

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * March 8th, 2023
Sanford BH Education Room & Zoom

Invited: Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Nancy Rhen, Dawn Baumgartner, Karen Warmack, Beth Nelson, Jane Wilka-Pauly, Jason Russell, Victor, Danielle Jeffrey- BCBS, Renee Sandvick, Randy Beggs, Steffane Prestidge, Karla Langaas, Larry Laudon, Heather Bregier, Julie Hanson, Danielle Jeffrey, Jode Freyholtz-London, Molly Paulsrud, Lynell Popowski, Sheila Fontaine, Denise Gudvangen, Brittney Bimler

Present: Kathy Johnson, Chris Kujava, Julie Sjostrand, Brenda Pauley-Colter, Shauna Reitmeier, Nancy Rhen, Karen Warmack, Beth Nelson, Danielle Jeffrey, Renee Sandvick, Randy Beggs, Karla Langass, Brittney Bimler, Denise Gudvangen, Dawn Baumgartner, Victor, Chelsea S., Heather Bregier, Jane Wilka-Pauly

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 01.11.2023 minutes & 3.08.2023 agenda. 	Chris K moved with Julie S second to approve the minutes from 01.11.2023.	All
Budget	<ul style="list-style-type: none"> Review 2023 budget Discuss year end budget review meeting (Dec) 	<p>*Still waiting on some contracts to be fully executed. We did not spend all of the allocated funds year end 2022, \$129K remaining. CAA FMAP contract received of \$1.5m to be distributed to Alluma and Sanford. Karen W taking contract to her board on March 22.</p> <p>*Karen W and Shauna R to discuss offline the process to make the requests to DHS of combining AMHI CSP crisis and FMAP funds. Need to request funds by June 30 for disbursement in 2024. Randy B. to review to see what needs to be done. Karen W to let Miranda S know that the contract came through and to be looking for Sanford FMAP funding they applied for. If Sanford not able to spend by June 30 of this year, will need to let Randy B know to request an extension to March 31, 2024.</p>	All
Bridges	<ul style="list-style-type: none"> Bridges funding update 	<p>*Ahead of spending requests so far in 2023 (\$11K) from same time last year 2022 (\$6K).</p> <p>*If the requests keep coming in like they have been we will definitely spend down the funds early in the year.</p> <p>*Homeless staff have increased work, paperwork, lead paint inspections, eligibility of apartments etc.</p> <p>ACTION: May 10 Agenda item: Stabilization Services and what that looks like</p> <p>ACTION: Denise G asked to attend every AMHI meeting to provide an update.</p>	Denise G.
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one from the public attended.	Public

Crisis	<ul style="list-style-type: none"> Review Crisis data Leadership updates 	<p>*Brenda P shared 2023 Crisis Statistics. Total Screening Calls, Total Activations, Total Warm Calls. Data broken down per county Sanford and per county Alluma.</p> <p>*20 iPads distributed to Polk County law enforcement for use when people need immediate mental health intervention. No AMHI funding used for the purchasing of these iPads.</p> <p>ACTION: Add age ranges in statistics data per county.</p> <p>ACTION: Brittney B to email out to this group the crisis definition for review. Kathy J proposes that county directors take the crisis definition to be prepared to talk about what this definition means for your county. Sanford and Alluma to do the same. Discuss further on May 10 meeting.</p>	Brenda P
	<ul style="list-style-type: none"> CALM Training AMHI & Crisis grant application process 	<p>*Michelle Van Camp, Alluma to connect with Nancy Rhen around CALM training.</p> <p>*Cheri Ames, Alluma and Brenda P went to Fargo to view the 988 First Link set up. For Alluma to move forward as a hub will be a huge lift. Accreditation, certification, competitive grant applications etc. Tabled</p> <p>*Danielle Jeffrey to send out an email to this group with a link to complete a state survey to try and learn about available crisis services across the state. March 15 deadline.</p> <p>Beth Nelson retiring in April from BCBS. Danielle Jeffrey to replace. Thank you, Beth, for your service!</p>	All
MA Renewal	<ul style="list-style-type: none"> MA Enrollment 	<p>https://mn.gov/dhs/renewmycoverage/ web site for renewal application. June 30 is deadline. Clients to receive a letter informing them to renew.</p>	Shauna/Kathy
Crisis call debriefs	<ul style="list-style-type: none"> Conducting post crisis activations reviews 	<p>*Anyone conducting crisis call debriefs with social service directors? Sanford notifies counties of client holds from their county.</p> <p>*Medica has prepaid psychiatric doctors waiting to meet with Medica clients. Clients will need to call the phone number on the back of the insurance card to schedule that telehealth appointment.</p>	Kathy
Other		<p>LAC – Outreach project continues. Connie voted in as secretary, all officer positions filled. Working on flip book printing services.</p> <p>WITW: First ever Peer Day on the Hill, Feb. 23, 20+ representatives and Senator Mark Johnson attended whom Dawn spoke with about how peer-to-peer services are critically important. Record numbers of VPSN visits. Outreach dollars are minimal so looking for funding, need sponsors for May 5 event, fundraising gala in Brainerd, MN. More funds needed to do a wrap in NE MN for seniors. Grants to</p>	Dawn B.

		use peers in corrections and support corrections staff regarding PTSD and depression.	
Site visit	<ul style="list-style-type: none"> Region 2 – Crisis site visit 	<p>Discussion around a site visit. Five directors met with Stellar Mental Health.</p> <p>*Perhaps a public service announcement -> call crisis phone number before calling law enforcement. Not always needing to go to the ED.</p> <p>*Define roles and responsibilities. Revamping the crisis response system for the NW region. How do clients get the best service the quickest.</p> <p>ACTION: Brenda P and Kathy J to connect to schedule a process mapping meeting.</p>	Social Service Directors
Updates	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford Alluma Life Care Ucare BCBS LAC NWRTCC WITW Medica BH Social Services 	Meeting time expired – no further reports given.	All
Adjourn	<ul style="list-style-type: none"> AMHI year-end budget review meeting: Next AMHI Board Meeting: 05.10.2023, 9:00-12:00 Sanford Behavioral Health & Via Zoom Next Subcommittee Meeting: TBD 		All

Brenda Dale, recorder