

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * September 13, 2023
Sanford BH Education Room & Zoom

Attended: Chris Kujava, Kathy Johnson, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Karen Warmack, Jane Wilka-Pauly, Randy Beggs, Karla Langaas, Danielle Jeffrey, Nancy Rhen, Dawn Baumgartner, Renee Sandvick, Kristie Nelson, Denise Gudvangen, Monica Yeadon, & Renee Farrow

Absent: Rachael Kangesier, Molly Paulsrud, Lynell Popowski, Sheila Fontaine, Julie Hanson, Jode Freyholtz-London, Steffane Prestidge, Larry Laudon, Heather Bregier, Jason Russell & Victor Obisakin

Guests: Lake Braaten, Mental Health Minnesota

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and approve 7.12.2023 minutes & 9.13.2023 agenda. 	Kathy made motion to approve minutes and agenda, Nancy seconded, all aye- motion carries.	All
Budget	<ul style="list-style-type: none"> Review 2023 budgets ARPA Funding- IPAD Grant contract updates AMHI MHFBG- updates 	<p>Received fully executed contract for Ipad grant from DHS. Will work with Alluma & Sanford to execute their contracts to bring to the board in October.</p> <p>We still have not received Amendments for the MHFBG, but DHS has communicated they will give an update at the Statewide meeting on 9.14.2023. We will need to report out by September 30th if we receive the first round AMHI MHFBG- so each county will need to communicate with Randy to submit in time.</p>	All
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one present from the Public	Public
Services/Resources	<ul style="list-style-type: none"> Mental Health Minnesota 	<p>Lake Braaten- Mental Health MN gave overview of services they have to offer to MN residents.</p> <p>With all the warmlines and crisis lines available, do we look at adding them to the back of our crisis cards?</p> <p>What are the stats for the 988? Lake will pull the stats and share them with the AMHI.</p> <p>The FCC hasn't given 988 access to ping off towers which is causing issues when individuals call/text 988 and have a different area code in our region. Shannon will send invite to Senator Johnson, Representative Kiel & Burkel. Tanya Carter @ MDH, and Director of 988 Hub in Fargo to discuss.</p>	Lake Braaten
Bridges	<ul style="list-style-type: none"> Bridges funding 	Denise gave update that \$915.07 is left in Bridges as of 9.5.2023. She has received two more requests since the report was submitted so has	Denise G

		<p>brought the funding down to roughly \$87. She still has max set at \$1000 per year- not calendar year- 1 year since they last accessed funds. If it continues to trend as it has bridges would need an additional \$14,040 to get through the year. Board agreed once funding is spent, it is gone- but encouraged Denise to reach out to counties if needed. Do we need to set some rules to Bridges? We already have policies and guidelines in place at SS, let's not reinvent the wheel, let's utilize what we already have in place for this funding stream as well.</p> <p>Denise will pull together a timeline chart of all the grant funding her team manages so the group can get a full picture of all the funding out there.</p>	
Crisis	<ul style="list-style-type: none"> • Leadership updates • NW8 Mobile Crisis Response Handout <ul style="list-style-type: none"> ○ Blue- added ○ Yellow- more detail? 	<p>Change in Crisis leadership – Christi Wisk is no longer with Alluma so they are working on filling her position. They continue to hold monthly meeting with Sanford, Karla and Karen. Brief data available Calls- 194 in July, 202 in August, because of staffing changes they have had to close the doors to their stabilization unit. Marshall county meetings are still happening which has helped in that county.</p> <p>Briefly reviewed Crisis response handout, but Board would like to review further before a vote is brought forward. We will move to November meeting for approval.</p>	Brenda P Miranda S Chris
Outreach	<ul style="list-style-type: none"> • BE THE VOICE- TRF (Recap) • eRACE Stigma Community Walk-Crookston <ul style="list-style-type: none"> ○ September 16th @ Noon <ul style="list-style-type: none"> ▪ Guest speaker: Sandy Kovar- Tears Founder • WITW Annual Pre-Conference & Conference <ul style="list-style-type: none"> ○ September 28th & 29th <ul style="list-style-type: none"> ▪ CEU's for MH Peers 	<p>BE THEN VOICE- about 200 came through the booths. 90 attended the walk and 120-130 people stayed for the speaker. John Peter- Coach of the year. The school donated the meal, school, and time. Suggestions- more marketing and Flyer out sooner would be great.</p>	All

Bylaws	<ul style="list-style-type: none"> Review & approve bylaws 	Karla made a motion to approve bylaws with updates discussed at meeting- change quorum to Minimum of 5 and add Marshall in rotation Kathy seconded, all aye- motion carries.	All
Updates	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> Sanford Alluma Life Care Ucare BCBS Medica WITW NWRTCC LAC Social Services AMHI Coordinator- 	<p>Sanford- They have been remodeling rooms in their ED, they currently have one room that is a safe observation room. Once the project is complete, they will have two safe rooms in their ED. They are equipped like their inpatient rooms but are in the ER. They are losing a Psychologist in September- they added their Psych NP on to their On Call rotation. Dr Arterman is no longer here. They did redistribute his clients to others. There is not an actual suboxone clinic in TRF, but there is a provider that has taken over for the time being. NL is low census for IRTS, long waiting list for therapy.</p> <p>Alluma- NWA 11 out of 12 beds filled. Foster care is the same. SAMSHA grant ends September 30th. Waitlist- Outpatient 156, School, 68, peer 7 Family therapy is 31.</p> <p>There is a workgroup working around how they can add flexibility around practitioners providing more independent work</p> <p>For everyone part of the NW council of collaboratives family partners for peers the child used to have to be tied to CTSS, now they just need to have a MH dx.</p> <p>Shauna attended the office of broadband development. The State will be receiving funding in 2024- they are looking at offering grants to counties, providers, schools, etc. to connect people with the resources, tools, and skills. Broadband funding</p> <p>Tammy- CFO is retiring the end of this year. Racheal Kangesier will move into her role.</p> <p>Ucare- They participated in the Mental Health Day at the State Fair. They are also participating in the NAMI walk on September 23rd. They are in the process of interviewing for Housing specialist and a liaison counterpart to Leon. They are currently identifying candidates for the VP position.</p> <p>BCBS Commercial- they are adding Peer support for an added benefit starting in January 2024.</p> <p>LifeCare- Paula Hedlund is the new supervisor. They have a speaking engagement in October. Will have a second NP up and running by early next year.</p> <p>Medica BH- when you call into care advocacy center they are all independently licensed and are able to assist someone if they are in a crisis. They also have it embedded in their software to pull up local crisis numbers from where the patient is calling from shall they need to refer them on.</p>	All

		<p>WITW- Monica Yeadon, Director for Peer support network- they had the highest volume participate in our region last month– serving 10 from the NW8. They are hosting their first JEDI series today @ 1:00.</p> <p>LAC- Has been busy and involved with a lot of events. Recruitment in full swing. Inviting Public Health and VA's.</p> <p>Can we accept donations at the LAC. Shannon will check with the State to see if the LAC is able to accept donations.</p> <p>Norman- Alluma and Norman had their second meeting. Nancy is very appreciative of Alluma for facilitating the conversation with their community partners to figure out how to move forward with providing more preventative work in their county.</p> <p>Kittson- Kathy is currently in dual roles at the county so Chris has agreed to move into chair for the remainder of this year.</p> <p>Pennington- They should be moving into their new space by December/January.</p> <p>Coordinator- AMHI Statewide meeting tomorrow 1-3:00, there will also be a MH awareness expo, outdoor games, kool kreations and watermelon station at the eRACE stigma community walk on Saturday.</p>	
Adjourn	<ul style="list-style-type: none"> AMHI Board Meeting: November 8th, 9:00-12:00 @ Sanford Behavioral Health & Via Zoom- Conflict with MACSSA 	We will move the next board meeting to November 29 th from 9-12 as November 8 th conflicts with MACSSA.	All