



**Mission:**

Through collaboration and education, the NW8 Adult Mental Health Initiative fosters an array of community mental health services that meet the diverse needs of our region.

**Vision:**

A thriving community in which lives are saved, and residents feel supported in their mental health well-being.

**Goals:**

Understand the impact the AMHI is having on individuals served through funding, services, and partnerships-Educate communities in NW Minnesota on mental and behavioral health issues and the impact of the AMHI-Improve AMHI operational effectiveness-Maintain our commitment to collaboration with service partners across the region

**NW8 Adult Mental Health Initiative Board Meeting**

**Minutes**

**9:00 am – 12:00 pm \* September 10th, 2025**

**Sanford BH Education Room & MS Teams**

**Meeting Facilitator:** Chris Kujava

**Attended:** Julie Hanson, Julie Sjostrand, Shannon Abrahamson, Karla Langaas, Monica Yeadon, Danielle Alida, Melissa Lennon, Nancy Rhen, Miranda Solem, Brenna Olson, Brittany Swenson, Jan Carr Herseith, Kristi Nelson, Karen Warmack, Brenda Pauley Colter, Leon Flack, Jeanna Kujava, & Sheila Piipo (NAMI)

**Absent:** Tim M- WITW, Paula Hedlund, Denise Gudvangen, Shauna Reitmeier & Renee Sandvik

**Guests:** Nystrom & Associates, Angel Pylka

Prairie St John's, Marita Payla

- 9:00-9:05 Introductions
- 9:05- 9:10 Review & approval of 9.10.2025 agenda
  - Julie S made a motion to approve the agenda, Kristi seconded, all aye motion carries.
- 9:10-9:15 Review & approval of 7.9.2025 meeting minutes
  - Karla made a motion to approve the minutes, Kristi seconded, all aye motion carries.
- 9:15-9:45 Nystrom & Associates, Angel Pylka
  - Opened their clinic in EGF two years ago June.
  - They have 59 clinics throughout the 5 States (IA, MN, MO, ND, and WI)
  - Current waitlist is nonexistent
  - 54 Bed SUD Residential Treatment Facility- Big Lake
  - Therapy- Individual, group, couples, family & children
  - Psych & Med management
  - DBT
- 9:45-10:15 Prairie St John's Presentation, Marita Payla
  - They have 132 inpatient psychiatric hospital beds for children, adolescents & adults
    - 44 Child & adolescent
    - 88 Adult
    - 48 supportive housing beds
      - Short walk away from St Genevieve's
      - Available to adults in both mental health or SUD in their Partial Hospitalization Program
  - Opened their new hospital in 2023.
  - They offer full psychiatric & addiction continuum of care.
  - They provide care for the upper Midwest from Montana, Iowa, Wisconsin, North Dakota & South Dakota.
  - Families of Children can stay at the Ronald McDonald House.
  - Educational component offered to all through age 17.
  - AA meetings offered to all adults - Thursday's at 7pm.
  - Average stay is 7-10 days

**Serving Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties**



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- First link Care provides follows up calls
- Discharge planning starts at admission
- You are not required to go through the ED to receive prior auth before seeking care at PSJ. You can walk into their intake department or call 701.476.7200
- They can accept children ages 5 and up
- St Genevieve's Place at PSJ offers outpatient mental health & substance use treatment
- In network with most all major insurances, including ND& MN MA, Medicare & BHF.
- Marita can pull data for us and would like to collaborate with this group to streamline care.
- 10:15-10:45 988 Partnership & Promotion Discussion
  - Group discussed marketing strategy around 988. They agreed that the HOPE Coalition and other groups can advertise how they would like but agree that we should market 988 as a warmline. Work on educational marketing on when you should call the regional crisis line versus 988.
  - First Link does take calls for another regional Crisis line in MN.
- 10:45-11:15 Budget Review
  - 2025 AMHI Budget
    - November 12<sup>th</sup> meeting- bring numbers from fiscal officers. No concerns about spending currently.
  - 2025 Crisis Budget
    - Alluma may be underspent in the Crisis budget this year. They will let us know asap once they have an idea of how much.
  - 2025 Outreach Budget
    - Juettner Marketing
      - Shannon requested to move \$1000 from Sponsorship line item to Juettner marketing to continue to make the adjustments to the website as well as post weekly on our FB page and website, Chris made a motion to approve, Kristi seconded, all aye- motion carries
- 11:15-11:45 NW8 AMHI Strategic Plan & Goals updates
  - Goal #1: Understand the impact the AMHI is having on individuals served through funding, services, and partnerships
    - Data gathering updates
      - Chris, Patrick and Shannon have been meeting to figure out how to collect the hospitalizations. We are piloting this in Marshall County and goal for regional go live will be January 2026.
  - Goal #2: Educate Communities on mental & behavioral issues and the impact of AMHI
    - Website header- review
    - Movie Theatre Ad- need volunteers
      - Direct Access channel.
      - Target population- Diversity
  - Goal #3: Improve AMHI operational effectiveness
    - Schedule discussion with Directors about Bylaw's



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- Shannon will schedule a meeting with the Directors to review operations, membership, and voting rights.
- Goal #4- Maintain our commitment to collaboration with serve partners across the region
  - Organically happening
- 11:45-11:55
  - Partner Updates
  - Alluma- Mobile Crisis has moved to Bruce Street, closing on a second home for foster care. Doubled foster care from 4-8beds. NWA from 12-18 beds. Joan Tronson will be leaving Alluma September 30<sup>th</sup>.
  - Lifecare- started CTSS at the Warroad school in 2024. They are now starting in the Roseau this year- 2 therapists on site.
  - Sanford high acuity unit is closed. On target to be down until mid-October.
  - Altru- You do not need to call One Call anymore- you can now call their intake department at 701-780-3440. They are currently dealing with staff shortages.
- 11:55-12:00 Adjourn
  - Meeting adjourned.
  - Next Statewide Meeting: Thursday, September 18th, 2025, 1:00-3:00
  - Next meeting: November 12<sup>th</sup>, 2025, 9:00-12:00