

**Adult LAC Meeting
Minutes
June 4th, 2025 * 10:00-12:00
Zoom**

Meeting Facilitator: Tracy H- Norman

Invited: Shannon Abrahamson, Sarah K- Red Lake, Renae – Polk, Brittany B- Sanford, April K- Pennington, & Melissa Lennon, Connie S- Norman, Caylie Nicholson- Kittson, Amy A- Alluma & Cassie K- Norman

Absent: Kailee F- Polk, Kierah J- Roseau, Josh H- Pennington, Sheena M- Marshall, Jordan Schmidt Jonsen- Mahnomen, Becky C- Kittson, Francie P- Kittson, Jeanna K- Kittson, Billie B- Polk, Brooke H- Roseau Public Health, Kayla J- Pennington/Red Lake Public Health, Alyssa H- Pennington, Jordan Rudnik, Jessica R- Mahnomen Alicia J- Roseau, , Dawn B, Chair – Roseau, & Angel Pylka- Nystrom & Associates

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> What are your plans for summer vacation? 		All
Agenda & Minutes	<ul style="list-style-type: none"> Review and approval of 5.7.2024 minutes and 6.4.2025 agenda 	Tracy made a motion to approve the agenda and minutes presented, April seconded, all aye- motion carries	
Altru IP BH	<ul style="list-style-type: none"> Provider Presentation 	Melissa shared a presentation on the new Altru IP BH Hospital.	Melissa Lennon
Subcommittee Updates	<ul style="list-style-type: none"> Reviewed PNM & Quinn Needs Assessments <ul style="list-style-type: none"> Pull together regional needs Budget: \$2486.11 <ul style="list-style-type: none"> Order more air fresheners Door prizes for events <ul style="list-style-type: none"> Wellness kits LAC Events <ul style="list-style-type: none"> Slow your roll bowling night Walk/run awareness event Jackets Packet of regional resources Focus on a project to Stomp out the Stigma <ul style="list-style-type: none"> Bus Wraps Radio 	<p>Reviewed PNM & Quin CHNA and will start pulling together top priorities for the NW8 LAC based on what was reported.</p> <p>Tracy would like to order more air fresheners, we also need to decide what other projects listed we would like to move forward with.</p> <p>Talked about pulling together local resources to share. Shannon suggested creating a folded wallet card with certain resources at the fingertips, but adding a QR code that drives them to the website with regional resources listed.</p>	All
Updates	<ul style="list-style-type: none"> Provider Council Member Case Manager 	Sanford BH has 6 new students to take on patients in their outpatient department- most of them will be with them until December.	All

Outreach & Training	<ul style="list-style-type: none"> • WITW Calendar- (Attached) • Alluma Night (Tracy & Connie) (Recap) <ul style="list-style-type: none"> ○ Northland Community & Technical College, EGF ○ 4:30-7:30; June 3rd, 2025 • Invites to speak to group: <ul style="list-style-type: none"> ○ Area Agency on Aging ○ WITW ○ HOPE Coalition ○ Sanford & Alluma Crisis Teams ○ Sanford (Northern Lights)- Brittney checking on April ○ LifeCare BH Group ○ Nystroms & Associates ○ Charlie Health ○ Altru IP BH ○ TEARS ○ Regional Suicide Prevention Coordinator ○ Community Strong 	<p>Alluma night was a success, ended up handing out all the swag.</p> <p>Shannon will reach out to Charlie Health to see if they would be interested in presenting at our July meeting.</p>	All
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: June 13th, 2025 @ 1:00pm via Zoom • Next Officers Meeting: June 23rd, 2025 @ 1:00pm via Zoom • Next LAC Meeting: July 2nd, 2025 @ 10am 	Meeting adjourned.	