

**BECOME A MEMBER
YOUR VOICE MATTERS**



Adult Local Advisory Council
Meetings

****OPEN TO THE PUBLIC****

1st Wednesday of the month
10:00am - 12:00pm

Interested in joining a meeting or
more information about the council?



shannon.abrahamson@allumacares.org

COUNTY CONTACTS

KITTSOON COUNTY:
218-843-2689

MAHNOMEN COUNTY:
218-935-2568

MARSHALL COUNTY:
218-745-5124

NORMAN COUNTY:
218-784-5437

PENNINGTON COUNTY:
218-681-2880

POLK COUNTY:
218-281-3127

RED LAKE COUNTY:
218-253-4131

ROSEAU COUNTY:
218-463-2411



**NW8
Adult Mental Health
Local Advisory
Council**



NW8 MENTAL HEALTH CRISIS LINE

24/7/365

Call: 800-282-5005

-or-

Call/Text 988

MH Advocacy WARMLINE:

Everyday 9am-9pm

1-855-WARMLINE

Text: SUPPORT to 85511

MN Warmline

Everyday 5pm-9am

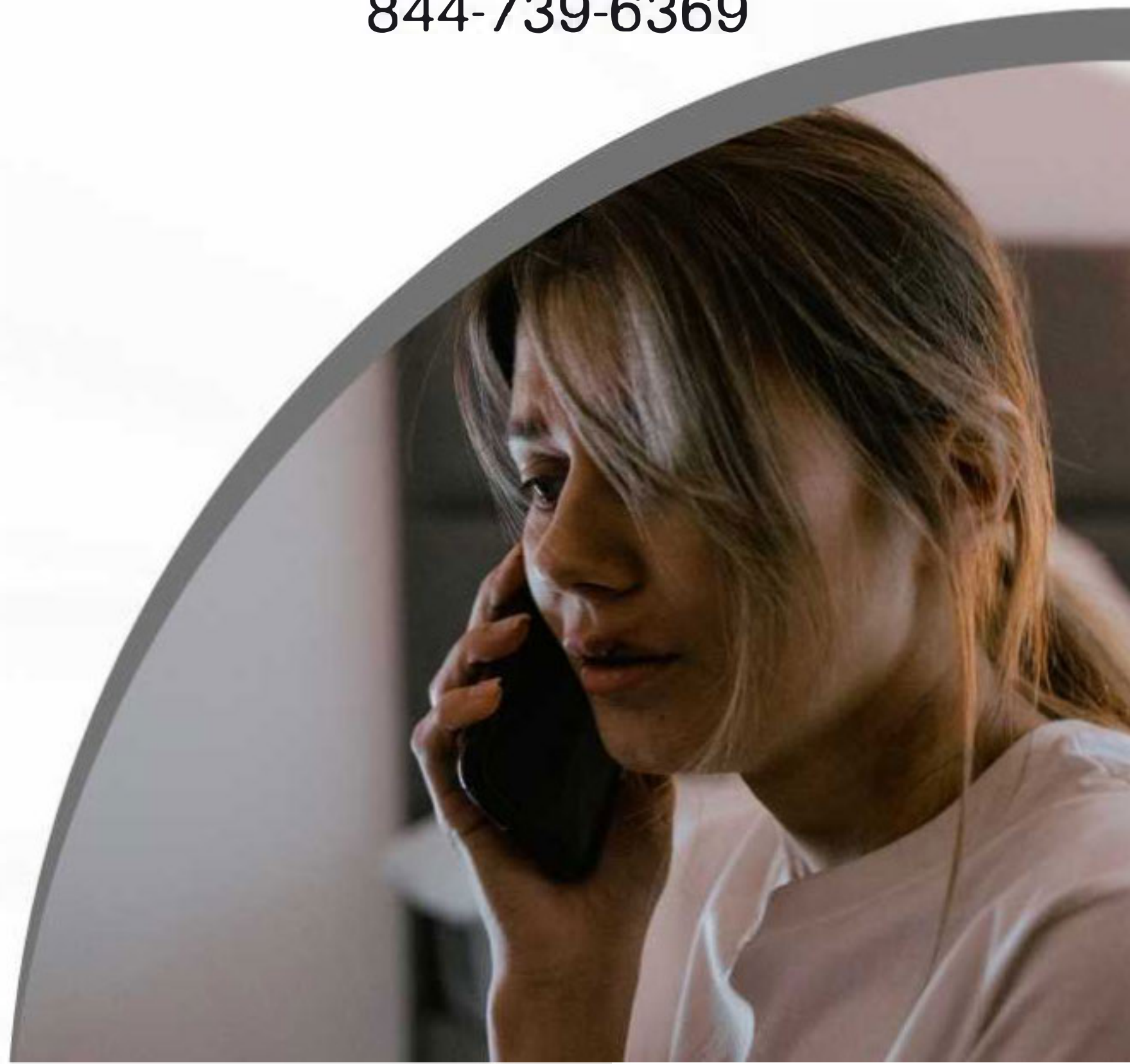
844-739-6369

ABOUT US

The Adult Mental Health LAC reviews, evaluates, and make recommendations regarding the local mental health system

Our mission is to promote mental health wellness and recovery using a broad range of knowledge within our communities.

Individuals with a lived experience, family members, local service providers and those who are concerned about public policy are encouraged to participate in the LAC.



PARTNERS

The eight northwestern county social services departments in Minnesota are referred to as the NW8. The counties include Kittson, Mahnomon, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau counties. This partnership of social service directors has combined their separate Local Advisory Councils into one Mental Health Advisory Council. Alluma in Crookston, MN and Sanford Behavioral Health in Thief River Falls, MN are two of the participating behavioral health provider partners in the NW8.

REGIONAL ACTIVITIES

- Public education activities to promote healthy living, combating mental health stigma & suicide awareness.
- Consumer and family networking
- Connections to resources
- Supportive Monthly Meetings