

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* November 18th 2020**  
**Zoom**

**Attended:** Karla Langaas, Kathy Johnson, Chris Kujava, Julie Sjostrand, Kristi Nelson, Julie Hanson, Shauna Reitmeier, Miranda Solem, Molly Paulsrud, Shannon Abrahamson, Beth Nelson, Leon Flack & Dawn Baumgartner

**Absent:** Jan Carr, Carrie Serna, Ashley Warling-Spiegel, Larry Laudon & Gary Sprynczynatyk

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:05	<ul style="list-style-type: none"> <li>Introductions</li> </ul>		Chris K.
Agenda	9:05-9:10	<ul style="list-style-type: none"> <li>Review Agenda for additions or changes</li> </ul>	Kathy moved to approve minutes and agenda as presented, Julie seconded- all aye motion carries	Chris K.
Minutes	9:10-9:20	<ul style="list-style-type: none"> <li>Review and Approve 9.9.2020 minutes</li> </ul>		Chris K.
Open Forum	9:20-9:30	<ul style="list-style-type: none"> <li>Open Forum for Public</li> </ul>	No one from public present	All
Budget	9:30-10:00	<ul style="list-style-type: none"> <li>Review 2020 YTD Budgets</li> </ul>	<p>Fiscal folks need to turn in everything to Randy by end of November &amp; Chris will have Randy send out update to the group via email.</p> <p>Shannon will reach out to Miranda with the budget modification process. Shannon will submit all the modifications for Q4 at once.</p> <p>Shauna- are we interested in inviting local legislatures to an AMHI meeting? The group agrees that we should invite State reps to give them a better understanding of MH in our area. Shannon will invite State reps to December 9<sup>th</sup> AMHI meeting. Dawn will ask LAC group for testimonials.</p> <p>Shannon will check with Randy on why we separate everything out between children and adult. If there is a reason Shannon will submit a grant modification to move from children's to adult.</p>	Chris K.
Sanford IP	10:00-10:15	<ul style="list-style-type: none"> <li>Discuss Sanford's IP Bed Capacity &amp; Hold notification process</li> </ul>	IP Bed Capacity- As of yesterday- they had a COVID outbreak on the unit so it is closed for admissions for the next few weeks. Current process for HOLDS- Mon-Fri their Social Worker will call the County. They are currently down 2 beds due to not cohorting patients in double occupancy rooms. So total availability of 14 beds. November referrals that we were unable to accept from 11/1-11/17 – range from 3-15 per	Miranda/Heather

			day for total of 107, average of 6 per day. This is on top of the referrals that are actually admitted. Their Utilization Review Committee consists of inpatient psychiatrists, psychologists, nursing, nursing leadership, and utilization review staff. They meet quarterly to review a random sampling of referrals that were denied admission. Factors they look at when considering appropriateness of the denial include the patient referral information, current patient population, any admission restrictions, staffing levels, etc.	
LAC	10:15-10:30	<ul style="list-style-type: none"> <li>Review 2020 Commissioners Report</li> <li>Review 2021 Workplan</li> </ul>	Reviewed 2020 Commissioners report and 2021 Workplan. Dawn is hopeful for next spring to do another forum. For the council members that have been able to join during this time, they have kept it going.	Dawn
Bylaws	10:30-10:40	<ul style="list-style-type: none"> <li>Review updated Bylaws &amp; vote</li> </ul>	Kristi made a motion to accept the updates to the Bylaws, Karla seconded- all aye- motion carries.	All
Updates	10:40-11:20	<ul style="list-style-type: none"> <li>Round Robin Update from Attending Agencies <ul style="list-style-type: none"> <li>CBHH</li> <li>Sanford</li> <li>NWMHC</li> <li>Life Care</li> <li>MCO-Ucare</li> <li>MCO-BCBS</li> <li>DHS</li> <li>LAC</li> <li>County Social Services</li> </ul> </li> </ul>	<p>Chris will reach out to Larry to get updates from the CBHH.</p> <p><b>Sanford-</b> Crisis numbers increasing in the northern counties- full tele health for Kittson &amp; Roseau County. NL- they have been very full in IRTS, had a couple recent discharges. CD issues have definitely increased as well. Miranda has not been able to get a meeting set up with Gabe at Kittson HealthCare but will reach out to Kathy once they have met.</p> <p><b>Ucare-</b>In response to COVID they are developing a community response team to provide case management services. Utilization review team moving them to Utilization management team.</p> <p><b>BCBS-</b> Not a lot of participation from DHS with the procurement. Everyone will have to go through the renewal process (all health plans) and Beth is open to ideas on how to get this out to the region. IPADS are not in yet, but she will connect with the Counties once she receives them.</p> <p><b>NWMHC-</b> Crisis unit on hold from taking admits due to staffing issues. They are seeing an uptick in Crisis Calls. They are taking admissions in the</p>	<p>Larry L</p> <p>Miranda S</p> <p>Shauna R</p> <p>Jan C</p> <p>Leon F</p> <p>Gary S.</p> <p>Ashley S</p> <p>Dawn B</p> <p>County Directors</p>

			<p>apartment. They have a total of 12 beds and currently have 7 beds filled. They do like to see 30 days of recovery before entering NW apartments so substance issues could be a factor of why they are not filling all of their beds. Adult psychiatry- one retired and one is moving back to her home roots at Kittson Healthcare. Early childhood referrals are on hold at this time.</p> <p><b>DHS-</b> Not present</p> <p><b>LAC-</b> Dawn we are looking at Outreach &amp; building a relationship with the Children's LAC for 2021. Any other thoughts or suggestions on what direction we should go. Directors- appreciate all the feedback they have been receiving from Dawn.</p>	
Annual Review	11:20-11:30	<ul style="list-style-type: none"> <li>Discuss AMHI Coordinator annual review</li> </ul>	We have flexibility on when we need to complete review as the board approved to move all reviews to June 2021. Compensation increase will be decided by the Directors in December.	Chris
Outcome Reporting	11:30-11:45	<ul style="list-style-type: none"> <li>Review Q2 Outcome Report</li> </ul>	Shannon will reach out to Ashley to see if there are other regions that are reporting out their stats. This will help support our argument	All
Outreach Update	11:45-11:55	<ul style="list-style-type: none"> <li>Crisis Line Billboard added on Hwy 2</li> <li>Bus Wraps added in TRF, Mahnomen &amp; (TRF, Mahnomen &amp; TRF, Red Lake Falls &amp; Plummer route)</li> <li>Crisis Line Radio ad</li> </ul>		Shannon
Adjourn	11:55-12:00	<ul style="list-style-type: none"> <li>2020 Meeting Dates <ul style="list-style-type: none"> <li>AMHI Board Meeting- December 9<sup>th</sup> 9:00-12:00 Invite Legislature- Budget- Zoom</li> </ul> </li> </ul>	Chris wants to add that the Chair will be up for grabs on the December agenda. Shannon will reach out to the Local- State level Legislature.	All