

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * May 12th, 2021
Sanford BH 1st Floor & Zoom

Facilitator: Chris Kujava- Chair

Attendees: Karla Langaas, Kathy Johnson, Chris Kujava, Julie Sjostrand, Karen Warmack, Jan Carr, Shauna Reitmeier, Miranda Solem, Molly Paulsrud, Shannon Abrahamson, Leon Flack, Dawn Baumgartner, Beth Nelson, Jason Russel & Lucas Pederson

Absent: Larry Laudon, Heather Bregier, Gary Sprynczynatyk, Brenda Pauley-Colter, Kim Strand, Kristi Nelson & Julie Hanson

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 5.12.2021 Agenda 	Kathy made a motion to approve agenda, Julie seconded, all aye- motion passed	Chris K.
Minutes	<ul style="list-style-type: none"> Review and Approve 3.10.2021 Minutes 	Chris made a motion to approve minutes, Karla seconded, all aye- motion passed	Chris K.
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one present from the Public.	All
Budget	<ul style="list-style-type: none"> Review 2021 Budget to date <ul style="list-style-type: none"> Roseau County Transportation 	Roseau has over spent transportation dollars in both adult and children's crisis. Miranda believes that GSSC can bill MA and PMAP plans for transportation which could eliminate this additional cost to the counties. Lucas from BCBS thinks we should look into billing 3 rd party for transportation. This is a covered service if the transportation is related to a covered service line. Can LE bill insurance for transportation? Lynelle- I do not think LE can bill for transportation, but I will look further into and report back. Prairie St John's is expanding their inpatient unit in Fargo.	All
Subcommittee	<ul style="list-style-type: none"> Review & Approve History Document 2021 Project Proposals \$60,544 <ul style="list-style-type: none"> Love & Logic Training (\$730/pack includes 10 books) Bring in Speaker for Suicide Awareness Month (\$5,000-\$10,000 per event) partner with LAC & HOPE (Walk, Fair, T-shirts, Swag) Partner with NCTC to offer Practitioner Certification Program 	<p>Shannon will continue to add to the history document throughout the year and will bring to the board yearly to review.</p> <p>Parenting training throughout the entire region. Minimal cost- \$730/ packet + \$10/book. We need to look at bringing in more trainings, throughout the entire year, not just in May. Look at workforce. Look at your organization, your staff needs to be taken care of as well.</p> <p>Karla really liked the presentation from Dr. Emmons on Restoring Resilience. You can view the recording at wellnessmn.org.</p> <p>We are still holding BH training session with Solutions- if you have staff interested- let Shannon know.</p> <ul style="list-style-type: none"> Lifecare Roseau Manor Training is being held in person on June 23rd & 24th. Lifecare Greenbush Manor is being held June 28th & 29th NWMHC is scheduled for their follow up trainings via Zoom June 25th, July 23rd, & August 27th. <p>Kathy- 1st- Love & Logic Training. We can always use parenting classes- Deep dive into the cost and look at ECFE and head start to partner with to hold the training with parents during their classes. We could also tie in the pandemic to possibly get more parents</p>	Subcommittee

		<p>interested. Subcommittee will discuss trainers and how many trainings we would like to offer.</p> <p>2ND- Look into speakers and work with the LAC and HOPE Coalition to put together event- start prepping proposal.</p> <p>3rd- start looking into Practitioner program, but don't get too deep as this is a long term program and we are not sure we will still have funding after the reform.</p>	
Updates	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford NWMHC Life Care Ucare BCBS LAC Social Services 	<p>Sanford- Amanda G left NL and Brittney B is filling in with the help of John Shirkey. Admissions are low so they have open beds. Waiting to hear back from the State on licensing for residential substance use disorder. Hoping to hear something within the next month. They have seen an increase in not being able to find beds for adolescents. Sanford is having a deep discussion of what can be done. Started a CBS telehealth group- held first session this week, low numbers currently but hoping to see increase. Hoping BCBS and Ucare will keep some sort of level of covered telehealth services.</p> <p>NWMHC- Jason is the Chief Strategy Officer and Brenda is the Chief Clinical Transformation Officer. Jason grew up in Minneapolis area- so is familiar with the metro area. He moved out to Colorado, and then the pandemic hit. This opportunity came up at NWMHC and decided it was time to move closer to home. They have 11 positions open right now. Having better luck in finding help for their homeless program because they don't have as many requirements. Looking at a strategy that will come in at the beginning of the school year- imbed more skills work in the schools- more of a team approach. They are close to launching the rebrand. They will be hosting 3 separate key stakeholder launches- We will share the new name, logo, how they got there and then then will be asking for help to get the word out. Currently working on contracting with the new name. Northstar summer program is gearing up- they have 16 sites set up. If you have kiddos in the 6 counties interested let Shauna or Tricia Hellerud know. They are engaged with Tri Valley- system of care grant- looking at how to sustain the model to continue to offer Certified Peer Specialists. Deliver peer services to deliver services to families- Tri valley will be the employer, but will contract with NWMHC. Though clients remained the same, service utilization went down significantly during the pandemic. Care coordination services- culturally specific workforce. Culturally liaisons. Latino- 11% served and Native American 6%- Somali small number, but would like to get some on board. 2 million \$\$ proposal for two years- Must serve 500 people/year of this unique population.</p> <p>LifeCare- It has been interesting to see Lifecare is working more closely with internal wellness and Public Health this last year- they are going for the positive approach - Been through a variety a of things- They have a committee that meets quarterly- all the connections that makes- and then how it intertwines all the work they are doing. They are hoping to use their connections to get some MH professionals to come to their community to work. Hockey parents. Jan has not had one credentialed applicant with all of the advertising she has done. Workforce is a huge challenge. She has every MH professional in Roseau county working for her at some capacity. They are partnering with Kittson Memorial to get a master level on board Lifecare will employ until she is ready to work on her own. She works for Kittson Memorial and LifeCare will work with</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Beth N. Dawn B County Directors</p>

		<p>them to supervise until she is on her own and is hoping to hire her as casual. Can we look to Marvin's for scholarships for kids in our region- to become a MH professional? Ucare- continues to support all telehealth services and do not anticipate any changes to that in the near future. Created Care management team for Covid- continue with that to work with higher risk members. Vaccine team (7 staff) calling higher risk clients to schedule vaccines. Held a clinic at their headquarters in Minneapolis. They are looking at 3 different models for staff- distant, hybrid, and then full in person. Looking at a mid-September.</p> <p>BCBS- No changes in telehealth in the near future. They are hearing that DHS will not be changing renewals through 2021 due to the public health crisis. MDH and BCBS is looking to send a bus to do a big vaccination clinic. Lucas- there are different warm lines throughout the state of MN. They are meeting with counties talk about sharing the data that was pulled. MN Recovery Connection</p> <p>Dawn- LAC is working on distributing duckies throughout the region as well as making flipbooks with resources to hand out. Hoping to be able to hold the MH awareness fair in September.</p>	
Q1 Stats	<ul style="list-style-type: none"> Review Q1 2021 Reporting 	Q1 Crisis Stats reviewed.	All
Adjourn	<ul style="list-style-type: none"> 2021 Meeting Dates <ul style="list-style-type: none"> AMHI Board Meeting- July 14th 2021 Sanford BH & Zoom AMHI Subcommittee- June 9th 2021 1:00-3:30 via Zoom 	Next Board meeting will be in person & via Zoom	All