

Adult Local Advisory Council Meeting
Minutes
10:00 am- 12:00 pm * August 5th, 2020
Zoom

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Attendance	10:00-10:15	<ul style="list-style-type: none"> • Introductions & Ice Breaker <ul style="list-style-type: none"> ○ What was your favorite subject in School? 		All
Outreach Activities	10:15-11:30	<ul style="list-style-type: none"> • Mailers (Permits) <ul style="list-style-type: none"> ○ Designate someone to call the post office to get mailer listings ○ Budget ○ Stick a flyer in a newspaper ○ Create Subcommittee • Online MH Awareness Outreach • Facebook • Recap Duckies Project- Follow up • Other Ideas? 	<p>Mailers-</p> <p>Marie- all on one side of the page rather than a two pager, so we can use as a flyer and hang up around the community as well.</p> <p>Nancy- reach out to local papers to insert into the papers?</p> <p>The group would like to move forward with inserting in the newspapers rather than a mailer.</p> <p>Comic/Cartoon theme</p> <p>One sided</p> <p>Stop the Stigma</p> <p>Add the Crisis line</p> <p>Tracy will talk to her granddaughter to draw something up for the design and will email it out.</p> <p>Need to add the Website</p> <p>LAC Logo</p> <p>Use a catchy phrase</p> <p>Sarah will reach out to:</p> <p>The Valley Shopper services : They distribute 9500 fliers and the cost is 9.5 cents/flier- Total cost to cover the area: \$950 Angus, Beltrami, Brooks, Climax, Crookston, EGF, Euclid, Erskine, Fertile, Fisher, Fosston, Gary, Grand</p>	All

			<p>Forks, Maple Lake, McIntosh, Mentor, Nielsville, RLF, Shelly, St.Hilaire, Warren, and Winger Marie will reach out to the “Promoter”- Fergus Falls to TRF. The charge 8cents/ piece with inserts provided. Marie is following up with more questions.</p> <p>April will contact the Watch</p> <p>Allison will reach out to the Trading post-Marshall, Roseau, LOW, Kittson</p> <p>Everyone will ask each of the papers the cost, deadlines & number of fliers they need and then we will go from there.</p> <p>Once we get a total cost we will review to see if it is within our Budget.</p> <p>Amelia- Last week NWMHC Board voted to cut Staff at NWMHC. They will know more what that looks like in the next week or so. They will work to make this change as seamless as possible for clients.</p>	
Future meetings	11:30-11:45	<ul style="list-style-type: none"> • Moving back to Face to Face <ul style="list-style-type: none"> ○ Park ○ In Person & Zoom option ○ Counties & Rep meet in community & Zoom with group 	<p>Dawn has concerns with the other members that have been unable to join. Dawn would like to get back to meeting face to face.</p> <p>Norman- sketchy reception</p> <p>Mahnomen- Has someone interested, but doesn't want to join until we are meeting face to face again.</p> <p>Shannon sent Dawn group contacts and Dawn is going to outreach the members that have been unable to attend via Zoom.</p>	All
MH Awareness Fair	11:45-11:55	<ul style="list-style-type: none"> • Vote to table MH Awareness Fair 	Table the Fair due to circumstances.	All
Adjourn	11:55-12:00	<ul style="list-style-type: none"> • Next Officers Meeting: August 26th 2020 12:00-2:00 Lion's Park Pavilion • Next LAC Meeting: September 2nd 2020 10:00-12:00 Zoom 	Subcommittee Meeting to design the flier- April, Dawn, Deb & Tracy- August 27 th 2020 12:00-2:00 @ TRF Library.	All

