

**Adult LAC Meeting
Minutes
10:00-12:00 * April 6th, 2022
Zoom**

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	What's your favorite Easter candy or treat?	**Add to meeting to discuss moving meeting back in person** We will move back to in person at Sanford BH starting in May.	All
Updates	- Provider Updates - Council Member Updates - Case Manager Updates	Roseau county hired Allison's replacement- Kiara. She will be joining us at the LAC meetings. SAMSHA grant cover people that are uninsured/underinsured at Alluma- must live in the 6 counties they serve. Alluma night on May 19th at UMC Crookston 4:30pm- mental health resources, food trucks, etc. Amelia will share the flyers with Shannon to send out to the group. Sanford BH is back open. Education Room- 1st floor.	All
Subcommittee	Share Flipbook progress	Reviewed flip book- Suggested to add MY3 safety app to resources, Warm line and note that 3am person knows they are your 3am person.	All
Brochures	Review brochures for updates	We have updated the brochures- NWMHC to Alluma, removed the River walk meeting space and added contact us. Shannon is looking into having an nw8amhi email address created to add to brochures. We will get blank labels to cover up the return address on the brochures. Tracy made a motion to approve brochures with updates, April seconded, all aye- motion carries.	All
Outreach & Training	BE THE VOICE- Warroad April 26th, 2022 - Sound check @ 1:30pm - Expo set-up @ 4:30pm - Expo 5:30-7:00pm @ Gardens Arena - Review Expo booths (27 total) 5:30- Free will donation meal by the MAX Foundation - LAC & Activity table - Survey (LAC table) - Activity- Amelia update? 7:00 Speakers - T-shirt registration closed, event registration open until April 25th	Dawn will discuss with the planning committee on where to hang up the community art project. Discuss Mental Health Awareness month outreach project at May meeting.	All

	• Kevin Hines- TRF August 2022 (video) CLICK HERE ○ May 2022 agenda item • QPR Training ○ Date and Time: Tuesday, April 12, 1:00 - 2:30 PM Registration Link ○ Date and Time: Thursday, April 21, 3:00 - 4:30 PM Registration Link ○ Date and Time: Tuesday, May 10, 1:00 - 2:30 PM Registration Link ○ Date and Time: Tuesday, June 14, 1:00 - 2:30 PM Registration Link • WITW VPSN Calendar (attached) • Mental Health Awareness Month ○ Distribute African Violet plants to businesses		
Adjourn	• Next Subcommittee Meeting: April 21, 2022, 3:00-5:00 via Zoom • Next Officers Meeting: April 27, 2022, 1:00-3:00 via Zoom • Next LAC Meeting: May 4th 2022, 10:00-12:00 Sanford BH TRF & via Zoom	Add Alluma night to May agenda.	All