

**Adult LAC Meeting
Minutes
September 4th, 2024 * 10:00-12:00
Zoom**

Meeting Facilitator: Dawn B, Chair - Roseau

Attendees: Shannon Abrahamson, Tracy H- Norman, Alicia J- Roseau, Amy A- Alluma, Sarah K- Red Lake, Paula V- Mahnomen, April K- Pennington, Connie S- Norman, Renae – Polk, Kayla J- Pennington/Red Lake Public Health, Sheena M- Marshall, Jordan Schmidt Jonsen- Mahnomen, Alyssa Hanson- Pennington, Billie Baker- Polk, Francie Pankratz- Kittson, Jeanna Kujava- Kittson

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Introductions	If you were hiking through the woods, what is one thing you would have to have? (No cell phone reception)		All
Agenda & Minutes	Review and approve 8.7.2024 minutes and 9.4.2024 agenda	Jeanna made a motion to approve minutes as written and agenda for today, Tracy seconded, all aye- motion carries.	All
Updates	- Provider - Council Member - Case Manager	Amy at Alluma emailed the group about upcoming events. <u>Upcoming Events</u> - September 4: <u>EGF Showcase</u> East Grand Forks - September 6: <u>Pride Community BBQ</u> Grand Forks - September 7: <u>Pride in the Park</u> Grand Forks - September 12: <u>Be the Voice</u> Thief River Falls - September 20: <u>MN Native American Veteran Stand Down</u> Redby, MN	All

		- September 22: <u>TEARS Walk & Talk</u> Grand Forks - September 23-37: <u>MN DHS Equity Week 2024</u> Virtual April is still trying to reach NL to come and speak to the group No County updates	
Subcommittee	- Flipbook assembly- updates - Budget- \$1300 needs to be spent by December 2024 - LAC Swag - Air Fresheners - Stress balls - Keychains - Drawing giveaway items (Ordered)	Once flipbooks are assembled, we will need to distribute to the NW8 county SS offices. \$1150 left after Door prizes ordered Cass recommended looking at purchasing wellness kits for new members and existing members for a token of appreciation. Case manager will inventory the Welcome binders and report back to the group. Tracy will bring bookmarks and banner to TRF BE THE VOICE to give to Jeanna in Kittson County. Cass would also like Bookmarks for Norman County.	All
Outreach & Training	NW8 Adult LAC QPR Training (In Person) - October 2nd, 2024 - Minnesota Dept of Transportation 248 125th Ave NE, TRF MN 56701 WITW September Calendar- (Attached) BE THE VOICE with Emma Benoit - September 10th (Roseau) – (Dawn)	Dawn, Tracy, April, Cass, Shannon, Jeanna, Alica, Kierrah will all be there for the training. Sarah K, Becky and Amy A are a maybe. Jordan will check with Paula and let us know.	All

	○ September 12th (TRF)- (Connie & Tracy) ● TEARS Events: ○ Talk & Walk Sept 22nd, 2024 ○ TEARS Talk with Kevin Hines Oct 9th, 2024 ● WITW Annual Conference ○ Recovery Like No Other Sept 26th & 27th ● Invites to speak to group: ○ Regional Transportation Coordinator ○ Area Agency on Aging ○ Community Strong ○ WITW ○ HOPE Coalition ○ Sanford & Alluma Crisis Teams ○ Sanford (Northern Lights)- April & Dawn ○ LifeCare BH Group ○ TEARS ○ Regional Suicide Prevention Coordinator	Look at adding “a stipend for LAC approved training” to Bylaws when we review in November. Also review tabling events in ND. Tracy & Connie would be willing to have a booth at Kevin Hine’s “TEARS Talk”. WITW annual conference: Group voted and were all in favor of reimbursing a \$55 stipend for each day in attendance of the conference as well as reimbursing members for registration cost. Council would like a report back from those that attend. Any council member interested in attending the event, must reach out to Shannon.	
Adjourn	● Next Subcommittee Meeting: September 16th, 2024 @ 1:00pm- 3:00pm @ via Zoom ● Next Officers Meeting: September 24th, 2024 @ 1:00pm- 3:00pm via Zoom ● Next LAC Meeting: October 2nd, @ 10:00-12:00pm @ Transportation Dept- TRF IN PERSON ONLY		