

**Adult LAC Meeting  
Minutes  
November 2nd, 2022 \* 10:00-12:00  
Zoom**

**Meeting Facilitator:** Dawn B, Chair

**Attendees:** Consumers & Family Members of Consumers from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	<ul style="list-style-type: none"> <li>How did you celebrate Halloween?</li> </ul>		All
Agenda & Minutes	<ul style="list-style-type: none"> <li>Review and approve 10.5.2022 minutes and 11.2.2022 agenda</li> </ul>	Tracy made a motion to approve the minutes and agenda, Connie seconded, all aye- motion carries.	
Updates	<ul style="list-style-type: none"> <li>Provider Updates</li> <li>Council Member Updates <ul style="list-style-type: none"> <li>Commercial</li> </ul> </li> <li>Case Manager Updates</li> </ul>	<p>No provider updates-</p> <p>Council member updates: LifeCare is working on a Mental Health, Suicide awareness commercial. They are looking for people with lived experiences and need one more guy. Dawn will connect Aaron L. From Roseau County with the group to be a part of the commercial. They are in the beginning planning phases of the commercial.</p> <p>Case manager updates: no updates</p>	All
LAC Application	<ul style="list-style-type: none"> <li>Review new council member application &amp; vote</li> </ul>	Council reviewed Becky Coffields application. Dawn made a motion to approve, Tracy seconded, all aye- motion carries.	All
Annual reports	<ul style="list-style-type: none"> <li>Review and vote on 2022 Commissioners report</li> <li>Finalize and vote on 2023 LAC Workplan</li> <li>Review and vote on annual Bylaws</li> </ul>	<p>Reviewed and updated 2022 Commissioners report. April made a motion to approve the report, Tracy seconded, all aye- motion carries.</p> <p>Dawn made a motion to approve bylaws, Tracy seconded, all aye- motion carries.</p>	All
Outreach & Training	<ul style="list-style-type: none"> <li>Holiday outreach project</li> <li>November WITW VPSN Calendar (see attached)</li> <li>WRAP Class 12.12.2022 &amp; 12.13.2022 United Free Lutheran Church-Greenbush, MN (Max capacity- 15) Age 60+ (9:00am-4:00pm)</li> </ul>	<p>December outreach project: Dawn would like to reach out to BH providers to let them know we care. She would like to give them an encouragement card and candy.</p> <p>April will deliver cards, candy and brochures in Pennington County.</p> <p>Tracy can hand out in Norman and Mahnomen County. Dawn will cover Roseau county.</p>	All
Council	<ul style="list-style-type: none"> <li>Nominate and vote on Secretary</li> </ul>	<p>Tabled until December meeting- April and Deb are both interested in the Secretary position.</p> <p>Open forum- there is such a stigma around mental health in our area. Experience in Roseau county- he would just like to break the stigma in the area.</p>	All
Adjourn	<ul style="list-style-type: none"> <li>Next Subcommittee Meeting: November 16th 2022, 1:00-3:00 via Zoom</li> <li>Next Officers Meeting: November 23rd 2022, 1:00-3:00 via Zoom</li> <li>Next LAC Meeting: December 7th , 2022, 10:00-12:00 via Zoom</li> </ul>		All

