

**Adult Local Advisory Council Meeting**  
**Minutes**  
**10:00 am- 12:00 pm \* January 6<sup>th</sup> 2021**  
**Zoom**

**Meeting Facilitator:** Tracy Carlton- Vice Chair

**Invitees:** Consumers & Family Members of Consumers from Kittson, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> <li>• Introductions &amp; Ice Breaker <ul style="list-style-type: none"> <li>○ What did you do for the Holidays?</li> </ul> </li> </ul>		All
Outreach Activities	<ul style="list-style-type: none"> <li>• Outreach Kits <ul style="list-style-type: none"> <li>○ Banner, Fliers, Pens, Brochures &amp; Table cloth</li> </ul> </li> <li>• Pamphlet <ul style="list-style-type: none"> <li>○ LAC (Website info)</li> <li>○ Take 5 to Save Lives (Risk factors, Warning signs &amp; Symptoms)</li> <li>○ Crisis line information/ Dawn's drawing</li> <li>○ Provider #'s</li> </ul> </li> </ul>	The Subcommittee will focus on outreach kits and then will form another subcommittee to focus on pamphlets. Shannon brought up possibly joining the HOPE Coalition and asking them to add Pens, Brochures and table tents to their kit. Shannon will share a picture of the HOPE Coalition table tents as an idea for the LAC.	All
Subcommittee	<ul style="list-style-type: none"> <li>• Form Subcommittee for Outreach kit &amp; Pamphlets</li> </ul>	Connie, April & Tami are interested in joining the Subcommittee meeting. Mondays and Wednesdays do not work for Connie.	All
AMHI Board Meetings	<ul style="list-style-type: none"> <li>• <b>**Open Meetings**</b> <ul style="list-style-type: none"> <li>○ 2nd Wednesday of every other month (Jan, March, May, July, Sept, Nov)</li> <li>○ 9:00-12:00</li> <li>○ Sanford Behavioral Health, 1<sup>st</sup> Floor Education Room &amp; Zoom</li> <li>○ No Stipend</li> </ul> </li> </ul>	Let Shannon know if you are interested in joining AMHI board meetings and Shannon will forward the Zoom link.	All
Children's LAC	<ul style="list-style-type: none"> <li>• Volunteer to contact Children's LAC <ul style="list-style-type: none"> <li>○ Nancy Ramon Tri Valley Opportunity Council, Inc 218-779-3009</li> </ul> </li> </ul>	Any volunteers to contact the Children's LAC and invite Nancy to our next meeting? Cass will reach out to Nancy.	All
Updates	<ul style="list-style-type: none"> <li>• Updates from Sanford, Dancing Sky &amp; NWMHC</li> </ul>	No one present from Sanford	All

		<p>NWMHC- EGF is now licensed for Substance Use Disorder treatment. We are trying to be more active on Social Media. They are more active on Facebook- Zoom Forums, resources and things that are going on in the agency. They are in the process of doing some rebranding.</p> <p>Dancing Sky- They have classes available online for caregivers in the region through Zoom. Connie will send Shannon the information to send out to the group. Otherwise, they are just waiting to hear more from the Governor this afternoon.</p>	
Testimonial	<ul style="list-style-type: none"> <li>Tracy's Testimonial</li> </ul>		All
Adjourn	<ul style="list-style-type: none"> <li>Next Officers Meeting: TBD</li> <li>Next Subcommittee Meeting: TBD</li> <li>Next LAC Meeting: February 3rd, 10:00-12:00 via Zoom</li> </ul>	<p>Next Subcommittee Meeting: January 21<sup>st</sup> 2:00-4:00 via Zoom</p> <p>Next Officers Meeting: January 27<sup>th</sup> 12:00-2:00 via Zoom</p>	