

NW8 Adult Mental Health Initiative Board Meeting
Minutes
9:00 am – 12:00 pm * November 9th, 2022
Sanford BH Education Room & Zoom

Invited: Kathy Johnson, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Nancy Rhen, Beth Nelson, Jane Wilka-Pauly, Jason Russel, Victor Danielle, Randy Beggs, Steffane Prestidge, Karla Langaas & Dawn Baumgartner

Absent: Chris Kujava, Julie Sjostrand, Karen Warmack, Larry Laudon, Heather Bregier, Julie Hanson, Gary Sprynczynatyk, Lynell Popowski, Jode Freyholtz-London, Molly Paulsrud & Renee Sandvick,

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> Review and Approve 9.14.2022 minutes & 11.9.2022 agenda 	Nancy made a motion to approve minutes and agenda, Karla seconded all aye- motion approved.	All
Budget	<ul style="list-style-type: none"> Review 2022 budget Crisis State Funding: due 11.11.2022 (updated reward letter) Crisis FMAP Funding- (submitted) AMHI FMAP Funding- (Diversity training) AMHI application (submitted) Discuss year end budget review meeting (Nov 30th, 2022) 	<p>Randy will move \$30,000 to Sanford 446x brass code from outreach 403x in the budget. Shannon will add to budget modification that will be submitted to the State in December.</p> <p>Coordinator will set up final budget review meeting in December.</p> <p>Alluma and Sanford are both set to submit their Crisis grants.</p> <p>AMHI FMAP- Karen suggested adding diversity training to the application which is due Monday. Shannon will send email to Directors stating a decision needs to be made by Thursday afternoon if we will be applying for the funds. Brenda will send Shannon AMHI FMAP application and request that Shannon adds Diversity training to the request if that is what the directors decide they would like to do. AMHI FMAP application is due Monday November 14th at 4:30 pm.</p>	
Bridges	<ul style="list-style-type: none"> Bridges funding update 	<p>Bridges only has \$143 left in the budget. A maximum of \$1000 per household has been set in the guidelines. Kittson and Red Lake Counties are the only counties that have not requested funding. They are close to doubling their number of referrals within the last year in the homeless program.</p> <p>Denise is requesting to move \$8000 from housing subsidy 443x to Bridges 443x. No need for a budget modification as we are moving within the same brass code. Karla made a motion to approve moving \$8000 to Alluma Bridges line item from the County Housing subsidy line item and up to \$16,000, Nancy seconded- all aye- motion carries. Shannon will include Denise in December budget meeting.</p>	Denise

Open Forum	<ul style="list-style-type: none"> Public Open Forum 	<p>Kittson County was looking for treatment in GF Sharehouse and was told they do not accept MN clients. Staffane clarified that Moorhead does accept MN clients, but Grand Forks facility is geared more towards MA ND clients.</p> <p>Miranda reported that the Pennington County Community Strong group will take over the BE THE VOICE event in TRF this year.</p>	Public
Crisis	<ul style="list-style-type: none"> Review Crisis data Leadership updates 	<p>Crisis Leadership is turning to the group to discuss what data is available and what we should be focusing on.. We would like to start focusing on new data collection by January 2023. Kathy would like a meeting set up with Directors, Alluma and Sanford prior to January. Next steps: Crisis Leadership will join the next Directors meeting to talk more in depth about what data the group would like to see moving forward. Shannon will send out meeting invite to include Leadership on December 14th @ 9:30 am.</p>	Brenda/Miranda
Coordinator updates	<ul style="list-style-type: none"> Coordinator coverage while out on leave (Estimated leave mid Jan-March) AMHI & Crisis grant application process review and vote 	<p>Coordinator will add final bullet point in process: Fiscal Host is responsible to monitor signature process of contracts with the State, submit to the county board for approval and share final Contract with Providers, County Directors, and AMHI Coordinator. Shannon will update process and send out final copy to the group.</p>	Shannon
LAC	<ul style="list-style-type: none"> Hybrid Meeting locations- Biannual Review and vote on Bylaws Review and vote on 2022 Commissioners report Stipend process for members not receiving county services Children's LAC County Adult LAC representation 	<p>Dawn- The LAC met in person in October in Erskine. Next Hybrid meeting is scheduled for May at Sanford in TRF.</p> <p>Asking the board to approve changes to LAC bylaws – under compensation added: “Each council member is responsible for filling out the Adult LAC invoice and submitting it to the County Social Service agency they represent.” Karla made a motion to approve, Nancy seconded, all aye-motion carries. Shannon will send out to the Directors for signatures.</p> <p>2022 Commissioners report was approved by the board. Social Service Directors would like the LAC to present the commissioners report to the boards. Shannon will email Directors and cc Dawn and Tracy to connect them to line up a time to present commissioner's report.</p> <p>Children's LAC- Shauna will look into contact information for Children advisory council.</p>	Dawn
Updates	<ul style="list-style-type: none"> Round Robin Update from Attending Agencies <ul style="list-style-type: none"> CBHH Sanford Alluma Life Care Ucare 	<p>Sanford- Therapists are almost back at full capacity.</p> <p>Reentry program- Candidate will be trained in and start seeing clients in December at the jail. Miranda will bring updates back to the board on how the program is going. Getting closer to opening the SUD residential side-still need more staff. Sanford started a Love and Logic parenting group-they targeted parents from the diversion truancy program and all parents have been very receptive. Their next session is full.</p>	All

	<ul style="list-style-type: none"> ○ BCBS ○ LAC ○ NWRTCC ○ WITW ○ Medica BH ○ Social Services 	<p>Alluma- Shauna has been part of a planning group for the SUD summit taking place in St Paul on January 10th & 11th. Their IOP program is going live in December</p> <p>The State of MN is planning on pulling themselves out of the model for CCBHC Federal Demonstration that Alluma has been under. Benefits included with MN staying under the demonstration- Dual eligible is covered, If there is a service not covered under primary, they still get paid under secondary MA coverage. Once MN pulls out of demonstration, they will not be able to get back in. Shauna is going to be looking for support from this group as they are looking at ending this Dec 31st, 2022. New medical Director started that has addiction background. SAMSHA grant ends in September. Looking at a couple locations in Ada for satellite clinic. Offering individual therapy and group services and hop on to telehealth services in the space as well as mobile crisis services. Moving parts in Fosston satellite clinic as well, but not as far along, but early stages on planning in Fosston.</p> <p>LifeCare- absent</p> <p>Ucare- SUD summit- Leon participated in the conference last March- they were able to send a dozen of their care coordinators to the summit to become more familiar. Leon attended all 3 days as well. Leon would like to have additional conversations about the CCBHC Federal Demonstration that DHS is planning on pulling out of.</p> <p>BCBS- Commend you guys as an AMHI. She is giving the team options where they want to be to help support counties- Danielle will move into our region. Relationships and skill set- Danielle and Beth will set up meetings with the counties in December and January.</p> <p>LAC- They did not complete the 2023 workplan- any feedback please let Dawn know.</p> <p>WITW- VPSN numbers have increased. Majority of users are from Hennepin County. There is a need for Peer support and it is working.</p> <p>Medica- She is going to be attending the ASAM training to become a trainer- If anyone needs help in that area, she can be a resource. Jane shared a presentation on SUD and transgenders- she will be happy to share this presentation with us. They are mixing meth and heroin in greater MN, reservations are getting hit the hardest and we are seeing a spike in HIV and Hepatitis.</p> <p>Sheila Fontaine- Public defender's office in Pennington County joined today.</p> <p>Norman County- filled one of their adult services positions. They have another position posted that they have been trying to fill since August. Nancy still needs an eligibility worker as well.</p> <p>Roseau- Interviewing for a social worker position and half of the seven candidates don't live in MN.</p>	
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Adjourn	<ul style="list-style-type: none"> • AMHI year-end budget review meeting: • Next AMHI Board Meeting: 1.11.2023, 9:00-12:00 Sanford Behavioral Health & Via Zoom • Next Subcommittee Meeting: TBD 	Budget Meeting Dec 5 th @ 3:30pm via Zoom.	All