

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * May 11, 2022
Sanford BH Education Room & Zoom

Attended: Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Karla Langaas, Nancy Rhen, Dawn Baumgartner, Karen Warmack, Beth Nelson, Jane Wilka-Pauly & Jason Russel,
Absent: Larry Laudon, Heather Bregier, Julie Hanson, Gary Sprynczynatyk, Renee Sandvick Randy Beggs, Jode Freyholtz-London, Molly Paulsrud & Lynell Popowski

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 3.9.2022 minutes & 5.11.2022 agenda 	Chris made a motion to approve minutes and agenda, Julie S seconded, all aye- motion carries.	Kathy
Budget	<ul style="list-style-type: none"> Review 2022 budget Review 2023-2024 CSP & AMHI application process <ul style="list-style-type: none"> Application released May 2, 2022 Application due by end of day June 30, 2022 Contracts released to fiscal host September 15, 2022 DocuSign will be initiated once contract review is complete All signatures must be received by December 31, 2022 HCSB FMAP funding proposals \$265,157 Be Here Tomorrow, August 23rd funding request \$15,000 PCSS requesting 3% administrative cost for the AMHI 2023-2024 allocation= \$87,234.84 two year contract period 	<p>Penny Grove may be a good resource at Red Lake County for Randy to connect with about their flex funds spent.</p> <p>Alluma is on track with budget, but will want to pay close attention to budget as they also have the SAMSHA grant which covers a lot of the same services as the AMHI grant.</p> <p>Polk County is requesting an administration fee increase to 3% in 2023/2024 allocation. Some of the duties provided by Polk County Social Services include: budgeting, billing, working with vendors, disperse county allocations for region, create and maintain spreadsheets for reporting purposes, obtain and submit quarterly reports, monitor and submit payments to each county for quarterly expenses, make sure reimbursements are completed, year-end reports, compile and submit reports to DHS, attend DHS trainings and provide DHS with information as requested. Nancy made a motion to approve 3% increase in the 2023/2024 budget, Karla seconded, all aye- motion passed. Shannon will pull dollars from the Outreach projects 4030 and move to the 4340 Fiscal host line item in the 2023/2024 application.</p> <p>Shauna would like to utilize the HCBS funding to create confidential space and some individual rooms at NW apartments. The hope is that they will still be able to take in the same amount of clients with this project, but are still exploring those details.</p>	All

		<p>Miranda hasn't put much thought into how we could utilize the funding, but trainings for the region will benefit all of us. (Love and Logic)</p> <p>Shauna will work on getting a bid from a contractor before our July meeting.</p> <p>Chris made a motion to approve the \$15,000 for Be the Voice with Kevin Hines, Karla seconded, all aye- motion passed.</p>	
Updates	<ul style="list-style-type: none"> AMHI application updates (attached) <ul style="list-style-type: none"> Needs Assessment LAC input Flex funds policy 	<p>Shannon will look for the Flex Funding policy to submit with the application & will bring the Application and Budget to the LAC to review and give feedback.</p> <p>We can utilize Alluma's and Sanford's needs assessments to submit with the application. We will meet via Zoom in June to review the final application before submission. Applications and budgets are due to Shannon by Monday June 20th.</p> <p>Shannon will set up a Zoom meeting.</p>	All
Subcommittee	<ul style="list-style-type: none"> Educational Pathway updates 	<p>The group met last week. Classes will begin in July/August. They are meeting next Wednesday to nail down Instructors and get staff earmarked for the courses. If any counties are interested in sending staff, let Miranda know.</p>	Shauna/Miranda
Open Forum	<ul style="list-style-type: none"> Public Open Forum 	No one present from public	Public
Outreach/Trainings	<ul style="list-style-type: none"> BE THE VOICE- Warroad recap <ul style="list-style-type: none"> 650+ attendance 27 booths \$34,000 budget (\$21,000 AMHI \$13,000 Sponsors) Expenses \$32,512 Alluma Night- 5.19.2022 @ 4:30pm UM Crookston Stomp on Stigma Wellness Fair & walk/run 5.21.2022 Hallock Coping with Self Harm- 5.25.2022 @ 5pm LHS Creating a Caring Community- Fertile 6.5.2022 @ 5pm Be Here Tomorrow- Kevin Hines 8.23.2022 TRF 	<p>Shauna had the pleasure to have a conversation with Conway Marvin at the event. MAX Marvin Foundation has the money, we have the network, so would be great to partner with them on future projects. They would like to bring in Project 11 SEL curriculum in the schools around the region. Shauna connected Conway with Jake at the NW Service Co-op to hopefully implement SEL curriculum in our region.</p> <p>Be the Voice- incredible turnout. The crowd was engaged and so appreciative for the event. Shannon will be working with Marvin & Polaris to see if they are interested in bringing safeTALK, ASIST or QPR trainings for their staff. She is also working with Allison on sending out a follow up survey to all that attended the event.</p>	Shannon
Crisis updates	<ul style="list-style-type: none"> Crisis Leadership updates 	<p>Sanford is happy the IP unit is open. They spent 6-8 weeks with people in the ED. Up to 5 people held over in any given day. Jan/Feb were two of their busiest months ever to date. High volume and high acuity. They have been monitoring their Crisis Stabilization to try and measure success. They are</p>	Brenda/Miranda

		<p>measuring to see if they see them again in Crisis once they have gone through stabilization.</p> <p>Karen- How many did you track, how many didn't respond and how many responded, but didn't need stabilization. Miranda and Brenda will connect and gather data for all counties. Look at the gap for the ones that are not responding to receive stabilization.</p> <p>Alluma- Brenda had the opportunity to go to the National conference in DC. There are some States talking about 988 and the solid plan they have in place, but we are not seeing that in MN. Created an App for Crisis services and the group was able to utilize emergency broadband. They met with a group about community crisis response. They reviewed current state- and where they would like to be. Very exciting work. Karen is working on a shared release of information to eliminate communication barriers to allow them all to communicate with one another. We need to look at this as a region whole. They are looking at how to utilize their stabilization beds better. They hired one cultural liaison and the first place they are having him work is in Crisis services. They have one practitioner in EGF and are hoping to move more into the EGF to provide more face to face services. Their Care coordination team is working on the warm hand off from stabilization to other services.</p> <p>Directors- We need a nice good Crisis talk again. Kathy asked that Brenda prepare to present what they did with the community response group in Polk County to have a good conversation surrounding crisis services and look at Sanford possibly implementing this as well. Shannon will block off a good part of the July meeting to discuss Crisis services in our region.</p>	
Updates	<ul style="list-style-type: none"> • Round Robin Update from Attending Agencies <ul style="list-style-type: none"> ○ CBHH ○ Sanford ○ Alluma ○ Life Care ○ Ucare ○ BCBS ○ LAC ○ NWRTHC ○ WITW ○ Medica BH 	<p>June 11th Red Carpet event in Crookston is about letting the community lead the event, not Alluma or BCBS. They are there to assist where needed. They will host a showing in the Grand theatre and then music in the park to follow with food trucks.</p> <p>Ucare-and mental health providers Alluma and the Amherst H. Wilder Foundation have developed a pilot program to make it easier for prospective mental health professionals to join the field. Through the partnership, UCare will fund \$100,000 in stipends for clinical interns as they complete the supervision necessary to graduate from and eventually be licensed in</p>	All

	<ul style="list-style-type: none"> ○ Social Services 	<p>social work, clinical counseling, marriage and family therapy, and other mental health roles. Wilder and Alluma will provide thousands of hours of state mandated supervision at no cost. The pilot will focus on supporting clinical interns from cultural and ethnic minority groups, rural communities, and other underrepresented populations where the workforce needs are greatest.</p> <p>BCBS- is offering a \$25 voucher for any member that has a follow up appt with their PC or Dr on Demand within 7 days of IP discharge. Thanks to Counties, they have increased their utilization especially in the Mental Health Services. Stats are 2021- 60,000 visits 38% were BH Statewide. They offered a Compassion fatigue training after COVID for counties and had over 800 people attend the training. They want to offer it again as they had such a great turnout with only inviting counties. Beth is willing to partner up to provide more trainings in our region. Danielle handles the relationships in Hennepin county but will also be available for any questions in our region.</p> <p>LAC- They have been busy working on their flipbook and are hoping to distribute it at the August event. They lost a member from Roseau County and the Secretary stepped down, but is continuing as a member.</p> <p>WITW- Dawn is an outreach coordinator for WITW. Promoting their services in our region. They are looking at doing a follow up to the last event in Warroad. She utilized the warm line and thinks it is a great resource to promote.</p> <p>Norman- Just received a resignation, so is looking for a social worker.</p> <p>Pennington- Working on building project- they are moving to 3rd floor of courthouse and everyone will have to be in cubicles.</p> <p>Medica- Jane and Renee will plan to be in person at our next AMHI meeting. Medica Foundation does a lot of great work and focus is on BH. Good resource to look into.</p> <p>There is Substance Use Disorder Community of Practice workgroup she has attended. If anyone is interested in joining the workgroup, reach out to Regina, contact info below, she can get interested folks signed for this workgroup, the first meeting was pretty interesting!</p> <p>Substance Use Disorder Community of Practice Meetings will be held virtually.</p>	
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Adjourn	<ul style="list-style-type: none"> 2022 Meeting Dates <ul style="list-style-type: none"> AMHI Subcommittee- May 18, 2022 1:00am-3:00pm via Zoom AMHI Board Meeting- June 2022 to review application 	We will meet via Zoom in June to review the final application before it is submitted.	All