

**Adult LAC Meeting  
Minutes  
10:00-12:00 \* February 3<sup>rd</sup>, 2021  
Zoom**

**Meeting Facilitator:** Tracy C, Vice Chair

**Attendees:** Consumers & Family Members of Consumers from Kittson, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> <li>Introductions <ul style="list-style-type: none"> <li>You have an unlimited supply of one thing for the rest of your life- What is it?</li> </ul> </li> </ul>		All
Outreach Activities	<ul style="list-style-type: none"> <li>Outreach Kits <ul style="list-style-type: none"> <li>Table Cloth <a href="http://www.tablecoversnoaw.com">www.tablecoversnoaw.com</a> (\$255/3 pack) Vote on Color</li> <li>Expandable File Folder (\$15.99/3 pack)</li> <li>15 quart tote (\$5*3= \$12)</li> <li>Standard Tote (Walmart \$8*3 = \$24)</li> <li>Crisis Cards (on hand)</li> <li>LAC Pens (on hand)</li> <li>Brochures (on hand)</li> <li>Fliers with support lines</li> <li>Table Tents (Mental Health Fact Sheet)? - \$48 each</li> </ul> </li> <li>Review Flipbook Template</li> </ul>	<p>Order the Black traditional with open back if we can change the color of the "NW &amp; LAC" to white. If we can't change the color of the Logo, than order gray cloth. Tracy made a motion to move forward with ordering table cloths, April seconded, all aye- motion passed.</p> <p>Review totes &amp; expandable folders and vote to order. Tracy made motion to order items, April seconded, all aye- motion passed</p> <p>Group agreed to move forward with creating a fact sheet.</p> <p>Review Table stands next month.</p>	All
Subcommittee	<ul style="list-style-type: none"> <li>Form Subcommittee <ul style="list-style-type: none"> <li>Assembled Outreach Kits</li> <li>Create Flipbook <ul style="list-style-type: none"> <li>Mental Health Facts Sheet</li> </ul> </li> <li>Update Brochures w/Mission Statement</li> </ul> </li> </ul>	Subcommittee- Shannon, Connie, April, Dawn & Tracy 12:00-2:00 February 18 <sup>th</sup> .	All
LAC T-shirts	<ul style="list-style-type: none"> <li>LAC T-shirt order</li> </ul>	Cass needs a t-shirt & will connect with Tracy to get the shirt she has on hand. Connie- needs an XL ordered- Sarah will find the info and we will discuss how many to order at March meeting.	All
Social Media	<ul style="list-style-type: none"> <li>Create outreach activity</li> </ul>	Tabled- Dawn absent	All

Updates	<ul style="list-style-type: none"> <li>• Provider Updates</li> <li>• Children's LAC</li> </ul>	<p>Children's LAC meets every other month- they are working on their May outreach project, she sends out quarterly newsletters. She has more agencies then parents involved. Looking at recruiting more parents. Pennington and Roseau are not involved in the Children's LAC at this time. Nancy Ramon is the contact from Tri Valley.</p> <p>NWMHC Updates- Rebranding roll out Q3 2021. This includes a new logo and new name. Amelia shared NWMHC Marketing Directors email to share any ideas on names and logos. They are trying to secure funding to help individuals with technology barriers for Telemed services and are also looking at the effectiveness of Telemed services. Amber Deere is leaving NWMHC and going to Kittson Memorial.</p> <p>CBS program introduced diamond programs to their clients as it relieves stress and anxiety.</p>	
Adjourn	<ul style="list-style-type: none"> <li>• Next Officers Meeting: TBD</li> <li>• Next Subcommittee Meeting: Feb 18<sup>th</sup>, 12:00-2:00 via Zoom</li> <li>• Next LAC Meeting: March 3<sup>rd</sup>, 2021 10:00-12:00 via Zoom</li> </ul>		All