

**Adult LAC Meeting
Minutes
10:00-12:00 * February 2, 2022
Zoom**

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	What is your favorite Valentine's memory?		All
Application	Review & Vote on Melissa's application	Council reviewed application and Tracy made a motion to approve Melissa as a council member, Dawn seconded, all aye motion passed.	All
WITW	Virtual Peer Support Network	Jode shared with the group	Jode
Updates	- Provider Updates - Council Member Updates - Case Manager Updates	Alluma- Amelia is transitioning to Outpatient so will have someone replacing her on the LAC to represent the Community based worker. Sanford- BH Center is not in commission. They are displaced in a few different locations. They are mainly seeing patients via tele, some are seeing patients in person at SE clinic. Dawn applied for a position for an Outreach Associate for Wellness in the Woods and will start with them in March.	All
Outreach & Training	TEARS- Virtual Support Group (Starting Feb 22, 2022) 2022 Mental Health Day on the Hill safeTALK training 3.15.2022- TRF, MN NAMI Survey Creating a Caring Community- March 20th, 2022 - MCC High School- Newfolden, MN 6:00pm Supper, 7:00pm event BE THE VOICE- Warroad April 26th, 2022 **Registration open** - Expo 5:30-7:00pm @ Gardens Arena - Activity table - Survey - Activity- Amelia update? - Swag & Door prize ideas Flip book Outreach Project QPR Training Date and Time: Thursday, January 27, 3:00 - 4:30 PM Registration Link	Dawn will be at BE THE VOICE- Warroad representing the LAC. Amelia shared her art idea with the group to write their intentions on the flowers and then she will assemble it and give back to the community to hang up. (Possibly, RCSS, LifeCare, Wellness Center) Write up a survey to ask community members where they would like to see the community project hung up. Dawn will update the group on a survey at next meeting.	Subcommittee

	○ Date and Time: Tuesday, February 8, 1:00 - 2:30 PM Registration Link ○ Date and Time: Friday, February 25, 12:00 - 1:30 PM Registration Link		
Adjourn	• Next Subcommittee Meeting: February 21st 2022, 1:00-3:00 via Zoom • Next Officers Meeting: February 22nd 2022, 3:00-5:00, 3:00-5:00 via Zoom • Next LAC Meeting: March 2nd 2022, 10:00-12:00 via Zoom		All