

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* July 13, 2022**  
**Sanford BH Education Room & Zoom**

**Invited:** Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Karla Langaas, Nancy Rhen, Dawn Baumgartner, Karen Warmack, Beth Nelson, Jane Wilka-Pauly, Jason Russel, Larry Laudon, Heather Bregier, Julie Hanson, Gary Sprynczynatyk, Renee Sandvick Randy Beggs, Jode Freyholtz-London, Molly Paulsrud & Lynell Popowski  
**Guest:** Steffane Prestidge- Sharehouse

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> <li>Review and Approve 5.11.2022 minutes &amp; 7.13.2022 agenda</li> </ul>	Karla made a motion to approve 5.11.2022 minutes and 7.13.2022 agenda, Nancy second, all aye, motion carries	Kathy
Budget	<ul style="list-style-type: none"> <li>Review 2022 budget</li> <li>Alluma &amp; Sanford HCSB FMAP funding proposals \$265,157</li> <li>Wellness In the Woods funding request</li> </ul>	<p>We are on track with the budget.</p> <p>Alluma had an internal conversation about how they would utilize this funding. They are proposing to turn one apartment into a private space to utilize for individual therapy, smaller groups, and a space for stabilization when a client in crisis at NW apartment. They will also have some construction costs to carve out more storage space and telehealth spaces.</p>	Randy Brenda/Miranda Jode
Sharehouse	<ul style="list-style-type: none"> <li>Overview of services offered</li> </ul>	Sharehouse- CD and MH therapies. GF facility just opened in January. Patient centered approach. They do not need to stay 30, 60, 90 days, whatever works best for the client. Main goal is to get clients connected to help. They have 97 beds and GF has 16 beds. They serve both male and females. Staffane will send out more information to the group after the meeting.	Staffane P
Crisis Leadership	<ul style="list-style-type: none"> <li>Crisis Response Services open discussion <ul style="list-style-type: none"> <li>Somewhere to call <ul style="list-style-type: none"> <li>988 Update</li> </ul> </li> <li>Someone to respond <ul style="list-style-type: none"> <li>Polk County Crisis Response Flow Map</li> </ul> </li> <li>Someone to Follow up <ul style="list-style-type: none"> <li>Stabilization Services</li> </ul> </li> </ul> </li> </ul>	988 has been a bit of a mystery. Go live is set for July 16 <sup>th</sup> , but we are not confident the state is ready, so NW8 is still pushing the local Crisis line and CTL. 988 has both call and text capability. No mobile response. Does not replace 911. Housed by volunteers. There are regional call centers throughout the State and ours is located in Fargo. 988 will go based off of the area code. The concern with this is if someone got a cell phone when they lived in the cities and moved to our region, their calls would be routed to the call center in the metro area. The goal is to have some chat and text by July and are planning on doing a warm handoff to our local Crisis teams. We are not sure what that will look like yet There will be a gap from 988 go live to when the State will be promoting it. Tentative date July 2023. Alluma/Sanford will work on building relationship with FirstLink (regional call center) throughout the next year. They will continue to update us as things progress. Don't drop your Crisis Cards and continue to promote the local crisis line. Let us know your experiences once it goes live.	Brenda/Miranda

		<p>Community Flow map- Called 911, assessment, deputy, determines response, on site, ED, notify ED, LEC ED report, medical clearance, Crisis Notified, Screening, assessment, Safety plan, home or bed. ED is only focusing on medical, labs, etc which is racking up a lot of expense for our patients. If we can figure out how to eliminate ED, we would eliminate expense and time. They are meeting once a month and have created small work groups to dive deeper into the community crisis response. We have so few and far between to make it a process. Sanford has worked with LEC, but there are so few that happen that it is hard to streamline a response and it is tough for anyone to go into a home, especially alone. We have so many issues with having to route people through the ED if they are going to be placed. We need to engage Social Services more into the community response as well. This is a team effort.</p> <p>Where do we go from here? Dawn will bring this discussion back to the LAC to talk about what they would have liked to have seen in a Crisis situation. Why are we not doing mortality reviews when there is a suicide? What can we be doing in Roseau County?</p> <p>LAC feedback- Can we have a Peer Support specialist on the team to talk to the person in Crisis? Alluma and Sanford would like to bring more Peer support specialists on board.</p> <p>Stabilization is short term- 5 to 7 visits.</p> <p>Why don't we send patients to a MH Health Coach? We have Health Coaches for everything else, why are we not seeing MH coaches? Education, in the communities. Wellbeing educational- prevention piece.</p> <p>Our highest risk population is middle aged men. Men Shed- look into...</p> <p>Miranda would like to create a work group with Roseau County to look at the Community Crisis response in that community. Dawn will bring back LAC perspective to next meeting.</p>	
Open Forum	<ul style="list-style-type: none"> <li>Public Open Forum</li> </ul>		Public
Outreach/Trainings	<ul style="list-style-type: none"> <li>Be Here Tomorrow- Kevin Hines 8.23.2022 TRF <ul style="list-style-type: none"> <li>Registration deadline 8.1.2022</li> <li>Looking for partners to table at MH Expo</li> </ul> </li> <li>Fertile safeTALK training- TBD</li> <li>eRACE Stigma 5K- Crookston 10.1.2022</li> </ul>	Shannon will create a follow up survey with a QR code. With incentive to get people to engage in the survey.	Shannon
Updates	<ul style="list-style-type: none"> <li><b>Round Robin Update from Attending Agencies</b> <ul style="list-style-type: none"> <li>CBHH</li> <li>Sanford</li> <li>Alluma</li> <li>Life Care</li> <li>Ucare</li> <li>BCBS</li> <li>LAC</li> </ul> </li> </ul>	<p>Ucare- Leon will be at BE THE VOICE in TRF. He may bring his wife with as well. MH day at MN State Fair- Ucare will be present there as well. They have two housing specialists on board to help server members.</p> <p>LAC- Getting ready for the event. Have ordered more swag and have added a piece that has their logo on it. Their membership is down. They have attempted to go back in person, but has not been successful. They are moving to meeting in person twice a year which their first in person will be in October. We will also be voting in new officers.</p>	Brenda/Miranda

	<ul style="list-style-type: none"> <li>○ NWRTCC</li> <li>○ WITW</li> <li>○ Medica BH</li> <li>○ Social Services</li> </ul>	<p>Sanford- In the process for hiring a professional for NLCR. She will be providing therapy on site at NLCR for clients, unless the client already has an established relationship with a provider at their outpatient location. She is set to start in August or September. They also hired a nurse for NLCR. They lost another provider a few weeks ago. She does not believe they are accepting new clients at this time. Med management is not as overwhelmed. Renee Sandvick from LifeCare is going to be one of the teachers for the NCTC curriculum that was developed.</p> <p>Alluma- Two day CD summit in September. Warroad event BE THE VOICE. Max foundation is presenting project 11 to the regional school districts (Conway) Dr Harsh is stepping down, so they are currently contracting with an outside company. They have had to put a pause on new clients. There is a lot of burnout, so they currently are not taking new clients. They are looking at how to best utilize the practitioners in the school districts. Rather than calling in the Crisis line. They are imbedding peers in more of their programs. They currently only have them imbedded in Adult services. They will have a Peer specialist recovery in SUD program as well. They are looking at satellite clinics. Open small clinics throughout the region and are currently assessing data. They are looking into Ada for their first clinic. This clinic will have 2-5 offices and an access specialist. Face to face and have the technology there to visit with their provider via telemed.</p> <p>Lifecare- They have 3 fulltime providers and Amber Deere working with them from Hallock, she also provides genetic testing. They have another prescriber lined up to come work for them in the next year. Busy as always. Jan is still working very part time.</p> <p>BCBS- Beth sent the recent copy of their voucher to receive a \$25 gift card if you see a provider within 7 days of an inpatient stay. They meet as a leadership team every other week. They are still struggling how they are going to handle renewals. They are looking at extending through October. There are about 400,000 residents that may or may not qualify anymore in a short period of time. No longer will be eligible. If the Health Emergency ends in October. They will send a notice to each member that renewals are starting. With following up mailings each month. Just for Blue Plus they are projecting 16,000-18,000 that will lose eligibility. DHS get interenet.gov can get \$30/month help towards internet and \$75 per month if you live on tribal land.</p> <p>Medica BH- Jane will be at the next meeting in person. They are expanding their intensive community based program. Short term program for folks that continue to struggle. 6 month short term very focused program. She is thinking they will be here in October for the community walk.</p> <p>WITW- Expanding recovery community services. 2000 calls monthly with warm line. She is looking for additional funding for the remainder of the year. Dawn is now a Peer Support specialist and a WRAP facilitator.</p>	
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Crisis Marketing	<ul style="list-style-type: none"> <li>Review Crisis Marketing Redesign/ HOPE Coalition</li> </ul>	Shannon will remove the HOPE Coalition from all marketing materials.	All
Adjourn	<ul style="list-style-type: none"> <li><b>2022 Meeting Dates</b> <ul style="list-style-type: none"> <li><b>AMHI Board Meeting</b> 9.14.2022, 9:00-12:00 Sanford Behavioral Health &amp; Via Zoom</li> </ul> </li> </ul>		All