

**Adult LAC Meeting
Minutes
February 5th, 2025 * 10:00-12:00
Zoom**

Meeting Facilitator: Tracy H- Norman

Present: Shannon Abrahamson, Sarah K- Red Lake, Renae – Polk, Alicia J- Roseau, Amy A- Alluma, Cassie K- Norman, Brittany B- Sanford, April K- Pennington, Kailee F- Polk, Kierah J- Roseau, Josh H- Pennington, Sheena M- Marshall, Connie S- Norman, Jordan Schmidt Jonsen- Mahnomen and Paula V- Mahnomen

Absent: Dawn B, Chair – Roseau, Becky C- Kittson, Francie P- Kittson, Jeanna K- Kittson, Billie Baker- Polk, Brooke Homstad- Roseau Public Health, Kayla J- Pennington/Red Lake Public Health, Alyssa Hanson- Pennington, & Jessica R- Mahnomen

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> How do you celebrate Valentine's Day? 		All
Agenda & Minutes	<ul style="list-style-type: none"> Review and approve 12.4.2024 minutes and 2.5.2025 agenda 	Tracy made a motion to approve minutes and agenda, April seconded, all aye- motion carries.	All
Subcommittee	<ul style="list-style-type: none"> Start reviewing Quinn & PNM Public Health Needs Assessments Project ideas Brainstorm on how to recruit new members 	<p>Subcommittee will start reviewing the Needs Assessments at their next meeting</p> <p>Project idea: Engagement flyers</p> <p>Brittney will share with the ARMHS & CBS workers to let them know we have openings on the LAC.</p>	
Updates	<ul style="list-style-type: none"> Provider Council Member Case Manager 	<p>Sanford has had recent hires for therapists, one is remote and the other is covering the inpatient unit and providing testing for outpatient unit.</p> <p>No updates from Alluma</p> <p>Mahnomen- Paula is retiring tomorrow, so Jessica R will be taking over her duties until they fill her position.</p> <p>Red Lake- Sarah is trying to recruit members to join the LAC.</p>	All
NL	<ul style="list-style-type: none"> Overview of Northern Lights 	They provide IRTS and Crisis Stabilization with a total of 15 beds. They are a 24 hour program so are staffed	Dani

		24/7. IRTS is a 90 stay, Crisis is 10 day stay. Residents see a therapist while they are there, and they have several groups available to residents as well. Brittney will see if Dani is able to come and present in April.	
Outreach & Training	<ul style="list-style-type: none"> • WITW Calendar- (Attached) • BE THE VOICE with Emma Benoit <ul style="list-style-type: none"> ○ March 31st, 2025 (Mahnomen)- TBD @ 6pm ○ April 1st, 2025 Ada-Borup-West Auditorium @ 6pm ○ April 2nd, 2025 Marshall County Central Schools 5:00pm – 7:00 Expo & Meal 7:00pm- Speaker ○ April 3rd, 2025 Kittson County Central @ 7:00pm • Invites to speak to group: <ul style="list-style-type: none"> ○ Regional Transportation Coordinator ○ Area Agency on Aging ○ Community Strong- Kayla checking March 5th ○ WITW ○ HOPE Coalition ○ Sanford & Alluma Crisis Teams ○ Sanford (Northern Lights ○ LifeCare BH Group ○ TEARS ○ Regional Suicide Prevention Coordinator 	Emma will be the Speaker for BE THE VOICE this year. Tracy and Connie will be present for Mahnomen and Norman Counties. We need volunteers for Marshall and Kittson.	All
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: February 18th, 2025 @ 1:00pm via Zoom • Next Officers Meeting: February 24th, 2025 @ 1:00pm via Zoom • Next LAC Meeting: March 5th, 2025 @ 10am 		