

NW8 Adult Mental Health Initiative Board Meeting

Minutes

9:00 am – 12:00 pm * June 10th, 2020

Zoom

Attendees: Karla Langaas, Kathy Johnson, Chris Kujava, Julie Sjostrand, Julie Hanson, Jan Carr, Shauna Reitmeier, Miranda Solem, Ashley Warling-Spiegel, Shannon Rud & Dawn Baumgartner

Absent: Larry Laudon, Leon Flack, Gary Sprynczynatyk, Kristi Nelson & Carrie Serna

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:05	<ul style="list-style-type: none"> Zoom introductions 		Chris K.
Agenda	9:05-9:10	<ul style="list-style-type: none"> Review Agenda for Additions or Changes 	Kathy made a motion, Karen second, all aye- motion carried	Chris K.
Minutes	9:10-9:20	<ul style="list-style-type: none"> Review and Approve 5.13.2020 minutes 	Kathy made a motion, Karla second, all aye- motion carried	Chris K.
Crisis Advertising	9:20-9:45	<ul style="list-style-type: none"> Official approval for NWMHC & Sanford to market Crisis line Discuss Crisis line material threshold for agencies & businesses <ul style="list-style-type: none"> 15000 Crisis Cards= \$750 5000 Magnets= \$1100 Crisis Text Line- Supplement 	<p>NWMHC has been rebranding the Crisis line to read more of "Support and Crisis line." Support for parents and people with SUD to help these populations during these trying times. They did not want to create another phone number. Kathy doesn't want the Crisis line tied up. Shauna assured her there are additional lines to transfer these calls so that would not happen. Cheri Skavlem is the new Manager over the Crisis team. There are concerns that the Crisis teams will get detox calls which they do not handle. Kathy asked Shauna to bring some numbers of what kind of calls they are receiving and report back to the board next month or once they have some good data...</p> <p>Kathy made a motion to change the marketing on cards and magnets to read Support & Crisis Line. Karen second, all aye- motion carried. 7500 cards and 2500 magnets. Add this item to the Crisis leadership meeting. Shannon will move up the Crisis leadership meeting to discuss...</p> <p>Crisis Leadership Meeting:</p> <ul style="list-style-type: none"> Discuss Threshold Compile List of businesses, providers & partners with contact information to send digital items Assemble Kits with Letter of approval 	Shauna & Miranda
Crisis Applications	9:45-10:00	<ul style="list-style-type: none"> Review & Vote on Final Crisis Applications for 2021-2022 Grant Cycle 	Chris entertained a motion to approve both Crisis applications as presented, Kathy made a motion, Karla second, all aye- motion passed.	All
CD Program	10:00-10:45	<ul style="list-style-type: none"> Sanford's new CD Program- Letter of Need 	Sanford has decided to move forward with a 10 bed CD residential program in the old NL building and will be	Miranda

			<p>providing medium and low intensity treatment. It has been approved by Sanford and they are now working on remodeling the building to be able to move forward with this service per statute there will be 4 doubles and 2 singles. They were working on the application a few months back but once COVID hit, the application got put on the back burner. They are in need of a letter support, Long term, short term, 3-6 months is what Miranda is picturing of what this will look like. It is not licensed at this point- they are going for the 245 G License. NO Detox will be offered. Medium is 15 hours of programming a week and the low is 5 hours of programming/week. There would be some medical services as there will nurses and techs on site. They will be accepting females, males & pregnant women. Miranda would oversee the program initially, but are looking for potential counselors. 24/7 staff- some level of nursing support, will not need as much support as NL needed, but will see as they go.</p> <p>Miranda will meet with Pennington County board next Tuesday and if they are in support Julie will draft a letter of support with all the counties that are also in support.</p>	
Budget	10:45-11:15	<ul style="list-style-type: none"> Review 2020 YTD Budgets 	<p>Sanford looks behind, Miranda knows they have spent, but new team in charge of billing so will follow up. County's will follow up and check in to see how much they have spent in Crisis transportation</p> <p>Shannon will bring Crisis stats to next board meeting to review whether we want to continue with billboards.</p>	Chris K.
Updates	11:15-11:50	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford NWMHC Life Care MCO-Ucare MCO-BCBS DHS LAC (Ducky) County Social Services 	<p>LAC- Duckies project- Kathy thinks we should put a story out in the newspapers and add the Crisis line and text line... ***Shannon will add Mental Health in Local advisory council... Shannon will get a listing of papers throughout the region and submit an article with a picture. Would a member be interested in going on the radio stations to talk about the outreach project? Dawn will follow up with Council. Shannon will assemble ducky, take a pic and send to the group before next Tuesday so Directors can present to the boards. Shannon will order another 8 dozen and distribute more to the bigger counties.. Directors will provide Shannon with a list of contacts to get this information posted to Papers and bulletins. Will also attach Crisis cards to the ducky as well for resources.</p> <p>NWMHC- they are actively putting their face to face plan together and are looking at those clients that are in higher</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Gary S. Ashley S Dawn B County Directors</p>

			<p>need and have not been staying connected. They also moved their CBS staff to face to face. NW apartments still has the isolation period room for 14 days when someone new is admitted.</p> <p>Sanford- Crisis and CBS have continued the same as usual for the most part, but have moved to Telemed for some that did not feel comfortable with face to face.. Outpatient still has telehealth and some face to face. Jill Kruta is transitioning from NL to the outpatient department. NL has a few staff that have been off due to high risk concerns with COVID so they are at a 9 person census right now. They are loving the new building the additional space has helped significantly based on different types of clients they are able to admit at the same time. 3 new nurse practitioners- Rozz Johnsrud, Jennifer Porter & Davis Mills. Patsy Kuznia started- individual therapy (LGSW)</p> <p>Lifecare- Still doing Telehealth. They are starting to talk about how to reinstate face to face. They are the only service in Lifecare that has not opened back up to face to face. They are providing supervision to school counselors- and they are looking at developing a new screening tool to identify kids that would not typically need services, but might now due to current situation.</p> <p>DHS- Statewide meeting next week with what the new formula looks like for the reform. They are teleworking at least through the summer but does not look like they will be returning for some time.</p> <p>Send Ashley document that explains why the initial allocations are how they are....</p>	
Adjourn	11:50-12:00	<ul style="list-style-type: none"> 2020 Meeting Dates <ul style="list-style-type: none"> Subcommittee Meeting June 10th 2020 1:30-3:30 Zoom AMHI Board Meeting July 8th 2020 9:00-12:00 Discuss Location 	<p>Shannon will add Zoom meeting to the July 8th board meeting we will re address meeting in person each month. Shannon will connect with Miranda to book the Education room for those interested joining in person.</p>	