

**Adult LAC Meeting
Minutes
10:00-12:00 * May 5th, 2021
Zoom**

Meeting Facilitator: Dawn B, Chair

Attendees: Consumers & Family Members of Consumers from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> Introductions <ul style="list-style-type: none"> If you could go back- What age would you like to revisit again? 		All
New Provider	<ul style="list-style-type: none"> Lynelle Popowski 	Lynelle is joining our meeting to sit and listen in to help assess what type of transportation barriers people are running into in our region.	
Outreach Activities	<ul style="list-style-type: none"> Mental Health Awareness Month <ul style="list-style-type: none"> Ducky Project (Volunteers to distribute) Outreach Kits- Locations? Flipbook Template NAMI Trainings- mnhopecoalition.org NAMI & HOPE Coalition "Make it Okay" Training Clay County LAC- 3rd Tuesday from 3:00-5:00 in person (asked that we do not join for a couple of months) 	<p>Jessica will distribute for Mahnomen County Cass & Tracy will cover Norman County Dawn, Shannon & Cass will cover Polk County Dawn, Alicia & Allison will cover Roseau County Shannon will cover Pennington County Sheena, Alicia & Allison will cover Marshall County Alicia, Allison & Dawn will cover Kittson County Sarah will cover Red Lake County</p> <p>Allison will drop off duckies with Shannon Wednesday evening. Shannon will meet Tracy in Eskine Friday afternoon and Tracy will meet up with Jessica and Cass. Shannon will reach out to Sheena to line up time to meet. All duckies need to be distributed in May.</p> <p>Outreach kits will be stored at Norman, Roseau & Pennington County Social Services. Shannon will get the totes to Allison, Tracy and Amy when distributing duckies.</p>	All
Subcommittee	<ul style="list-style-type: none"> Form Subcommittee <ul style="list-style-type: none"> Create Flipbook Mental Health Facts Sheet (Future) Update Brochures w/Mission Statement (Future) 	Shannon, Connie, Dawn, Sarah and Tracy	All
LAC T-shirts	<ul style="list-style-type: none"> T-shirts are in- distribute 	Tracy will give Cass her t-shirt when she drops off duckies. Shannon will bring Connie's (X-large) and Deb's (2xl) to Tracy and Sheena's (X-large) & Nicole's (3xl) to Sheena.	All

Suicide Awareness Month	<ul style="list-style-type: none"> • Discuss MH Awareness Fair for Suicide Awareness Month <ul style="list-style-type: none"> ○ Walk ○ Fair with Tables ○ Drive Thru 	Bring your thinking caps next month to start planning for the Health fair in September	All
Updates	<ul style="list-style-type: none"> • Provider Updates • Council Member Updates 	<p>NWMHC- still rolling out the new name process. Still haven't gotten to announce publicly yet. Hopefully by August.</p> <p>Sanford- they are rolling out the COVID vaccines 16 and up. They are continuing to offer services via telehealth if that is what the client prefers. BCBS has given Marshall county SS 3 iPads for client use to join telehealth services.</p> <p>Dancing Sky will be hosting a couple of Webinars and will share with Shannon to share with the group.</p>	All
Adjourn	<ul style="list-style-type: none"> • Next Subcommittee Meeting: May 13th, 2021 8:30-10:00 via Zoom • Next Officers Meeting: May 26th, 2021 12:00-2:00 via Zoom • Next LAC Meeting: June 2nd, 2021 10:00-12:00 via Zoom 	We will continue with Zoom meetings in June.	All