

**Adult LAC Meeting
Minutes
July 2nd, 2025 * 10:00-12:00
Zoom**

Meeting Facilitator: Tracy H- Norman

Attended: Shannon Abrahamson, Renae – Polk, April K- Pennington, Connie S- Norman, Jeanna K- Kittson, Amy A- Alluma, & Cassie K- Norman

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> • Any plans for July 4th? 		All
Agenda & Minutes	<ul style="list-style-type: none"> • Review and approval of 6.4.2024 minutes and 7.2.2025 agenda 	Connie made a motion to approve the June minutes & July Agenda, Amy seconded, all aye- motion carries	
Charlie Health	<ul style="list-style-type: none"> • Provider Presentation 	IOP Virtual program for 9-12 weeks, no waitlist. Contact Faith with any questions: Phone: 218.620.3884 Email: faith.anderson@charliehealth.com	Faith Anderson
Subcommittee Updates	<ul style="list-style-type: none"> • Budget: \$2486.11 <ul style="list-style-type: none"> ○ Order tote for Kittson <ul style="list-style-type: none"> ▪ Tablecloth ▪ Dolly ▪ Board ▪ Tote ▪ Brochures ○ Door prizes for events <ul style="list-style-type: none"> ▪ Wellness kits ○ Jackets ○ Packet of regional resources ○ Focus on a project to Stomp out the Stigma <ul style="list-style-type: none"> ▪ Bus Wraps ▪ Radio • Reviewed PNM & Quinn Needs Assessments <ul style="list-style-type: none"> ○ Pull together regional needs 	Tracy made a motion to approve an outreach tote for Kittson County, Connie seconded, all aye- motion carries. Kittson will be holding a Health fair in October. Shannon will order 1 Wellness Kit for each tote (total of 3) Shannon will also order more Brochures for the Kittson tote. Subcommittee will revisit the regional resource packets. We will look at our budget after we order the Tote for Kittson.	All
Updates	<ul style="list-style-type: none"> • Provider • Council Member • Case Manager 		All

	<ul style="list-style-type: none"> • Coordinator- MS Teams 	All LAC meetings will be via Microsoft TEAMS starting in August.	
Outreach & Training	<ul style="list-style-type: none"> • WITW Calendar- (Attached) • Fairs (Need volunteers) <ul style="list-style-type: none"> ○ Polk County July 9th-13th ○ Kittson County July 16th-20th (Jeanna & Caylie) ○ Pennington County July 16th – 20th ○ Roseau County July 20th-25th- (Shannon) ○ Marshall County July 23rd-27th • Invites to speak to group: <ul style="list-style-type: none"> ○ Area Agency on Aging ○ WITW ○ HOPE Coalition ○ Sanford & Alluma Crisis Teams ○ Sanford (Northern Lights)- Brittney checking on April ○ LifeCare BH Group ○ Senior Life Solutions ○ Rural Psychiatry Associates ○ Nystroms & Associates ○ Charlie Health ○ Altru IP BH ○ TEARS ○ Regional Suicide Prevention Coordinator ○ Community Strong 	<p>Shannon will invite Senior Life Solutions to an upcoming meeting.</p> <p>Cass will reach out to Cheri at Alluma to see if they would be interested in speaking about the Chair program in their crisis unit.</p>	All
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: July 28th, 2025 @ 2:00pm via Teams • Next Officers Meeting: July 28th, 2025 @ 1:00pm via Teams • Next LAC Meeting: August 6th, 2025 @ 10am via Teams 	Meeting adjourned.	