

**NW8 Adult Mental Health Initiative Board Meeting**  
**Minutes**  
**9:00 am – 12:00 pm \* September 14th, 2022**  
**Sanford BH Education Room & Zoom**

**Invited:** Kathy Johnson, Chris Kujava, Julie Sjostrand, Miranda Solem, Shannon Abrahamson, Leon Flack, Brenda Pauley-Colter, Shauna Reitmeier, Nancy Rhen, Dawn Baumgartner, Karen Warmack, Beth Nelson, Jane Wilka-Pauly, Jason Russel, Victor Danielle Jeffrey- BCBS Renee Sandvick, Randy Beggs & Steffane Prestidge- Sharehouse

**Absent:** Karla Langaas, Larry Laudon, Heather Bregier, Julie Hanson, Gary Sprynczynatyk, Jode Freyholtz-London, Molly Paulsrud & Lynell Popowski

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Agenda	<ul style="list-style-type: none"> <li>Review and Approve 7.13.2022 minutes &amp; 9.14.2022 agenda</li> </ul>	Julie S made a motion to approve minutes and agenda as presented, Nancy seconded, all aye- motion carried.	All
Budget	<ul style="list-style-type: none"> <li>Review 2022 budget</li> <li>Review 2023- 2024 (AMHI) HCBS-FMAP application (submit)</li> <li>2023- 2024 Crisis/FMAP funding application (submitted 9.2.2022)</li> </ul>	<p>Julie S made a motion to approve submission of 2023-2024 HCBS-FMAP application, Chris seconded, all aye- motion carries.</p> <p>Reviewed Crisis application submissions- competitive grant. Both providers submitted an increase in funding for Crisis 2023-2024 grant cycle. Sanford did not apply for any FMAP funding.</p> <p>We need to look at what data we should be looking at on a regular basis and pull the data that is also required for the applications. The AMHI would like to get this information monthly rather than quarterly. Sanford and Alluma will send out monthly data moving forward and will cc Shannon.</p> <p>How are our Crisis services compared to others in the State? Alluma and Sanford will bring back some ideas on what other States are doing.. Open Minds- membership entity (what is happening in counties, mental health, etc.)</p> <p>Crisis teams are required to train all staff in CALM training in the near future. Miranda is working with staff to implement talking about lethal means to all patients they see in a Crisis.</p> <p>Shannon will look into coordinating a CALM training for Social Services staff in the region.</p>	All
Open Forum	<ul style="list-style-type: none"> <li>Public Open Forum</li> </ul>	No one from the public was present	Public
Proposal	<ul style="list-style-type: none"> <li>Comprehensive Re-Entry Program</li> </ul>	Plan established to implement and integrate a part-time social worker into the Pennington County jail. This staff will meet with any newly incarcerated individuals in order to complete a screening/intake and create a plan for continuing jail stay and re-	Miranda

		entry into the community. Sanford is asking for \$30,000 from the left over outreach budget for 2022 to allocate to startup costs of this project. Moving forward, funding will come from other resources. Chris entertained a motion to approve \$30,000 startup costs if there is funding available, Nancy seconded, all aye- motion passed. Sanford stated they will be able to sustain this project financially moving forward.	
Leave of Absence	<ul style="list-style-type: none"> <li>Discuss backup and coverage for Coordinator (<b>Estimated leave mid Jan-mid April</b>) <ul style="list-style-type: none"> <li>AMHI board Meetings (Agenda, Minutes, Zoom Invites, etc.)</li> <li>AMHI subcommittee meetings</li> <li>LAC Council, subcommittee &amp; officer Meetings (Agenda, Minutes, Zoom Invites) <ul style="list-style-type: none"> <li>Assist LAC with all projects (design, order &amp; coordinate activities)</li> </ul> </li> <li>HOPE Council, subcommittee &amp; officer meetings (Agenda, Minutes, Zoom invites)</li> <li>Quarterly Crisis &amp; Outcome reporting stats</li> <li>Coordinate and Communicate Outreach &amp; Training activities</li> <li>AMH Case Manager meetings (Agenda, Minutes, Zoom invites)</li> <li>Misc. meetings- (Roseau County Veterans, MDH suicide prevention grant &amp; monthly check in meetings, Integrative Behavioral Health)</li> <li>Social Media &amp; Website communications/ maintenance (HOPE &amp; AMHI)</li> <li>Quarterly Crisis budget &amp; reporting to State</li> </ul> </li> </ul>	<p>Brenda Dale- could help assist with some of the communication pieces?</p> <p>Brenda- AMHI &amp; HOPE Coalition, invites, agendas &amp; minutes</p> <p>Dawn ideas about LAC coverage? Brittney Bimler from Sanford may be able to assist.</p> <p>MDH- Suicide prevention grant meetings and activities- Shauna Integrative BH- Sarah L, Karla &amp; Dawn</p> <p>Website- Communications- Social Media- Talk to Shauna</p> <p>Crisis Qrtly reporting and budget to State- Randy/Sarah L./Christie W.</p> <p>Coordinate and communicate outreach &amp; training activities- place on hold until coordinator returns</p> <p>AMH Case Manager meetings- place on hold until coordinator returns</p> <p>AMHI subcommittee meetings- place on hold until coordinator returns</p> <p>Social Media &amp; website communications/maintenance- check with Juetnner marketing on quote</p>	
Sharehouse	<ul style="list-style-type: none"> <li>Follow up on Sharehouse services from Steffane</li> </ul>	Sharehouse- 1975 started with a house- sober living in Fargo. 85 beds in Fargo. 16 beds in GF. They offer driving services and will travel 70 mile radius from GF or Fargo. Residential services. They do walk in assessments in Fargo. Steffane handed out brochures with contact information	Steffane
Outreach/Trainings	<ul style="list-style-type: none"> <li>Be Here Tomorrow- Kevin Hines (Recap) <ul style="list-style-type: none"> <li>330+ attendees, 22 key partners &amp; 22 runners @ event (\$31,078)</li> <li>TRF Times article (attached)</li> </ul> </li> <li>eRACE Stigma 5K- Crookston 9.17.2022</li> </ul>	Shauna would be interested to see something brought to Polk County, but group would like coordinator to reach out to Roseau group to see if there is interest in partnering to host another event due to all they have had happening in their community the last few	Shannon

	<ul style="list-style-type: none"> <li>Future of BE THE VOICE events? (\$44,519 per year decrease from 2021-2022 cycle) <ul style="list-style-type: none"> <li><b>2023 funding: \$16,024 (Community education: trainings, projects &amp; events)</b></li> </ul> </li> </ul>	<p>years. Due to limited funding moving forward will only be able to Host one big event in the region/year.</p> <p>Sanford has applied for a grant to host a future BE THE VOICE event in TRF.</p>	
Crisis	<ul style="list-style-type: none"> <li>Crisis stats</li> <li>Crisis leadership updates</li> </ul>	<p>We need to spend some time reviewing what metrics we should be sharing moving forward at our next meeting? How should we move forward with what data we should be collecting? We are currently only collecting utilization- we need to look deeper.... Add this as an agenda topic to meeting in November. Brenda &amp; Miranda will bring a bank of metric options for the directors to look at our next meeting.</p>	All
Updates	<ul style="list-style-type: none"> <li><b>Round Robin Update from Attending Agencies</b> <ul style="list-style-type: none"> <li>CBHH</li> <li>Sanford</li> <li>Alluma</li> <li>Life Care</li> <li>Ucare</li> <li>BCBS</li> <li>LAC</li> <li>NWRTCC</li> <li>WITW</li> <li>Medica BH</li> <li>Social Services</li> </ul> </li> </ul>	<p>CBHH- absent</p> <p>Sanford- NL short on staffing- new overnight person starting soon. Have not been able to admit anyone to crisis beds due to staff shortages. New MH Professional clinical trainee started on Monday. Took 1 ½ years to fill that role. Integrated Medical Nurse practitioner will be starting on outpatient unit.</p> <p>Alluma- 2 new NP's that just started. Finalizing SUDIOP (Substance Use Disorder Intensive Outpatient Program) Moving forward with Ada satellite clinic. Still looking at spaces. Their waitlist is going down for comp evaluations.</p> <p>LifeCare- absent</p> <p>Ucare- They will be involved in the NAMI walk on the 24<sup>th</sup>. There is a conference in Duluth on Hopelessness and housing that Leon will be attending. Leon will forward information to the group. MARCH conference coming up the end of October. October 12<sup>th</sup>- listening session- Shauna will forward to the group 5 year plan for the State.</p> <p>BCBS- Dr. on demand is always available if you are struggling to get patients seen for an in person comp evaluation- Free for members. Waitlist for Comprehensive Assessments- they have a provider that can assist via telehealth with those as well.</p> <p>LAC- BE THE VOICE booth a lot of good conversations. Flipbook is near complete. Will be working on end of the year reports- Commissioners report, review Bylaws and start working on 2023 work plan. Stipends question came up for non-consumers that do not receive a stipend- Dawn and Kathy will set up a time to discuss. Altru is introducing HOPE lavender to their staff for support.</p> <p>NWRTCC-absent</p> <p>WITW- Victor is the new WITW care coordinator and will be overseeing the funding they are receive from the AMHI so will be attending these meetings moving forward.</p> <p>Medica BH- They have pre-purchased psychiatry and sub Oxone appointments. Anyone can utilize these providers if needed.</p>	Brenda/Miranda

		Social Services- Norman- lots of Staff change over. Will be posting several positions due to retirement, resignations and a new positions created.	
Adjourn	<ul style="list-style-type: none"> <li>• Next AMHI Board Meeting: 11.9.2022, 9:00-12:00 Sanford Behavioral Health &amp; Via Zoom</li> <li>• Next Subcommittee Meeting: 10.12.2022 1:00-3:30 via Zoom (AMHI &amp; Crisis Application submission policy &amp; procedures)</li> </ul>		All