

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* July 12, 2023**  
**Sanford BH Education Room & Zoom**

**Attendees:** Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Karen Warmack, Jane Wilka-Pauly, Victor Obisakin, Randy Beggs, Karla Langaas, Danielle Jeffrey, Medica partner??

**Absent:** Nancy Rhen, Dawn Baumgartner, Jason Russell, Renee Sandvick, Steffane Prestidge, Larry Laudon, Heather Bregier, Julie Hanson, Jode Freyholtz-London, Molly Paulsrud, Lynell Popowski, Sheila Fontaine & Denise Gudvangen

| Agenda Topic | Discussion Points  | Actions/Discussion  | Whom                           |
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| Agenda       | <ul style="list-style-type: none"> <li>Review and approve 5.10.2023 minutes &amp; 7.12.2023 agenda.</li> </ul>   | <p>Karla requested an update to the language in the minutes- Actions &amp; discussion- change frequent flyer to frequent consumer.</p> <p>Julie made a motion to approve, Karla seconded with changes, all aye- motion carries.</p>   | All                            |
| Budget       | <ul style="list-style-type: none"> <li>Review 2023 budgets <ul style="list-style-type: none"> <li>402 Training/Outreach \$16,024</li> <li>MMB Inventory worksheet</li> </ul> </li> <li>ARPA Funding- IPAD Grant</li> </ul> | <p>Roseau transportation is high again in Crisis.</p> <p>Directors meeting this afternoon to discuss 402x brass code.</p>   | All                            |
| Open Forum   | <ul style="list-style-type: none"> <li>Public Open Forum</li> </ul>  | No one present  | Public                         |
| Crisis       | <ul style="list-style-type: none"> <li>Leadership updates</li> <li>NW8 Mobile Crisis Response Handout</li> </ul>   | <p>Alluma- stable calls. Leadership meets every other month, Karla and Karen are now joining them as well. They are not seeing a huge impact on the local crisis line with 988 and are sharing the 988 number on outreach materials as well as the regional crisis line.</p> <p>Continuing with the pilot Ipad project with Polk County Sheriff.</p> <p>Community response work- They have an email set up if the sheriff doesn't activate crisis but has some questions or concerns, they send questions to a secure email that very few people have limited access and can assist</p> <p>Some turnover happening – long term practitioner &amp; screener. Crisis bed is currently closed due to workforce shortage. They are hopeful they will have the unit running soon with new staff that were hired.</p> | Brenda P<br>Miranda S<br>Chris |

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|          |  | <p>Sanford- They have a meeting in Roseau County that they are going to invite jail admin to as well. They just recently hired 3 new staff.</p> <p>Mobile Crisis Response handout needs to be reviewed and revised. Mobile Crisis document will be reviewed annually with the Bylaws. This document would be beneficial for newcomers. Coordinator- will update as she can, but will reach out to Alluma, Sanford and Directors as needed.</p> <p>Crisis definition- Crisis line- high level with flow charts at the end. Who is the point contact for each of the teams- Cheri &amp; Sarah. Hyperlink to crisis definition and statutes. If I call the crisis line what will happen. Practitioner within three hours. Pull in statutes, rules definitions. Add the pamphlet to the website to have as a working document- We will have the flow charts included.</p> |     |
| Outreach | <ul style="list-style-type: none"> <li>• CALM Training- Fertile <ul style="list-style-type: none"> <li>○ July 17<sup>th</sup>, 12:30-3:30</li> </ul> </li> <li>• Threat Assessment Training <ul style="list-style-type: none"> <li>○ July &amp; August dates (9:00am-4:00pm)</li> </ul> </li> <li>• Youth Mental Health First Aid <ul style="list-style-type: none"> <li>○ August dates (8:30am-4:30pm)</li> </ul> </li> <li>• BE THE VOICE- TRF <ul style="list-style-type: none"> <li>○ August 22<sup>nd</sup></li> </ul> </li> <li>• eRACE Stigma Community Walk-Crookston <ul style="list-style-type: none"> <li>○ September 19th @ Noon <ul style="list-style-type: none"> <li>▪ Sandy Kovar- Tears Founder</li> </ul> </li> </ul> </li> <li>• WITW Annual Pre-Conference &amp; Conference <ul style="list-style-type: none"> <li>○ September 28<sup>th</sup> &amp; 29<sup>th</sup> <ul style="list-style-type: none"> <li>▪ CEU's for MH Peers</li> </ul> </li> </ul> </li> <li>• <b>AMHI Booth</b> <ul style="list-style-type: none"> <li>○ AMHI Brochure</li> <li>○ Crisis Response Services Brochure</li> <li>○ AMHI Swag (988 &amp; NW8 Crisis line info)</li> </ul> </li> </ul> | <p>Threat assessment training would be a good training for social services to attend, Shannon will send Karla the document with the dates of the Threat assessment training. Chris suggested that you need to get buy in from Law enforcement.</p> <p>\$2000 sponsorship for BE THE VOICE- Chris made a motion to sponsor Be THE VOICE- Karla seconded, all aye- Motion carries.</p> <p>\$1000 sponsorship for eRACE stigma will come out of outreach budget- Karen made a motion, Julie seconded, all aye- motion carries.</p> <p>Review pamphlet- through partnerships- remove Virtual clubhouse. Send to directors for approval before print.</p> <p>Shannon will utilize the outreach budget for the AMHI booth.</p> <p>Karen asked Victor if he could bring extra brochures when he comes to participate at events in the region.</p>                            | All |

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| Bylaws  | <ul style="list-style-type: none"> <li>• Review Bylaws</li> </ul>  | Directors will review the bylaws and bring updates back to the next board meeting.   | All |
| Updates | <ul style="list-style-type: none"> <li>• <b>Round Robin Update from Attending Agencies</b> <ul style="list-style-type: none"> <li>○ Sanford</li> <li>○ Alluma</li> <li>○ Life Care</li> <li>○ Ucare</li> <li>○ BCBS</li> <li>○ Medica</li> <li>○ WITW</li> <li>○ NWRTPC</li> <li>○ LAC</li> <li>○ Social Services</li> <li>○ AMHI Coordinator</li> </ul> </li> </ul> | <p>Sanford- Construction will be done in September. They are losing a psychologist. NL staffing is better. Psychologists are hard to find. Med management is going great.</p> <p>Alluma- 2 care coordinators working out of the jail. Hired a NP that is local. They have had three staff that have left the Crookston schools so they may need to look at contracting a professional to provide telemed. Youth and Family is the most challenging to find staff. They had an NWA board meeting- they have an enthusiastic board so excited to see what they are able to bring in- Looking at a possible corporate foster care.</p> <p>Kathy and Shauna sat in on the Crisis focus group surrounding the Crisis funding. Geography- distance- social determinant factors. Effective July 1 DHS and the existing CCBHC have reentered the Federal demonstration. Good for MN as it will bring in around 30 million dollars more. Legislative session- IRTS and residential- those licensed facilities will now start getting MEI inflationary-</p> <p>Ucare- Jennifer Garber- VP is leaving Ucare within a couple weeks. She has been with them for 4 years and will be greatly missed. They will continue functioning as they have been.</p> <p>BCBS- sent out DHS survey around Crisis services. Digital platforms for incentive- see a provider within 7 days. Will be claims based rather than having to submit.</p> <p>Medica- They are doing a gap in care campaign. They are working with the counties and trying to get the word out. If anyone needs funding, they have some available. County innovation fund- Medicaid population-this funding can cover trainings, events, etc. BH side- prepaid psychology appointments are available long term as well as immediate.</p> <p>WITW- they have been invited to the 9<sup>th</sup> African summit and have been President's daughter from Africa is coming to speak about MH which is huge as the stigma is very profound back in Africa. JEDI series starts September 16<sup>th</sup>. Trying to get the word out about VPSN in NW MN.</p> | All |

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|         |   | <p>Northland classes- starting the third cohort soon and now have additional funding so they will be having additional classes running into 2024.</p> <p>LAC- Is inviting public health to the table and will be at the upcoming events. Let Dawn know we miss her.</p> <p>PCSS- putting up a billboard. .</p> <p>RCSS- Fair next week.</p> |     |
| Adjourn | <ul style="list-style-type: none"> <li>AMHI Board Meeting: September 13th, 9:00-12:00 @ Sanford Behavioral Health &amp; Via Zoom</li> </ul> |   | All |