

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * March 9, 2022
Sanford SE Clinic (Hwy 59) & Zoom

Attended: Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Karla Langaas, Randy Beggs, Nancy Rhen, Jode Freyholtz-London, Dawn Baumgartner, Julie Hanson, Karen Warmack, Beth Nelson & Jane Wilka-Pauly
Absent: Gary Sprynczynatyk, Jason Russel, Molly Paulsrud, Larry Laudon, Heather Bregier, Lynell Popowski & Renee Sandvick,

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 1.12.2022 Minutes & 3.9.2022 Agenda 	Chris made a motion to approve minutes, Julie S seconded, all aye, motion carries. Chris made a motion to approve agenda, Karla seconded, all aye, motion carries.	Kathy
Bridges	<ul style="list-style-type: none"> NW8 AMHI Bridges fund update 	<p>Bridge funds were utilized more than anticipated last year. All but Kittson County accessed funds and were able to serve a great number of people. We have already received almost \$10,000 in funding requests this year and are afraid of funding depleting early in the year. Crisis housing funds that normally helped with housing assistance has not been accessible. The State is working with a new vendor, but at this point in time they are not sure when they will be able to utilize the funding.</p> <ul style="list-style-type: none"> Do we keep the maximum per household at \$1000 or do we consider lowering it? Yes- keep at \$1000, spend as is and hopefully with the surplus there will be back fill to assist in this area. Would we ever want to consider allowing a higher maximum for anyone requesting funds that normally would have been paid by Crisis Housing Funds until the Crisis Housing Funds become available again? No- there are other funds out there they can utilize through SS. In the past and thus far this year, only requests where the individuals would be able to maintain thereafter have been allowed; however last year, we allowed situations where it wasn't always clear that the individual would be able to maintain thereafter. Do we continue to stick with funding situations where the individuals will be able to maintain or do we open it up to assisting individuals where it may be less certain if they will be able to maintain? Set up a plan with clients to assure they are able to maintain. 	Denise G.
Budget	<ul style="list-style-type: none"> Review 2022 Budget 	Randy pulled 10 claims from Sanford and Alluma for 2021 and everything was appropriate for how they billed. Grant monitoring	Randy

		for 2021 is complete. Randy will file grant monitoring paperwork for the AMHI.	
Updates	<p>Next Statewide Meeting: March 16, 2022 1-3pm</p> <ul style="list-style-type: none"> Join via WebEx Webinar number 2482 190 3201, Password: AMHI or by phone 1-855-282-6330 Access code: 248 219 03201 <p>Each AMHI region will receive a total of \$265,157 from HCBS FMAP funding. These are one-time funds and must be spent by March 31, 2024. Funds are approved for the following infrastructure building activities:</p> <ul style="list-style-type: none"> Hiring a dedicated AMHI Coordinator Renovating a facility that provides Community Support Program and/or other mental health rehabilitative services Purchasing technology to allow for continued use of telemedicine services in diverse communities Purchasing a vehicle for assisting individuals with accessing necessary rehabilitative services Training staff to better meet the needs of diverse communities <p>More information will be shared with designated AMHI contacts in the next few months to begin the contracting process.</p> <p>Next steps in AMHI reform:</p> <ul style="list-style-type: none"> June through December 2022: In partnership with AMHI stakeholders, develop implementation plan for new formula allocations February 2023: Release final implementation plan and announce formula-based allocations. Note: regional allocations are subject to changes brought about by any change to AMHI fund April 2024: Release AMHI grant plan application for the 2025-2026 funding cycle January 1, 2025: First contract round for formula-based allocations begins 	<p>Next State meeting is set for March 16th from 1-:300. Shannon sent out a meeting invite to the group.</p> <p>HCBS Funding- Alluma and Sanford will put together proposals to utilize the funding and will send to Shannon to compile. We will need proposals by our next board meeting as the application process will begin late spring/early summer.</p> <p>BCBS teamed up with Alluma and are putting on a Red Carpet event on May (14th) to address health equity, racial equity and social justice. Celebration is to get to know the Latin X community and then begin moving forward with the supports and needs. Victoria from PCSS is leading and shaping the thinking for this project.</p>	Kathy
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one present from the public	Public

Subcommittee	<ul style="list-style-type: none"> Educational Pathway updates 	We got approved for the funding. Next steps will be to find an instructor and develop the curriculum.	Shauna/Miranda
Outreach/Trainings	<ul style="list-style-type: none"> safeTALK training March 15, 2022 10:00-2:30pm <ul style="list-style-type: none"> Legacy Center, TRF Creating a Caring Community March 20, 2022 @ 5:00pm <ul style="list-style-type: none"> Marshall County Central Schools- Newfolden BE THE VOICE- April 26, 2022 5:30-8:30 <ul style="list-style-type: none"> Gardens Arena- Warroad Vote on T-shirt color Let me know if you are interested in having a booth at the Expo Be Here Tomorrow- Kevin Hines CLICK HERE TRF <ul style="list-style-type: none"> Vote on Date; August: Tuesday 23rd, Thursday 25th 	<p>Kevin Hines is an American suicide prevention speaker who attempted suicide by jumping from the Golden Gate Bridge in San Francisco, California. His story gained major media coverage and he has since become an activist promoting suicide prevention.</p> <p>DHS has announced they will be ending contract with CTL.</p> <p>Shannon will secure August 23rd for Kevin to come and speak in TRF Location: 1st choice- grand stands, second- REA.</p>	Shannon
Crisis updates	<ul style="list-style-type: none"> Crisis Leadership updates & trending data 	Increase in jail, decrease in CSU/clinic setting. Sanford has had the highest number of Crisis they have ever seen in the last couple months. They have seen a significant increase in ED and higher acuity. Children are almost making up 50% of crisis.	Brenda & Miranda
Updates	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford Alluma Life Care Ucare BCBS LAC NWRTCC WITW Medica BH Social Services 	<p>Alluma- Care coordination- they will have their 3rd coordinator hired. They are focusing on current clients first with two or more services. SAMSHA grant- they are ramping that up. They have a target of 300 individuals by the end of the year under this grant. They are able to assist underinsured/uninsured. They just brought on a health informatics. Are people getting better? Specifically those have been discharged. NWA will potentially having a few opening coming up.</p> <p>Sanford- Closed down BH unit. Most all of their services are back up and operating besides IP BH. Dialysis is up and running as of yesterday. There are some providers in house all the time, some hybrid, and the rest virtual. They are on target for opening beginning of April. IP unit- only 4 patients a day until full capacity. Once she has a for sure go live date, she will let the group know. No counselor hired yet at SUD building. Psych and Psychology can see any patients in any ED location when needed.</p> <p>LifeCare- Not present CBHH- Not present Ucare- Reiterate they have been successful in hiring care managers. Looking at housing, food, employment, mental health, medical, med management, scheduling appts, etc. for their</p>	

		<p>members and be a resource for providers. If you are at capacity and you have identified they need case management services we can be there to assist you. They are working on hiring a housing specialist. Not sure what that is going to look like yet. Leon will be representing Ucare at Be the Voice in Warroad on April 26th. BCBS- Red Carpet event in Crookston on May 14th. Diversity applications- looking at funding 10 grants in Greater MN. LAC- Recruited a new member for Roseau County. They have been planning and preparing for the event. Putting together activity table.</p> <p>NWRTCC- Not present WITW- Not present Medica BH- Looking forward to additional growth and expansion. Norman County SS- hired full time eligibility worker that started on Monday. Nancy is officially the Director at Norman County. Pennington- They meet with an architect next week to decide where their office will be located. Roseau- They are close to moving into their county garage. Kittson- They started their shared position with Pennington county for family based worker. Marshall- Chris is fully staffed Mahnomen- Board approved Social services supervisor. Started construction on new building and hopeful to move in by July. Polk- Karen has a lot of openings.</p>	
Adjourn	<ul style="list-style-type: none"> • 2022 Meeting Dates <ul style="list-style-type: none"> ○ AMHI Subcommittee- April 13, 2022 1:00am-3:30pm via Zoom ○ AMHI Board Meeting- May 11, 2022 9:00am-12:00pm Sanford BH & via Zoom 		All