## NW8 Adult Mental Health Initiative Board Meeting MINUTES 9:00 am – 12:00 pm \* September 9th 2020 Sanford BH Center 1<sup>st</sup> Floor- Education Room & Skype

Attended: Karla Langaas, Kathy Johnson, Chris Kujava, Julie Sjostrand, Julie Hanson, Jan Carr, Shauna Reitmeier, Miranda Solem, Shannon Abrahamson, Leon Flack, Heather Bregier, Molly Paulsrud & Beth Nelson

Absent: Ashley Warling-Spiegel, Carrie Serna, Gary Sprynczynatyk, Kristi Nelson, Larry Laudon, Karen Warmack, & Dawn Baumgartner Guests: Tyler Mclynn

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	9:00-9:05	Introductions		Chris K.
Agenda	9:05-9:10	Review Agenda for additions or changes	Chris entertained motion to approve minutes & agenda- Karla motioned, Julie seconded- all aye motion carries	Chris K.
Minutes	9:10-9:20	Review and Approve 8.12.2020     minutes		Chris K.
Open Forum	9:20-9:30	Open Forum for Public	No one from public present	All
Budget	9:30-9:45	Review 2020 YTD Budgets	Miranda said budget is on track as they have been billing Roseau & Pennington 1/12 billings- Julie S and Karla L will follow up with fiscal supervisors to verify bills have been forwarded unto Polk for payment.	Chris K.
Bus Wraps	9:45-10:00	Review & Vote on Bus Wraps	Chris entertained a motion to approve Shannon signing a year contract with Tri Valley for \$1300 Bus wrap on the back of the Crookston bus that runs 12:30-7:30 daily. Julie motioned, Karla seconded- all aye- motion carries. Shannon will send out details to the group once everything has been finalized.	All
Additional Funds	10:00-10:45	<ul> <li>BH Training \$104,607</li> <li>COVID-19 relief package</li> <li>Bethany Homes</li> <li>Other Options</li> </ul>	Bethany Homes- Tyler Mclynn- Currently they have an 18 bed assisted living facility in Fosston that specializes in serving mentally ill. They are adding an additional 12 bed pod which is expected to be completed in Spring of 2021. With the idea of future expansion by gradually adding additional 12 bed pods. Karla is very interested in this model and believes it is up to the counties to advocate for them. Training is the one area they have missed and is asking the AMHI to host a BH Training for his staff- Specialized training in Behavioral Health- will allow additional certification- which in return will be additional compensation for staff and puts them in a better place. Tyler will reach out to all the employees & will reach out to Shannon with numbers for training. Venues in Fosston- Ventures, Civic or Embassy Center Jan will run pass infection control to see if they can host a training.	All

			Shannon will reach out to contacts received from Victoria to	
			see if there is still interest in the training. Sanford- 25 per session and two sessions.	
Q2 Crisis Stats	10:45-11:00	Review Q2 Crisis Stats	Shannon will send out 2019 trending data for the group to	All
QZ UISIS SIdis	10.45-11.00	Review Q2 Crisis Stats	review.	All
Updates	11:00-11:45	<ul> <li>Round Robin Update from Attending Agencies         <ul> <li>CBHH</li> <li>Sanford</li> <li>NWMHC</li> <li>Life Care</li> <li>MCO-Ucare</li> <li>MCO-BCBS</li> <li>DHS</li> <li>LAC</li> <li>County Social Services</li> </ul> </li> </ul>	Miranda- NL does not have a GRH component anymore. They are no longer considered a GRH facility. Substance abuse, IRTS and Crisis residential receive 90 days of eligibility. They hired an LICSW to be housed at medical clinic and they have a couple other offers out to others. They are licensed for 16 beds, but have reduced to 14 with COVID. Shauna- Full Capacity at Northwestern Apartments. Still utilizing room to quarantine. Couple issues with the Crisis line and Midcontinent. Changes around the Commitment law that was recently updated- Examiners in terms of signing holds. It allows Professional's to sign a hold. Engagement piece- optional for the counties to be involved. Would like to discuss further at next Crisis Leadership meeting. Heather- Timeline for when the transport old expires- 12 hours Jan- LADC is trying to build up her clientele. She is currently only providing individual work- no groups at this time. Renee Sanvick. Leon- No major changes- they have been emphasizing to their members the importance of keeping their vaccinations up to date. Sending out a lot of mailings to remind members they are a resource. Beth- DHS has announced Metro RFP will drop before Greater MN. Learn to live launch that happened in August- they have 6 people in the program thanks to county referrals. IPAD program- they are still on backorder for expansion of telehealth. If there are any apps that are available to add to the Ipads- please let Beth know so she can add the app for local resources. More to come as it progresses- Training counties this fall on how to use each of the apps. Shannon- LAC & HOPE Coalition teamed up to promote the #take5tosavelives campaign. Sept 10 <sup>th</sup> is World Suicide Awareness month. Shannon is encouraging everyone to go to <u>www.take5tosavelives.org</u> and take the 5 steps.	Larry L Miranda S Shauna R Jan C Leon F Gary S. Ashley S Dawn B County Directors
Adjourn	11:55-12:00	<ul> <li>2020 Meeting Dates         <ul> <li>Subcommittee Meeting</li> <li>October 14th 2020 1:30-3:30</li> <li>Sanford</li> </ul> </li> </ul>	Next meeting November 18 <sup>th</sup> since November 11 <sup>th</sup> is Veterans day. Shannon will communicate the change to the group.	

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12:00 Sanford & Skype	