

**Adult LAC Meeting
Minutes
February 1, 2023 * 10:00-12:00
Zoom**

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> Discussion: If you were a Valentine's card, what would you say? 		All
Agenda & Minutes	<ul style="list-style-type: none"> Review and approve 1/4/23 minutes and 2/1/23 agenda 	Jeanna made a motion to approve the minutes and agenda, Tracy seconded, all aye- motion carries.	
Updates	<ul style="list-style-type: none"> Provider Updates Council Member Updates Case Manager Updates 	<p>No Provider updates</p> <p>No Council Member Updates</p> <p>Jeanna will reach out to Kittson County Social Services for updates for future meetings. No other case manager updates.</p>	All
LAC Secretary	<ul style="list-style-type: none"> Review secretary nominations & vote Connie, April & Deb 	Decided to postpone until next month. Connie, April and Deb will be communicated that the vote will move forward next month even if they're unable to attend. They are asked to let Dawn know if they're not able to attend.	All
Promotional Materials	<ul style="list-style-type: none"> Discuss promotional materials and quotes for printing 	<p>Discussed printing service options. Discussed having a slogan for the year – talked about having booth attendees coming up with the slogan and voting on it for a prize.</p> <p>Promotional materials discussed: pencils, bookmarkers (same image as LAC banner on front and resources on back), Jeanna mentioned a mental health air freshener as an idea.</p> <p>-Still have stickers and letter openers left over from previous events</p>	
Outreach and Training	<ul style="list-style-type: none"> Winter outreach project report out NAMI Connect Postvention Training – Feb 3rd 9am-4pm Mental Health Awareness Basketball Game – February 6th at Lincoln High School February WITW VPSN Calendar (see attached) 	<p>Discussed and decided to not have a booth at the Mental Health Awareness Basketball Game. Brittney will bring feedback from event to next meeting.</p> <p>Alluma Night is May 18th. Be the Voice event in TRF is tentatively August 22nd.</p> <p>Dawn discussed WITW trying to get a WRAP class in Northern MN. Email Dawn if you're interested. Opened up to case managers and providers to take a WRAP class to see what it's all about to promote to the individuals they work with.</p>	All

		Add agenda item to discuss process for LAC donations when Shannon returns.	
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: February 16, 2023, 1:00-3:00 via Zoom • Next Officers Meeting: February 22, 2023, 1:00-3:00 via Zoom Next LAC Meeting: March 1, 2023, 10:00-12:00 via Zoom 		All