

**Adult LAC Meeting
Minutes
December 4th, 2024 * 10:00-12:00
Zoom**

Meeting Facilitator: Tracy H- Vice Chair- Norman

Invited: Shannon Abrahamson, Sarah K- Red Lake, Paula V- Mahnomen, Kayla J- Pennington/Red Lake Public Health, Alyssa Hanson- Pennington, Connie S- Norman, Jordan Schmidt Jonsen- Mahnomen, Kailee Fruetel- Polk, and Renae – Polk,
Alicia J- Roseau, Amy A- Alluma, Brittany B- Sanford, Jeanna K- Kittson,

Absent: Dawn B, Chair- Roseau, Kierah J- Roseau, Josh H- Pennington, Cassie K- Norman, April K- Pennington, Becky C- Kittson, Francie P- Kittson, Sheena M- Marshall Billie Baker- Polk, and Brooke Homstad- Roseau Public Health,

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> Snowballs or Beachballs? 		All
Agenda & Minutes	<ul style="list-style-type: none"> Review and approve 11.5.2024 minutes and 12.4.2024 agenda 	Jeanna made a motion to approve the minutes, Tracy seconded, all aye- motion carries. Jordan made a motion to approve the agenda, Tracy seconded.	All
Annual Documents	<ul style="list-style-type: none"> 2025 Workplan 	<p>Should we be recommending people to 988 since they are not local? Jeanna would like to see those that have needs assessment to share their implementation plans with the LAC.</p> <p>Pennington County Community Strong works closely with the schools and has a lot of mental health nights at sporting events.</p> <p>There are concerns in the region with how 988 is going. We are scaling back on promoting 988 and focusing on promoting the local crisis line.</p> <p>Tracy made a motion to approve the 2025 workplan, Jeanna seconded, all aye- motion carries.</p>	
Updates	<ul style="list-style-type: none"> Provider Council Member Case Manager 	<p>No updates from Sanford</p> <p>Mahnomen has a collaborative that meets monthly as well that has school, public health, and Social services involved.</p>	All

Subcommittee	<ul style="list-style-type: none"> NW8 Adult LAC Christmas Party <ul style="list-style-type: none"> December 10th 2024 11:00am- 2:00pm Legacy Event Center 16458 160th Ave NE, TRF MN 56701 <ul style="list-style-type: none"> White Elephant gift Door Prizes Games Meal <ul style="list-style-type: none"> Roast Beef & Chicken Supreme Garlic Mashed potatoes Carrots in brown sugar sauce Side salad Cheesecake Gifts 		All
Outreach & Training	<ul style="list-style-type: none"> WITW December Calendar- (Attached) BE THE VOICE with Emma Benoit <ul style="list-style-type: none"> March 31st, 2025 (Mahnomen) April 1st, 2025 (Norman) April 2nd, 2025 (Marshall) April 3rd, 2025 (Kittson) Invites to speak to group: <ul style="list-style-type: none"> Regional Transportation Coordinator Area Agency on Aging Community Strong- Kayla checking March 5th WITW HOPE Coalition Sanford & Alluma Crisis Teams Sanford (Northern Lights)- Brittney checking Feb 5th LifeCare BH Group TEARS Regional Suicide Prevention Coordinator 	<p>Shared events coming up in the region. Discussed having Community Strong and Northern Lights coming to speak to the group</p> <p>Kayla will ask Community Strong for March 5th meeting and Brittney will ask NL to come in February.</p>	All
Adjourn	<ul style="list-style-type: none"> Next Subcommittee Meeting: December 17th, 2024 @ 1:00pm via Zoom 2025 Subcommittee Meeting: January 14th, 2025 @ 1:00pm via Zoom Next Officers Meeting: January 28th, 2025 @ 1:00pm via Zoom Next LAC Meeting: February 5th, 2025 	Bring a piece of chocolate to enjoy during our February meeting.	