

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* November 10th, 2021**  
**Sanford BH 1<sup>st</sup> Floor & Zoom**

**Present:** Kathy Johnson, Chris Kujava, Julie Sjostrand, Karen Warmack, Jan Carr, Miranda Solem, Shannon Abrahamson, Leon Flack, Jason Russel, Brenda Pauley-Colter, Lynell Popowski, Shauna Reitmeier, Molly Paulsrud, Dawn Baumgartner, Beth Nelson,  
**Absent:** Karla Langaas, Nancy Rhen, Larry Laudon, Gary Sprynczynatyk, Julie Hanson, Heather Bregier & Jode Freyholtz-London

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> <li>Review and Approve 11.10.2021 Agenda &amp; 9.8.2021 Minutes</li> </ul>	Kathy made motion to approve agenda and minutes, Julie seconded all aye- motion carries	Chris K.
Nomination	<ul style="list-style-type: none"> <li>Nominate AMHI Chair</li> </ul>	Chris entertained a motion to nominate a chair. Kathy recommends we do round robin for Chair starting with Kittson and go in alphabetical order. 2 year term. Kathy will start January 1 <sup>st</sup> 2021 for her 2 year term. We will skip Marshall in the rotation since Chris has held the Chair for the last 5 years. Julie seconded, all aye- motion passed. Shannon will update the bylaws to reflect this change and bring to the next board meeting for approval.	Chris K.
Budget	<ul style="list-style-type: none"> <li>Review 2021 Budget <ul style="list-style-type: none"> <li>Move \$3400 from 4030 (Website, logos) to 4030 Billboards &amp; Wraps (TRF Billboard and Crookston Bus wrap)</li> </ul> </li> </ul>	<p>Sanford contract 4340 and 4460 has an overage and we will not be reimbursing them. Alluma and Sanford are on track with the AMHI. December 27<sup>th</sup> is the deadline to bill all grants. Roseau has over spent in the Crisis Transportation which Randy will be able to make them whole at the end of the year.</p> <p>Kathy is questioning if some expenditures are being missed and asked if the fiscal supervisors could meet to discuss grants. Randy said they do meet as a group and he will put it on the agenda in January to discuss grants. All CSP bills should be coming directly to Randy from Alluma- the Counties no longer need to be billing CSP to Randy.</p> <p>Shannon requested to move \$3400 from 4030 (website &amp; logos) to 4030 (billboards &amp; bus wraps) to cover the additional billboard and bus wraps added.</p> <p>Kathy made a motion to approve moving funding, Julie seconded- all aye- motion passed.</p>	All
Open Forum	<ul style="list-style-type: none"> <li>Public Open Forum</li> </ul>	No one from public present	Public
Reform	<ul style="list-style-type: none"> <li>AMHI Reform updates</li> </ul>	They have their wrap up meeting this afternoon. It has been interesting and frustrating at times. Trying to make it meaningful and we know there will be impact. Shauna has been impressed with the representatives from the other AMHI's. Variables that will be looked at is population, social determinacies of health (poverty, past incarceration, homelessness), Medicaid and Medicare enrolled	Shauna

		<p>numbers, SMI and SPMI population, rural factor &amp; area depravation index (API). She is hopeful that they are using the impact of rural areas and the distance. Rural factor goes by zip code, not county. ADI index will be favorable for us in the long run. We have some of the greatest challenges in the ADI and are considered the most disadvantaged block of group in the State. The group will be putting a weight to each factor this afternoon to figure out the formula. Reform funding change is set for 2025.</p>	
Subcommittee	<ul style="list-style-type: none"> <li>NCTC training &amp; development of MH Workforce</li> <li>Grant Monitoring proposal</li> </ul>	<p>NCTC: We met with Kirsten at NCTC, creating programs and grant writing is part of her role. We talked to her about the training and/or curriculum. We pitched a number of classes we feel would benefit our workforce: Technical writing, Medical terminology, MH dx symptoms, Medication administration and Behavioral techniques. Through DEED they can write a grant, but we would need to send 'x' number of staff initially to work out the kinks out and then move forward with ongoing training for group homes, etc. Do we move forward with Kirsten? Board asked subcommittee to bring an official proposal to the next meeting in December. Subcommittee will work on getting a meeting set up with NCTC. Can we look at how we can (AMHI) support staff to become professionals?</p> <p>Grant Monitoring: Randy will pull 10 records from September invoice and will meet with Karen, Alluma and Sanford to audit each of the client records. Randy will report back to the board at the January board meeting each year.</p>	Subcommittee
Outreach Updates	<ul style="list-style-type: none"> <li>eRace Stigma Community Walk recap 10.9.2021</li> <li>BE THE VOICE- Warroad 4.26.2022</li> <li>Holiday Crisis line radio ads November-December 97.1 &amp; 104.3</li> </ul>	<p>BE THE VOICE- Warroad is scheduled for April 26<sup>th</sup>. Shannon has been meeting with LifeCare team to plan the event. Shannon will forward the invite to Sarah, Dawn and Karla to join the planning committee.</p> <p>HOPE coalition is looking into QPR train the trainer (Spanish) and Teen MH first aid trainer.</p> <p>Alluma received some funding from BCBS to work with the Somali and Hispanic communities. Kathy would like the AMHI to support financially if there are additional funds needed for this outreach project. Working on getting an initial meeting on the calendar. Shannon will put together proposal with cost of additional radio ads and email directors for a vote.</p>	Shauna/Shannon
LAC	<ul style="list-style-type: none"> <li>2021 Commissioners report</li> </ul>	<p>Updated membership- Other than Pennington we need membership in all counties. Copy of Commissioners report in documents sent out for the meeting. The group identified the need for Suicide survivor support groups after the Sept 1<sup>st</sup> event in TRF. The group would also</p>	Dawn B.

		<p>like to host their annual Mental Health Awareness fair as well as the additional events in the region.</p> <p>Dawn asked the directors if LAC members should receive a stipend when they table an event. Some members are being reimbursed and others are not. Coordinator will pull the bylaws and send out to the Directors and Dawn.</p>	
Crisis Leadership	<ul style="list-style-type: none"> <li>Quarterly Crisis Leadership updates <ul style="list-style-type: none"> <li>Q3 Stats</li> </ul> </li> </ul>	<p>Established quarterly meetings ongoing. Cheri, Brenda, Miranda &amp; Sarah. Both had representation at the summit in St Cloud. Alluma has set up ongoing Law Enforcement Co-Responding meetings with Polk Sheriff, Crookston PD, Polk SS, Jail, Altru and Riverview. There is a lot of confusion around 988, sounds like it will be implemented by July 2022, but no communication until 2023. We are having difficulties finding placement for children 12 and under.</p>	Brenda & Miranda
Updates	<ul style="list-style-type: none"> <li><b>Round Robin Update from Attending Agencies</b> <ul style="list-style-type: none"> <li>CBHH</li> <li>Sanford</li> <li>Alluma</li> <li>Life Care</li> <li>Ucare</li> <li>BCBS</li> <li>LAC</li> <li>Social Services</li> </ul> </li> </ul>	<p><b>Sanford-</b> the building isn't coming down yet. Someone might be interested in it. IP unit remains at 14 due to COVID. They are experiencing staffing issues. Crisis and NL staffing issues. They are still looking for a professional at NL- offering \$10,000 sign on bonus if they stay 3 years. Miranda did a walk through at the CD residential. Went very well, have a couple of policy updates and then they should be licensed. CD residential 10 beds- medium and low intensity- CoEd- 18 and over (average to 3-6 months) They signed up for MH awareness suicide prevention cohort through the MDH. Schools, Commissioners, LEC, Sanford, etc. they are receiving training from MDH on how they can move things forward.</p> <p><b>Alluma-</b> They finally have their prescriber on board and providing MAT services. They have 4 people on board and working through the procedures of that. They have been awarded a SAMSHA grant. Training and development in our youth providers, this has given us another opportunity to bring on cultural liaisons. LGBTQ, Native American, Hispanic and Somali communities. They also received additional funding from the State for Care coordinators and outreach and support for our healthcare providers- part of the COVID relief package.</p> <p><b>LifeCare-</b> Tim Denney did a response to COVID presentation in their community. Nice response from the community. Integrative BH committee offered MH First aid training and focused on coaches to come to the training. Lifecare is working with Kittson memorial to utilize their prescriber- Amber Deere. Health needs assessment starts in 2022. Jan is retiring as Director of BH January 7<sup>th</sup>. She is going to stay on in a minimum role to be involved in community activities.</p> <p><b>UCARE-</b> Leon has a handouts of support services they offer in MH and substance use department. They are also offering a No-Fee</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Beth N. Dawn B County Directors</p>

		<p>GED opportunity. They have a community outreach team that encourages vaccination, etc. They are looking at expanding this department and are still on working finalizing details.</p> <p><b>BCBS-</b> After the Sept 1<sup>st</sup> event Beth did not have a lot of materials at her booth, but she had info on Learn to Live and they had 5 people join after the event. They were only at 12 so it was a huge boost in membership. Congratulations on the event and we were so proud to be a part of it. Fabulous 5 added to the region.</p> <p><b>Shauna-</b> Renee shared with Shauna that someone that attended the event reached out to Renee for help and is now in treatment.</p> <p><b>LAC-</b> Do members receive stipend when setting up booths? Shannon will look at the bylaws and send out to the Directors. LAC would like to start meeting in person, but need a space that has the equipment to meet virtually for those unable to join in person. We are checking with Sanford to see if we are able to utilize their space.</p> <p><b>Pennington County-</b> Brighter Futures is now open in Pennington County- open for 5 male adults (qualify for housing support (GRH))</p>	
Adjourn	<ul style="list-style-type: none"> <li>• <b>2021 Meeting Dates</b> <ul style="list-style-type: none"> <li>○ AMHI Subcommittee- Dec 8th, 2021 1:00-2:00 via Zoom</li> </ul> </li> <li>• AMHI Board Meeting- Dec?</li> </ul>	<p>Next AMHI board meeting set for December 15<sup>th</sup> 9-12 at Sanford &amp; Zoom. Next subcommittee meeting Dec 8<sup>th</sup> 2021 1:00-3:30.</p>	All