## Adult Local Advisory Council Meeting Minutes 10:00 am- 12:00 pm \* February 5<sup>th</sup> 2020 River Walk

Meeting Facilitator: Dawn B, Chair

Invitees: Consumers & Family Members of Consumers from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other

interested community members, providers & AMHI Coordinator.

Guests: Jode Freyholtz-London

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	10:00-10:10	<ul> <li>Introductions</li> </ul>		Dawn B-Chair
Warm Line	10:10-10:40	Wellness in the Woods Warm line Presentation	<ul> <li>8 to 31 staff when approved for the Statewide MN Warm line</li> <li>300 to over 1000 calls a month</li> <li>Everyone on the other end is someone with a lived experience</li> <li>They can translate up to 106 languages in real time</li> <li>They have a questionnaire at the beginning of the call to capture what population they are reaching</li> <li>They have a position open to work 8-10 hours a month to do outreach for the Warm line- she is looking for someone in our region to join in on their efforts</li> <li>Training in Staples March 11th if interested in working for Wellness in the Woods</li> <li>Looking at creating a pool of Peer Specialists</li> <li>Wellness in the Woods would be interested in being a part of the MH Awareness fair this year</li> </ul>	Jode Freyholtz- London
Welcome Binders	10:40-11:10	<ul> <li>Review &amp; Vote</li> <li>Outreach Script</li> <li>Grievance Form</li> <li>Hand Out Welcome Binders</li> </ul>	<ul> <li>Grievance Form- Tracy made a motion, Tami seconded- all aye motion passed</li> <li>Outreach Script- Beth made a motion, April seconded- all aye- motion passed.</li> </ul>	All
MH Awareness Fair	11:10-11:50	<ul> <li>2020 MH Awareness Fair Discussion</li> <li>Budget \$2000</li> <li>Date-</li> <li>Location-TBD</li> <li>Form Subcommittees</li> </ul>	<ul> <li>MH Awareness Fair- May 20<sup>th</sup></li> <li>Location- Crookston or TRF?</li> <li>Subcommittee is meeting on February 28<sup>th</sup> to update brochure and start working on the MH Awareness fair.</li> </ul>	All

		<ul> <li>Speakers</li> <li>Food</li> <li>Advertisement</li> <li>Booths</li> <li>Outreach Materials (Pens, Magnets)</li> <li>Other- Brochure</li> </ul>		
Open Discussion	11:50-11:55	How are services going with Sanford & NWMHC, suggestions, updates?     Updates from Providers	<ul> <li>Sanford handed out stress balls, Crisis Magnets and pens.</li> <li>Nancy asked if NWMHC would look at possibly having another provider go to Ada as the wait time to get in and see someone is 2+ months out. Amelia is going to bring the concern back to NWMHC to see if that is an option.</li> </ul>	All
Adjourn/Future Meetings		<ul> <li>Next Officers Meeting- February 26th 2:00-4:00 TRF Public Library</li> <li>Next Subcommittee Meeting- February 28th 2:00-4:00</li> <li>Next LAC Meeting-March 4th 2020 @ River Walk</li> </ul>		All