

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* January 12, 2022**  
**Sanford BH 1<sup>st</sup> Floor & Zoom**

**Attendees:** Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Lynell Popowski, Shauna Reitmeier, Karla Langaas, Randy Beggs, Nancy Rhen, Jode Freyholtz-London, Gary Sprynczynatyk, Jason Russel, Julie Hanson & Renee Sandvick

**Absent:** Karen Warmack, Heather Bregier, Dawn Baumgartner, Beth Nelson, Molly Paulsrud & Larry Laudon

**Guests:** Senator Mark Johnson & Representative Deb Kiel

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> <li>Review and Approve 1.12.2022 Agenda &amp; 12.15.2021 Minutes</li> </ul>	Nancy made a motion to approve agenda and minutes, Julie S. seconded, all aye- motion carries.	All
Reform Funding Formula	<ul style="list-style-type: none"> <li>Open discussion with Legislators <ul style="list-style-type: none"> <li>Per Capita rate is based on 2010 census adult population 18+ (68,281)</li> <li>\$21.29 to \$14.13 (-\$7.16) 30% cut/ capita</li> <li>All data sources are reliably updated to recalibrate the allocations as new data becomes available</li> <li>Effective 2025-2026 funding cycle</li> <li>Current grant \$1,453,914/year</li> <li>New grant with reform rate \$964,810</li> <li>\$489,103 potential decrease in funding</li> </ul> </li> </ul>	<p>Open discussion surrounding preliminary AMHI reform proposal</p> <p>Shannon will pull trending data from outcome and crisis data over the past few years and send to Representative Deb Kiel and Senator Mark Johnson.</p>	All
Budget	<ul style="list-style-type: none"> <li>Review 2022 Budget</li> </ul>	<p>Crisis team is stating we cannot carry over funds from year one. We are still able to carry over dollars in the AMHI grant as we have in the past.</p> <p>Sanford will bill Roseau &amp; Pennington Counties for CSP. All other Counties will receive bill from Alluma.</p>	All
Funding Request	<ul style="list-style-type: none"> <li>Wellness in the Woods \$12,000 Virtual Peer Services Support Funding Request- Vote</li> </ul>	<p>Dawn Baumgartner has been hired and will be joining Wellness in the Woods in March to help with their outreach efforts.</p> <p>Kathy made a motion to approve \$6000 for VPSN and revisit at the July Budget meeting with the expectation of WITW coordinating care with our Crisis teams and providers, Julie seconded, all aye- motion carries. The AMHI will be funding the Virtual Peer Support Network in our region. Jode will type up the language in the contract and work with Kathy. Group agreed to move funds from outreach budget to Virtual peer support line item for Wellness in the Woods. Shannon will set up meeting with Randy to go over updates.</p>	All

Open Forum	<ul style="list-style-type: none"> <li>Public Open Forum</li> </ul>	No one here.	Public
Subcommittee	<ul style="list-style-type: none"> <li>Educational Pathway updates</li> </ul>	Group is moving forward with a small grant (under \$50,000) with NCTC and will be creating a curriculum for the region. We may be able to utilize some of the Outreach/training dollars to send county staff to the workshops.	All
Bylaws	<ul style="list-style-type: none"> <li>Review &amp; Vote on updated Bylaws</li> </ul>	Julie S made a motion to approve Bylaws with updates under fiscal host responsibilities to reflect language in the Grant monitoring policies. Nancy seconded, all aye- motion carries. Shannon will update and send out to the Directors for Signature.	All
Updates	<ul style="list-style-type: none"> <li><b>Round Robin Update from Attending Agencies</b> <ul style="list-style-type: none"> <li>CBHH</li> <li>Sanford</li> <li>Alluma</li> <li>Life Care</li> <li>Ucare</li> <li>BCBS</li> <li>LAC</li> <li>Social Services</li> </ul> </li> </ul>	<p>Sanford: No new staff hired at this time. They have COVID at NL so they have to halt admissions for two weeks, but if you do have a referrals please still send in. IP Bed availability has been extremely difficult lately.</p> <p>Alluma: Having a community response to crisis- having meetings to discuss how we address crisis moving forward. Using the intercept model as the framework on how to develop the crisis response system. Then replicate in every county. Care and Share, LEC, County &amp; Alluma. Care Coordinator Supervisor just came on board- cultural liaison positions are posted. Crisis team is fully staffed. Licensed Psychologist is moving on to another opportunity, so they are looking at hiring for this position or work with someone to potentially contract for this service. Care coordination: this group will not see a huge impact initially as they have a lot of work to do internally initially. Community response: Tri county corrections- look into prescribing practices. Alluma will be opening several Co-located satellite clinics in the coming year. Looking into where they will be and what will that look like. This would be full time and long term presence of Alluma.</p> <p>LifeCare: Just transitioning with Jan retiring. 3 full time staff. They serve Warroad one day a week and telehealth the other days. Looking at advertising. They are not currently filling Jan's position. Jan will remain on very part time and her focus will be community wellness work.</p> <p>Ucare: they implemented a new claims processing system. Hopefully everything will be much smoother for those that are billing us. Mental Health and Substance area: hiring care</p>	<p>Larry L Miranda S Shauna R Jan C Leon F Beth N. Dawn B County Directors</p>

		<p>management and coordination staff. BE THE VOICE- Ucare will be there and they are financially supporting the event as well. S</p> <p>BCBS: *Effective 01/01/2022, Blue Cross offers a new Behavioral Health service for members, where Blue Plus members can call Member Services for assistance to find Behavioral Health Providers, schedule appointments, and be able to access meaningful care. This service is available 8am – 5pm Monday through Friday. After hours, Members can leave a message and a Care Manager will follow-up the next business day. Dial 651-662-5545 or 1-800-711-9862 and ask to be referred to a Behavioral Health Case Manager.</p> <p>For urgent crisis support, members can call the Behavioral Health Crisis Line: 844-410-0745</p> <p>*Blue Plus is sponsoring “Compassion Fatigue” training for county health and human services staffs, featuring writer and speaker Patricia Smith for these wellness webinars. We are hopeful that these webinars provide strategies and tools that can help attendees improve their own well-being as they support our mutual members. *There are no CEUs available. All sessions are over the Noon hour:</p> <ul style="list-style-type: none"> <li>*January 26 (Wednesday)</li> <li>*February 24 (Thursday)</li> <li>*March 30 (Wednesday)</li> </ul> <p>Contact Beth Nelson and/or I if you would like more information and the registration links.</p> <p>*Blue Plus is also sponsoring at least three more sessions for the N.E.A.R. Science (ACEs) Training for county employees and partners that work with youth. CEUs available. 5 ½ hours (10am – 3:30pm) The 2021 sessions were full! The 2022 dates are:</p> <ul style="list-style-type: none"> <li>• February 14 (Monday)</li> <li>• March 22 (Tuesday)</li> <li>• April 8 (Friday)</li> </ul> <p>(Neurobiology, Epigenetics, ACES, Resilience = helping create self-healing communities.)</p> <p>Training link: <a href="https://familywiseservices.org/Understanding-NEAR-Science-and-Historical-Trauma-Free-Workshop">Understanding NEAR Science and Historical Trauma (Free Workshop) - FamilyWise (familywiseservices.org)</a></p> <p>LAC: Working on the BE THE VOICE Event in April and implementing their 2022 work plan.</p>	
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Adjourn	<ul style="list-style-type: none"> <li>• <b>2022 Meeting Dates</b> <ul style="list-style-type: none"> <li>○ AMHI Subcommittee- January 24, 2022 11:00am-12:00pm via Zoom</li> <li>○ AMHI Board Meeting- March 9, 2022 9:00am-12:00pm Sanford BH &amp; via Zoom</li> </ul> </li> </ul>		All