

**Adult LAC Meeting
Minutes
10:00-12:00 * July 7th, 2021
Zoom**

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> Ice Breaker question? <ul style="list-style-type: none"> What did you do for the 4th? 		All
Updates	<ul style="list-style-type: none"> Provider Updates Council Member Updates Case Manager Updates 	<p>Amelia- Why did they choose Alluma- Combined ALL and Light- everyone shines and is welcome. Light is a symbol of HOPE- represents their visions of their organization.</p> <p>Brittney- various individuals helping to coordinate the 5k and working on some outreach items for the fair.</p> <p>Lynell- they have received funding for phase 4 of their grant. Are moving meetings around the region so everyone can attend in person. July is going to be in Roseau County- looking for people that have a personal interest in transportation needs.</p>	All
Suicide Awareness Month	<ul style="list-style-type: none"> Mental Health & Suicide Awareness Event <ul style="list-style-type: none"> Date: Sept 1st, 2021 5pm-9pm Where: Pennington County Fair Grounds Speakers: Renee Rongen & Tim Eggebraaten (7pm-9pm) <ul style="list-style-type: none"> Pre-register for FREE "BE THE VOICE" tshirt @ www.nw8amhi.org **Deadline August 6th** Stomp Out the Stigma Expo (5pm-6:30pm) <ul style="list-style-type: none"> Prizes? Booths Survey Activities eRace Stigma 5k (5pm) <ul style="list-style-type: none"> Pre-register for eRace Stigma 5k @ www.mnhopecoalition.org **Deadline August 6th** Food Trucks & Bouncy Houses Need Volunteers <ul style="list-style-type: none"> Day/Evening Event Planning Committee 	<p>Move forward with an activities table- Stomping out Stigma and normalizing interaction in a creative manner.</p> <p>Activities- RockerZ- hashtag on the back. #lacrockerz- Cass will ask to see if she can sit at the rock table.</p> <p>Prizes- ??</p> <p>Volunteers- Amelia, Dawn, Cass is checking, April can help set up & clean up, Connie, Sheena, Allison- Roseau County.</p> <p>April would need a ride back home</p> <p>Brittney meets with the Wellness Committee tomorrow about the eRace Stigma 5k.</p>	All
Expo Planning	<ul style="list-style-type: none"> Transportation Donations: 5k bags 	Shannon and Dawn will reach out to key partners and providers to see if they are interested in having a booth	All

	<ul style="list-style-type: none"> • LAC Booths <ul style="list-style-type: none"> ○ LifeCare ○ Adult Mental Health LAC ○ HOPE Coalition-Shannon reached out ○ Sanford Behavioral Health ○ Alluma ○ Northvalley –Shannon reached out ○ Altru- Crookston ○ BCBS MN-Shannon reached out ○ Ucare ○ MDH ○ Crisis Text Line ○ Fargo VA ○ Essentia Fosston ○ Riverview ○ Wellness in the Woods-Dawn ○ Mn Dept of Veteran Affairs ○ Polk county Public Health ○ Max Foundation- Shannon ○ Turning Point Nutrition- Shannon ○ Inter-County Nursing- Shannon reached out • 	at the Expo. Highlighted organizations have already committed to having a booth.	
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: TBD • Next Officers Meeting: July 30th 12:00-2:00 via Zoom • Next LAC Meeting: August 4th, 2021 10:00-12:00 @ Riverwalk 		All