

Adult Local Advisory Council Meeting
Minutes
10:00 am- 12:00 pm * September 2nd, 2020
Zoom

Meeting Facilitator: Dawn B, Chair

Invitees: Consumers & Family Members of Consumers from Kittson, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties and other interested community members, providers & AMHI Coordinator.

Agenda Topic	Time	Discussion Points	Actions/Discussion	Whom
Introductions	10:00-10:15	<ul style="list-style-type: none"> • Introductions & Ice Breaker <ul style="list-style-type: none"> ○ If you could have an exotic pet, what would it be and why? 		All
Outreach Activities	10:15-10:45	<p>September: Suicide Prevention Awareness Month September 10th- Suicide Prevention Awareness Day</p> <ul style="list-style-type: none"> • #takefivetosavelives Campaign <ul style="list-style-type: none"> ○ Hang up fliers ○ Take 5 Challenge ○ Share on Social Media • Review Distribution list <ul style="list-style-type: none"> ○ Volunteers to hang up fliers • Upcoming Outreach Activity ideas <ul style="list-style-type: none"> ○ Newspaper inserts ○ Flyers ○ Mental Health Wellbeing Magnet ○ Table clothe 	<p>Fliers must be out before the 10th. Shannon will reach out to the HOPE Coalition for volunteers to cover Polk and Kittson county.</p> <p>Mental Health Wellbeing Pamphlet with a magnet that hangs on the fridge</p> <ul style="list-style-type: none"> -Crisis Line info -Suicide Awareness Info -LAC Info & Logo -Bigger Project that will take a few months to complete 	All
Future meetings	10:45-11:00	<ul style="list-style-type: none"> • Moving back to Face to Face <ul style="list-style-type: none"> ○ Park ○ In Person & Zoom option ○ Counties & Rep meet in community & Zoom with group 	No discussion	All
Subcommittee	11:00-11:15	<ul style="list-style-type: none"> • 2020 Commissioners Report • 2021 Work Plan 	April, Dawn, Tracy & Connie Thursday 17 th 12:00-2:00	All

Review Applicant	11:15-11:25	<ul style="list-style-type: none"> Review Norman County Applicant & Vote 	<p>-Connie S Norman County applied to be on the council- Tracy made motion to approve Connie as a new member, Dawn seconded, All aye- motion carried.</p> <p>Shannon will print up Membership Certificate for Connie & give to Tracy with the Fliers.</p> <p>Nancy will get Beth's Welcome Binder back to give to Connie</p>	All
AMHI Board Meetings	11:25-11:30	<ul style="list-style-type: none"> Open Meetings <ul style="list-style-type: none"> 2nd Wednesday of every other month (Jan, March, May, July, Sept, Nov) 9:00-12:00 Sanford Behavioral Health, 1st Floor Education Room No Stipend 	Dawn shared with the group that all AMHI Board meetings are open to the public. Let Shannon know if you are interested in joining via Zoom and she will add you to the invite, otherwise everyone is welcome to attend in person as well.	Dawn
2020 Work plan	11:30-11:40	<ul style="list-style-type: none"> Review 2020 Work plan & Vote 	<p>April will reach out to Patsy to get a contact for the Children's LAC.</p> <p>Vote to approve the 2020 work plan- all aye- motion carried</p>	All
Updates	11:40-11:55	<ul style="list-style-type: none"> Updates from Sanford & NWMHC 	No updates	All
Adjourn	11:55-12:00	<ul style="list-style-type: none"> Next Officers Meeting: Next Subcommittee Meeting: Next LAC Meeting: October 7th 2020 10:00-12:00 	<p>Subcommittee Meeting: Thursday September 17th 12:00-2:00 Zoom</p> <p>Officers Meeting: September 30th 12:00-2:00 @ Lovers Lane</p>	All