

NW8 Adult Mental Health Initiative Board Meeting

MINUTES

9:00 am – 12 pm * March 11th, 2020

1st Floor Education Room-Behavioral Health, Sanford – TRF

Present: Karla Langaas, Kathy Johnson, Chris Kujava, Julie Hanson, Jan Carr, Shauna Reitmeier, Ashley Warling-Spiegel (Phone), Shannon Rud, Larry Laudon, Leon Flack, Heather Bragier & Dawn Baumgartner

Absent: Julie Sjostrand, Carrie Serna, Miranda Solem, Gary Sprynczynatyk, Kristi Nelson & Julie Sjostrand

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:10	<ul style="list-style-type: none"> Square Table Introductions 		Chris K.
Agenda	9:10-9:20	<ul style="list-style-type: none"> Review Agenda for Additions or Changes 	Julie made motion, Kathy seconded, all aye- motion carried	Chris K.
Minutes	9:20-9:30	<ul style="list-style-type: none"> Review and Approve attached minutes from 1.8.2019 meeting 	Kathy moved a motion, Julie seconded, all aye- motion carried	Chris K.
Updates	9:30-9:45	<ul style="list-style-type: none"> Update from Larry- CBHH 	The Bemidji CBHH YTD 15.1 census on a 16 bed facility. They were quarantined for "influenza A" a week ago and it lifted today. 14 staff & 3 patients tested positive. There are a few CBHH's that are not running at full capacity. There is a facility being built in Wilmar for children and Larry is planning on reaching out to them and will report their conversation next meeting. Wilton will be opening a CD and Crisis facility soon- Larry will also get more details on that facility and bring back to the group. Average length of stay 41 days.	Larry L
Subcommittee Updates	9:45-10:00	<p>Behavioral Training:</p> <ul style="list-style-type: none"> Develop training toolkit- (Introductory level- focus on positive behavior support strategies) Implement Training by Summer 2020 Shorter trainings and provide tools and resources to take with Multiple trainings throughout the year (4 part series - Recorded & made available throughout the region?) DHS will be providing the training for FREE, we could offer a Stipend and provide food through the AMHI. <p>Next Steps:</p> <ul style="list-style-type: none"> NWMHC & Sanford are pulling crisis data to guide us where to focus our efforts first (schools, group homes, etc.) Send out letters to the groups we are trying to reach or invite them to a Board meeting to help them understand what we are trying to accomplish? 	<p>Larry suggested being creative and talk to the group homes to see if their insurance will cover the cost as the training might help establish less risk for their homes.</p> <p>Because the Behavioral Issues are becoming so significant, schools are starting to look at isolation rooms- Shauna- I am hoping this training would eliminate this to change systems practice. We need to be looking at therapeutic versus punishment...</p> <p>Consider early childhood interventions, rather than later in life.</p> <p>Ashley- Partnership with Solutions would be a possibility. DHS has a contract with Solutions to provide 24/7 Crisis consultations. Within the contract they can also provide trainings. We have \$111,739 allocated in the budget for this project.</p> <p>Shannon will contact Solutions to see if they would be interested in joining our next subcommittee meeting to explain what they can offer us and the cost.</p> <p>Chris- Could we look at hiring someone to go to schools and provide the training?</p>	Subcommittee
Budget	10:00-10:45	<ul style="list-style-type: none"> Review 2020 Budget 		Chris K.
HOPE Coalition	10:45-11:00	<ul style="list-style-type: none"> safeTALK Training March 25th 10:30-2:30 NMWHC (lunch provided) Creating Flier templates to use throughout the region 5 Outreach Kits for the region <ul style="list-style-type: none"> HOPE Tablecloth CTL & MCRT info (wristbands, cards & fliers) HOPE Coalition materials (table tent, pens & sticky notes) 1 page provider info for the region Provider info- (based on where event is taking place) 1 page Public Health info 1 page Social Services info- Resources web page? 	<p>Email Shannon if you are interested or have workers interested in attending the training- We still have 6 available slots.</p> <p>County SS- Update your websites for Crookston Food shelf NEW: <u>Care & Share.</u></p> <p>NWMHC & Life Care Marketing Directors met and are working on Creating the templates. Reach out to Shannon if you are interested in using a kit.</p> <p>Kit per county in the future?</p>	Shannon R.

Updates	11:00-11:40	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> Sanford NWMHC (Referral packets) Life Care MCO-Ucare MCO-BCBS DHS LAC (MH Awareness Fair May 20th 11-3) County Social Services 	<p>NWMHC- Shauna talked about their new referral process and that their focus is to drive people to their Website. They have a HIPPA compliant form on the website that you are able to fill out. If you have the client with you, go ahead and call so they can get the pertinent information from the client. They are live in their just in time scheduling Psychiatry. Those that are new clients can just walk in from 9-11 for both children and adults and will be seen. 9-1:00 for all of services. Rule 25's are just on Fridays. Shauna will provide a Calendar of their open access hours to the Directors. Just in time for Psychiatry only- Clients are given a card when they need to call and schedule their next appt. The date on the card is about one week prior to when they need to be seen again.</p> <p>Life Care- was able to backfill their last resignation and got someone back that used to work there- She is an LADC.</p> <p>Ucare- Their department name has changed to Mental Health & Substance Use Disorders Services New cards reflect the change. They have hired a full time member engagement specialist- to follow up with members to make sure they are following up with their services. She came from the Medical side so she is familiar with UCARE. They are waiving all copays, coinsurance and deductibles for Coronavirus (COVID-19) testing. They are not seeing it yet, but expecting to start seeing it.</p> <p>DHS- The statewide meeting is coming up on the 23rd of March with video option available. There is now an AMHI mailbox where emails can be sent in the future. They have a delivery system set up to send out updates to the Coordinators. The reform will be discussed at the statewide meeting on the 23rd. They are planning on doing Amendments to extend for two years... Simplified version of an application with the amendment for the extended two year period. Ashley will follow up with Crisis group to see if there are going to be any changes with the Crisis grant.</p> <p>LAC- Welcome packets have been handed out. MH Fair will be held on May 20th 11-3pm at the Epiphany Station (tentative). There was a recommendation to extend or have it offered it in the evenings. Brochure is almost finalized and will be going to the printer soon. Check into Options Inc for a booth. Tim Denney and Chris Green are the speakers set up to speak. We are looking at doing more of a Q&A for the Crisis teams and Chris Green. Look at Technology and having the Medical director to do a Q&A from NWMHC? Kathy asked Leon if Ucare could donate anything to the fair. He said he would look into and contact Shannon. Dawn brought up creating something similar to what the Greater Northwest EMS released for all MH services and resources available in the region- the group liked her idea.</p> <p>Sanford- 3 and up child therapist resigned. Psych NP started and is currently building her schedule and can also see children. They signed another NP that can also see Children. Looking into opening a 10 bed Substance Use Residential facility which would go into the old Northern lights building. They are in the beginning phases and are very excited.</p> <p>No children's type services will come back, but they do have CTSS in the schools. Leadership changes, Heather is working on learning her new role.</p> <p>Chris- Creating a Caring Community on March 23rd @ Newfolden Evangelical Free Church @ 6:00pm come out and join us.</p>	<p>Miranda S Shauna R Jan C Leon F Gary S. Ashley S Dawn B County Directors</p>
2019 Crisis Stats	11:40-11:55	<ul style="list-style-type: none"> Review 2019 Crisis Stats 	<p>Shannon will reach out to Christie and Mike to see if we can start tracking what counties the calls are coming from.</p> <p>Shannon will pull 2018 and 2019 data and give to the group for next meeting.</p>	Shannon R
Adjourn	11:55-12:00	<ul style="list-style-type: none"> 2020 Meeting Dates <ul style="list-style-type: none"> Subcommittee Meeting April 8th 2020 1:30-3:30 AMHI Board Meeting May 13th 2020 9:00-12:00 		Chris K.

