

Adult Local Advisory Council Meeting
Minutes
10:00 am- 12:00 pm * December 2nd, 2020
Zoom

Meeting Facilitator: Dawn B, Chair

Invitees: Consumers & Family Members of Consumers from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	10:00-10:15	<ul style="list-style-type: none"> • Introductions & Ice Breaker <ul style="list-style-type: none"> ○ What's your favorite holiday recipe & would you be interested in emailing it to the group? 		All
Outreach Activities	10:15-10:25	<ul style="list-style-type: none"> • Volunteers to drop off Pamphlets & Pens to Local Food Shelves 	Instead of dropping off Brochures to the Food shelves, it was decided it would be better to drop off Crisis Cards & Pens instead. Tracy can distribute to Norman and Mahnomen County Food Shelves. Tracy suggested typing up a template with additional resources rather than just the Crisis line. Dawn can cover Greenbush. Dawn will check with Roseau County (Alecia Jennings will get the contact information for her) Sarah can cover Red Lake County. Cass and Tracy will design a flier with the numbers. Dawn shared her drawing to add to the flier. Reach out to Shannon to make arrangements to grab Crisis cards if you need them.	All
Testimonial	10:45-11:00	<ul style="list-style-type: none"> • AMHI Board invites local Legislature • LAC members interested in writing a testimonial 	Anyone interested in sharing their personal story- Please send to Shannon by Friday December 4 th .	All
Subcommittee	11:00-11:15	<ul style="list-style-type: none"> • Form Subcommittee- Outreach Activities 	United Free Lutheran of Greenbush had a community dinner for Thanksgiving and they served around 400 meals. They included a Crisis magnet with each family meal. 😊	All

Holiday Activity	11:15-11:25	<ul style="list-style-type: none"> • How Many Jolly Ranchers are in the Jar? <ul style="list-style-type: none"> ○ Put your guess in the Zoom Chat Box 	Afgan Winner- Alecia Jennings. Hat Winner- Sheena & Francie	All
AMHI Board Meeting	11:25-11:30	<ul style="list-style-type: none"> • **Open Meetings** <ul style="list-style-type: none"> ○ 2nd Wednesday of every other month (Jan, March, May, July, Sept, Nov) ○ 9:00-12:00 ○ Sanford Behavioral Health, 1st Floor Education Room ○ No Stipend • <u>**Special Meeting Session December 9th 2020 via Zoom**</u> 		All
Children's LAC	11:30-11:40	<ul style="list-style-type: none"> • Contact Info for Children's LAC <ul style="list-style-type: none"> ○ Nancy Ramon Tri Valley Opportunity Council, Inc 218-779-3009 	We will reach out to the Children's LAC in 2021.	All
Updates	11:40-11:55	<ul style="list-style-type: none"> • Updates from Sanford, Dancing Sky & NWMHC 	NWMHC put together 2000 self-care kits and distributed to essential workers in the area.	All
Adjourn	11:55-12:00	<ul style="list-style-type: none"> • Next LAC Meeting: January 6th, 10:00-12:00 via Zoom • Next LAC Officers Meeting: December 22nd 3:00-5:00 via Zoom 		All