve agenda, Julie Seconded- all aye motion carries	Chris K.
Minutes	<ul style="list-style-type: none"> Review and Approve 5.12.2021 Minutes 	Kathy made a motion to approve minutes, Julie Seconded- all aye motion carries	Chris K.
Open Forum	<ul style="list-style-type: none"> Public Open Forum 		All
Budget	<ul style="list-style-type: none"> Review 2021 Budget to date <ul style="list-style-type: none"> Propose to move \$10,000 from 403x Outreach projects (\$55,299) to 416x- Transportation (Roseau County) Billboard contracts \$15,600 	Randy suggested to wait until November before submitting a budget modification as there will potentially be dollars in the transportation funds that Roseau will be able to use. Respite grant cycle changed from CY to FY (July-June). We do not have a signed contract yet so we are not able to spend that money. Kathy made a motion to approve the budget as presented, Julie S. seconded- all aye motion carries.	All
Reform	<ul style="list-style-type: none"> AMHI Reform updates 	The first meeting focused on setting the foundation of what this group is going to look at regarding the reform. They put together a plug and play template to be able to put in different % based on factors and then will decide the priorities within the core factors identified. Once percentages are decided, that will make up the rate calculation for all regions. The biggest concern is population will be a core factor included in the calculation and we are possibly looking at several of hundreds of thousands of dollars in reduction. Shauna is hoping they separate the dollars we received from the State to take on State employees and only include the actual AMHI dollars we receive when calculating the new rate.	Shauna
Subcommittee	<ul style="list-style-type: none"> NCTC training & development of MH Workforce 	Shauna pitched an idea to NCTC to see if there is an opportunity to partner with them to create a	Shauna Shannon

	<ul style="list-style-type: none"> • BE THE VOICE, Let's talk about it <ul style="list-style-type: none"> ○ Budget \$59,000 ○ Expenses <ul style="list-style-type: none"> ▪ Speakers \$9000 ▪ Venue \$3000 ▪ Event Insurance (?) ▪ Sound \$500-\$1000 ▪ Graphic Designer/Marketing ▪ T-shirts about \$10/shirt (Sponsors) ○ Sponsorship Tiers <ul style="list-style-type: none"> ▪ Platinum \$4000 and up (Logo on both T-shirts, name on Banner and announced during introduction of speakers) ▪ Gold \$2000- \$3999 (Logo on BE THE VOICE & eRace Stigma T-shirts & name on Banner) ▪ Silver \$500-\$1999 (Logo on BE THE VOICE T-shirt & name on banner) ▪ Bronze \$100-\$499 (Logo on BE THE VOICE T-shirt) ▪ Booth only- name on shirts? ○ Marketing <ul style="list-style-type: none"> ▪ FB Promotion (Renee, Tim, AMHI & HOPE pages) ▪ ¼ - 2 sided postcard to hand out at Roseau, Warren & TRF parades ▪ Flyers ▪ 1/4 -1/2 page ad in Newspaper ○ NEED <ul style="list-style-type: none"> ▪ MC to introduce speakers & thank Sponsors ▪ Day of event ▪ Evening of event ▪ Register, like, share & invite others on FB ○ Proposal- AMHI approve to cover the cost of the event & look to sponsors to cover the cost of t-shirts • Hire Renee & Tim for 3 additional events \$8000/show Total of \$24,000 (Roseau, Ada & EGF or Crookston) • Vote on BE THE VOICE T-shirt 	<p>training and development program. Core training from a BH aide up to a rehab worker, practitioner, peers, etc. Receive a certificate that is recognized from anyone in the region to hire and/or a path to earn credits towards a degree. NCTC was very intrigued. Multiple paths- CEU's, is this an associate path or competence based curriculum (function based) Example: MH Diagnosis 101. NCTC could look at applying for grants to help assist with the financial piece.</p> <p>Shannon needs additional dollars to use for misc. expenses for the Sept 1st event, Karen made a motion to not exceed an additional \$12,000, Karla seconded- all aye motion carries.</p> <p>Shannon will set up a planning committee and send out Zoom invites. Look at sending to schools to promote on FB.</p> <p>Chris, Shauna, Julie, Kathy & Leon all said they would be there or are willing to help.</p>	
Updates	<ul style="list-style-type: none"> • Round Robin Update from Attending Agencies <ul style="list-style-type: none"> ○ CBHH ○ Sanford ○ Alluma ○ Life Care ○ Ucare 	<p>Shauna- NWMHC is now Alluma. New prescriber starting in August. Kristine Hanson. Taking their leadership through a cohort training. Daily management systems and structures. Amy Bartz is leading youth and family team. Gail Williams is leaving.</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Beth N.</p>

	<ul style="list-style-type: none"> ○ BCBS ○ LAC ● Social Services 	<p>They are working on an 8 county needs assessment. Can share the results with this group in September. They are also bringing in MH Practitioners to 3 schools to help the professional in the schools.</p> <p>LifeCare- they have a lot of people coming in through the ED and no place to send them. OP BH they are doing pretty well. They are partnering with Kittson Memorial as they hired a brand new therapist to work under LifeCare and then she will eventually go and work in Kittson.</p> <p>Jan feels the pandemic has taken a toll on the Crisis response process.</p> <p>Brenda- FYI There is a Crisis leadership meeting coming up the end of July to iron out kinks created during the pandemic.</p> <p>Ucare- Working actively with their vaccine team and educating their members. Help mobile that is going out and partnering with public health group to give the vaccine. They continue to promote there help line and assist members who are struggling with MH or substance use issues. That number is printed on all of their product id cards. Med management, etc.</p> <p>BCBS- Learn to Live- educational place members can go in for help- numbers are terrible and would like feedback on how they can bring people to utilize this tool. They are modules. DHS is stating eligibility will now effect anyone who's membership is up in Jan. They will receive a letter in November.</p> <p>LAC- Sent out 300 duckies throughout the region. They are focusing on the event that is coming up in September. They have had several people offer to help with the event. Working on reaching out to booths they have had in the past. They would also like to start having meetings via in person starting in September. Subcommittee is more focused on the event.</p>	Dawn B County Directors
Q2 Stats	<ul style="list-style-type: none"> ● Review Q2 2021 Crisis Stats 		All
Adjourn	<ul style="list-style-type: none"> ● 2021 Meeting Dates <ul style="list-style-type: none"> ○ AMHI Board Meeting- Sept 8th, 2021 9:00-12:00 @ Sanford BH & Zoom 		All

	○ AMHI Subcommittee- Aug 11 th , 2021 1:00-3:30 via Zoom		
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